

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results**

**Women 50 LC Meter Freestyle**

**Meet Record: 26.93 ! 8/8/2010 Stacey A Rudman**  
**26.39 OPEN Summer US Open**  
**26.89 JRS Summer Junior Nats**  
**29.09 AAA**

**Meet Qualifying: 26.40 - 29.09**

Name	AgeTeam	Finals Time
<b>A - Final</b>		
1 Waddell, Tevyn L	15 MAC-SD	27.39 AAA
2 Tininenko, Lauren J	19 HAWG-AR	27.53 AAA
3 Anderson, Breah L	15 NLSA-ND	27.93 AAA
4 Hamel, Emily L	15 MSC-ND	27.95 AAA
5 Bruce, Madeline J	19 UN-01-IL	28.12 AAA
6 Gunning, Mykin E	15 WFF-ND	28.28 AAA
7 Hanson, Alicia A	16 UN-01-WI	28.29 AAA
8 Arends, Kenya T	15 NLSA-ND	28.38 AAA
<b>B - Final</b>		
9 Schrock, Ashley N	16 CON-IN	28.55 AAA
10 Walker-Rozo, Francesca	16 UN-01-ND	29.01 AAA
11 Laufenberg, Taylor L	15 WFF-ND	29.03 AAA
12 Sproles, Kayla E	17 SEAL-SD	29.08 AAA
13 Mengelkoch, Leann J	15 FMY-ND	29.16 4
14 Brown, Mckenna V	16 MSC-ND	29.25 3

**Women 50 LC Meter Freestyle**

**Meet Record: 26.93 ! 8/8/2010 Stacey A Rudman**  
**26.39 OPEN Summer US Open**  
**26.89 JRS Summer Junior Nats**  
**29.09 AAA**

**Meet Qualifying: 26.40 - 29.09**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Hamel, Emily L	15 MSC-ND	27.96 AAA
2 Anderson, Breah L	15 NLSA-ND	28.03 AAA
3 Bruce, Madeline J	19 UN-01-IL	28.04 AAA
4 Waddell, Tevyn L	15 MAC-SD	28.05 AAA
5 Tininenko, Lauren J	19 HAWG-AR	28.25 AAA
6 Gunning, Mykin E	15 WFF-ND	28.40 AAA
7 Hanson, Alicia A	16 UN-01-WI	28.45 AAA
8 Arends, Kenya T	15 NLSA-ND	28.52 AAA
9 Mengelkoch, Leann J	15 FMY-ND	28.74 AAA
10 Schrock, Ashley N	16 CON-IN	28.82 AAA
11 Brown, Mckenna V	16 MSC-ND	28.86 AAA
12 Walker-Rozo, Francesca	16 UN-01-ND	28.89 AAA
13 Sproles, Kayla E	17 SEAL-SD	29.11
14 Laufenberg, Taylor L	15 WFF-ND	29.90
15 Albanese, Hannah R	15 FOXJ-MN	30.14
--- Allendorfer, Serena J	15 UN-02-IL	NS

**Women 100 LC Meter Freestyle**

**Meet Record: 59.03 ! 8/4/2011 Erin L Cafilisch**  
**57.19 OPEN Summer US Open**  
**58.19 JRS Summer Junior Nats**  
**1:02.69 AAA**

**Meet Qualifying: 57.20 - 1:02.69**

Name	AgeTeam	Finals Time
<b>A - Final</b>		
1 Waddell, Tevyn L	15 MAC-SD	1:00.19 AAA
2 Hanson, Alicia A	16 UN-01-WI	1:01.57 AAA
3 Anderson, Breah L	15 NLSA-ND	1:02.04 AAA
4 Bruce, Madeline J	19 UN-01-IL	1:02.51 AAA
5 Hamel, Emily L	15 MSC-ND	1:02.65 AAA
6 Gunning, Mykin E	15 WFF-ND	1:02.69 AAA
7 Mengelkoch, Leann J	15 FMY-ND	1:02.78 12
8 Ringwall, Ketti A	17 DDST-ND	1:02.86 11
<b>B - Final</b>		
9 Tininenko, Lauren J	19 HAWG-AR	1:02.08 AAA
10 Sproles, Kayla E	17 SEAL-SD	1:02.81 7
11 Arends, Kenya T	15 NLSA-ND	1:03.01 6
12 Brown, Mckenna V	16 MSC-ND	1:03.12 5
13 Walker-Rozo, Francesca	16 UN-01-ND	1:05.11 4
14 Laufenberg, Taylor L	15 WFF-ND	1:05.96 3
15 Ekre, Kyra A	16 AQST-ND	1:07.22 2
16 Ellingson, Anika G	16 HUT-MN	1:09.13 1

**Women 100 LC Meter Freestyle**

**Meet Record: 59.03 ! 8/4/2011 Erin L Cafilisch**  
**57.19 OPEN Summer US Open**  
**58.19 JRS Summer Junior Nats**  
**1:02.69 AAA**

**Meet Qualifying: 57.20 - 1:02.69**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Waddell, Tevyn L	15 MAC-SD	1:00.92 AAA
2 Anderson, Breah L	15 NLSA-ND	1:01.54 AAA
3 Hanson, Alicia A	16 UN-01-WI	1:02.29 AAA

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**Results****Preliminaries ... (Women 100 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	
4 Bruce, Madeline J	19	UN-01-IL	1:02.33	AAA
29.69	1:02.33			
5 Ringwall, Ketti A	17	DDST-ND	1:02.34	AAA
29.65	1:02.34			
6 Mengelkoch, Leann J	15	FMY-ND	1:02.43	AAA
29.55	1:02.43			
7 Hamel, Emily L	15	MSC-ND	1:02.70	
30.03	1:02.70			
8 Gunning, Mykin E	15	WFF-ND	1:03.14	
30.34	1:03.14			
9 Brown, Mckenna V	16	MSC-ND	1:03.40	
30.52	1:03.40			
10 Arends, Kenya T	15	NLSA-ND	1:03.41	
30.43	1:03.41			
11 Sproles, Kayla E	17	SEAL-SD	1:03.47	
30.30	1:03.47			
12 Tininenko, Lauren J	19	HAWG-AR	1:03.84	
30.38	1:03.84			
13 Walker-Rozo, Francesca	16	UN-01-ND	1:04.38	
30.49	1:04.38			
14 Laufenberg, Taylor L	15	WFF-ND	1:05.52	
31.14	1:05.52			
15 Ekre, Kyra A	16	AQST-ND	1:07.02	
31.92	1:07.02			
16 Ellingson, Anika G	16	HUT-MN	1:09.56	
32.12	1:09.56			

**Women 200 LC Meter Freestyle**

**Meet Record:** 2:05.96 ! 8/5/2011 Danielle L Nack  
 2:03.19 OPEN Summer US Open  
 2:05.49 JRS Summer Junior Nats  
 2:14.99 AAA

**Meet Qualifying: 2:03.20 - 2:14.99**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Waddell, Teyvyn L	15	MAC-SD	2:11.00	AAA
29.25	1:01.79	1:36.28	2:11.00	
2 Arends, Kenya T	15	NLSA-ND	2:15.96	17
31.20	1:06.27	1:41.62	2:15.96	
3 Hamel, Emily L	15	MSC-ND	2:17.76	16
31.52	1:06.46	1:43.01	2:17.76	
4 Ringwall, Ketti A	17	DDST-ND	2:17.81	15
31.16	1:05.80	1:41.84	2:17.81	
5 Brown, Mckenna V	16	MSC-ND	2:17.93	14
31.39	1:06.00	1:42.79	2:17.93	
6 Sproles, Kayla E	17	SEAL-SD	2:18.56	13
31.07	1:05.84	1:42.56	2:18.56	
7 Anderson, Breah L	15	NLSA-ND	2:21.32	12
31.60	1:06.78	1:44.38	2:21.32	
8 Ekre, Kyra A	16	AQST-ND	2:21.52	11
32.63	1:08.26	1:44.51	2:21.52	

**Women 200 LC Meter Freestyle**

**Meet Record:** 2:05.96 ! 8/5/2011 Danielle L Nack  
 2:03.19 OPEN Summer US Open  
 2:05.49 JRS Summer Junior Nats  
 2:14.99 AAA

**Meet Qualifying: 2:03.20 - 2:14.99**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Waddell, Teyvyn L	15	MAC-SD	2:15.41
30.29	1:04.43	1:40.13	2:15.41
2 Sproles, Kayla E	17	SEAL-SD	2:18.67
31.77	1:06.42	1:42.49	2:18.67
3 Arends, Kenya T	15	NLSA-ND	2:20.88
32.79	1:09.22	2:20.88	
4 Brown, Mckenna V	16	MSC-ND	2:21.11
32.17	1:07.90	1:44.38	2:21.11
5 Ringwall, Ketti A	17	DDST-ND	2:22.31
32.31	1:07.89	1:45.62	2:22.31
6 Hamel, Emily L	15	MSC-ND	2:23.75
32.70	1:09.23	1:46.88	2:23.75
7 Ekre, Kyra A	16	AQST-ND	2:31.40
31.94	1:08.75	1:49.34	2:31.40
8 Anderson, Breah L	15	NLSA-ND	2:36.77
35.86	1:15.53	1:56.43	2:36.77

**Women 400 LC Meter Freestyle**

**Meet Record:** 4:26.20 ! 8/6/2011 Danielle L Nack  
 4:19.39 OPEN Summer US Open  
 4:23.79 JRS Summer Junior Nats  
 4:43.19 AAA

**Meet Qualifying: 4:19.40 - 4:43.19**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Waddell, Teyvyn L	15	MAC-SD	4:38.74 AAA
30.15	1:03.93	1:38.91	2:15.01
2:50.98	3:26.88	4:03.39	4:38.74
2 Arends, Kenya T	15	NLSA-ND	4:53.08 17
32.64	1:09.60	1:48.00	2:26.61
3:04.58	3:41.81	4:17.69	4:53.08
3 Ekre, Kyra A	16	AQST-ND	5:02.21 16
32.90	1:08.94	1:46.15	2:24.20
3:03.69	3:43.01	4:23.53	5:02.21

**Women 400 LC Meter Freestyle**

**Meet Record:** 4:26.20 ! 8/6/2011 Danielle L Nack  
 4:19.39 OPEN Summer US Open  
 4:23.79 JRS Summer Junior Nats  
 4:43.19 AAA

**Meet Qualifying: 4:19.40 - 4:43.19**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Waddell, Teyvyn L	15	MAC-SD	4:50.59
31.16	1:06.11	1:43.31	2:20.78
	3:36.42	4:50.59	

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**Results****Preliminaries ... (Women 400 LC Meter Freestyle)**

Name	Age	Team	Prelim Time
2 Ekre, Kyra A	16	AQST-ND	5:13.98
			34.58 1:13.37 1:52.60 2:32.11
			3:12.49 3:52.83 4:33.72 5:13.98
3 Arends, Kenya T	15	NLSA-ND	5:23.23
			34.85 1:14.67 1:56.12 2:38.05
			3:19.91 4:01.47 4:43.24 5:23.23

**Women 800 LC Meter Freestyle**

**Meet Record: 9:11.36 ! 8/3/2012 Blake L Balogh**  
**8:50.49 OPEN Summer US Open**  
**9:03.49 JRS Summer Junior Nats**  
**9:44.09 AAA**

**Meet Qualifying: 8:50.50 - 9:44.09**

Name	Age	Team	Finals Time
1 Waddell, Tevyn L	15	MAC-SD	9:27.86 AAA
			31.33 1:05.86 1:41.41 2:16.75
			2:52.27 3:28.15 4:04.62 4:40.78
			5:16.85 5:53.11 6:29.25 7:05.25
			7:41.50 8:17.47 8:52.96 9:27.86
2 Ekre, Kyra A	16	AQST-ND	10:10.38 17
			34.18 1:11.64 1:49.96 2:28.51
			3:07.12 3:44.81 4:23.50 5:02.57
			5:41.12 6:19.68 6:58.12 7:36.75
			8:15.81 8:55.13 9:33.34 10:10.38
3 Ringwall, Ketti A	17	DDST-ND	10:14.25 16
			1:11.80 2:29.54
			3:08.24 3:47.96 5:06.68
			6:24.45 7:41.82
			8:59.00 10:14.25
4 Arends, Kenya T	15	NLSA-ND	10:21.02 15
			33.62 1:11.06 1:49.95 2:28.75
			3:07.93 3:47.26 4:27.05 5:06.11
			5:46.05 6:25.26 7:05.30 7:45.05
			8:25.18 9:04.02 9:44.02 10:21.02

**Women 1500 LC Meter Freestyle**

**Meet Record: 17:31.90 ! 8/3/2012 Blake L Balogh**  
**16:56.59 OPEN Summer US Open**  
**17:20.49 JRS Summer Junior Nats**  
**18:45.09 AAA**

**Meet Qualifying: 16:56.60 - 18:45.09**

Name	Age	Team	Finals Time
1 Waddell, Tevyn L	15	MAC-SD	17:52.74 AAA
			30.87 1:05.56 1:40.81 2:16.28
			2:51.84 3:27.56 4:03.55 4:39.60
			5:15.61 5:51.64 6:27.76 7:03.65
			7:39.43 8:15.50 8:51.63 9:27.93
			10:03.85 10:39.87 11:15.95 11:51.89
			12:27.77 13:03.68 13:39.74 14:16.05
			14:52.41 15:28.51 16:04.95 16:41.27
			17:17.51 17:52.74

2 Ekre, Kyra A	16	AQST-ND	19:27.77 17
			34.07 1:12.45 1:50.93 2:29.79
			3:08.63 3:48.64 4:27.71 5:07.07
			5:45.90 6:24.99 7:03.38 7:42.18
			8:20.79 8:59.47 9:38.08 10:17.30
			10:55.79 11:35.01 12:14.28 12:54.11
			13:32.65 14:12.58 14:52.41 15:32.21
			16:11.62 16:51.84 17:30.71 18:10.63
			18:49.73 19:27.77

3 Sproles, Kayla E	17	SEAL-SD	19:38.83 16
			31.95 1:08.38 1:45.66 2:24.14
			3:02.29 3:41.69 4:20.88 4:59.98
			5:39.15 6:18.63 6:57.86 7:37.35
			8:17.12 8:57.30 9:36.86 10:17.24
			10:56.99 11:36.97 12:17.90 12:58.25
			13:38.56 14:18.99 14:59.13 15:39.54
			16:19.47 17:00.05 17:39.98 18:19.92
			18:59.15 19:38.83

4 Arends, Kenya T	15	NLSA-ND	19:45.73 15
			34.06 1:12.20 1:51.50 2:30.44
			3:06.36 3:49.52 4:29.19
			4:50.83 5:08.46 5:48.79
			7:08.16 9:07.77 10:27.29
			11:06.70 11:47.19 12:27.47 13:07.62
			13:45.73 14:28.31 15:49.46
			16:30.32 17:09.84 17:50.13
			19:09.12 19:45.73

5 Laufenberg, Taylor L	15	WFF-ND	20:34.91 14
			34.60 1:13.84 1:54.86 2:35.67
			3:17.58 3:58.49 4:40.62 5:22.09
			6:04.21 6:45.77 7:28.02 8:10.00
			8:52.39 9:34.64 10:16.69 10:58.56
			11:41.37 12:22.08 13:04.16 13:45.05
			14:26.35 15:06.80 15:48.42 16:29.28
			17:10.92 17:51.38 18:32.66 19:13.52
			19:55.26 20:34.91

6 Jeske, Mckenzie C	18	AQST-ND	20:51.41 13
			36.02 1:16.49 1:58.11 2:39.21
			3:21.00 4:02.72 4:45.00 5:26.38
			6:08.21 6:50.64 7:33.26 8:15.46
			8:57.92 9:40.15 10:22.35 11:03.95
			11:45.03 12:26.08 13:07.35 13:48.52
			14:29.97 15:12.01 15:54.83 16:37.44
			17:20.29 18:02.78 18:45.67 19:27.99
			20:10.39 20:51.41

**Women 100 LC Meter Backstroke**

**Meet Record: 1:05.88 ! 8/7/2010 Hannah L Angell**  
**1:03.99 OPEN Summer US Open**  
**1:04.99 JRS Summer Junior Nats**  
**1:09.69 AAA**

**Meet Qualifying: 1:04.00 - 1:09.69**

Name	Age	Team	Finals Time
A - Final			
1 Waddell, Tevyn L	15	MAC-SD	1:06.68 AAA
			32.55 1:06.68

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**Results**

**A - Final ... (Women 100 LC Meter Backstroke)**

Name	Age	Team	Finals Time	
2 Schrock, Ashley N	16	CON-IN	1:10.40	17
34.18	1:10.40			
3 Tininenko, Lauren J	19	HAWG-AR	1:10.64	16
34.26	1:10.64			
4 Sproles, Kayla E	17	SEAL-SD	1:11.84	15
33.74	1:11.84			
5 Ringwall, Ketti A	17	DDST-ND	1:12.59	14
34.86	1:12.59			
6 Mengelkoch, Leann J	15	FMY-ND	1:12.79	13
35.25	1:12.79			
7 Laufenberg, Taylor L	15	WFF-ND	1:13.89	12
35.45	1:13.89			
8 Anderson, Breah L	15	NLSA-ND	1:14.98	11
36.87	1:14.98			

**B - Final**

9 Gunning, Mykin E	15	WFF-ND	1:15.78	9
36.65	1:15.78			

**Women 100 LC Meter Backstroke**

**Meet Record: 1:05.88 ! 8/7/2010 Hannah L Angell**  
**1:03.99 OPEN Summer US Open**  
**1:04.99 JRS Summer Junior Nats**  
**1:09.69 AAA**

**Meet Qualifying: 1:04.00 - 1:09.69**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Waddell, Teyvn L	15	MAC-SD	1:08.55	AAA
33.66	1:08.55			
2 Schrock, Ashley N	16	CON-IN	1:10.95	
34.74	1:10.95			
3 Ringwall, Ketti A	17	DDST-ND	1:12.01	
34.96	1:12.01			
4 Mengelkoch, Leann J	15	FMY-ND	1:12.62	
34.98	1:12.62			
5 Laufenberg, Taylor L	15	WFF-ND	1:13.00	
35.25	1:13.00			
6 Anderson, Breah L	15	NLSA-ND	1:13.64	
35.87	1:13.64			
7 Sproles, Kayla E	17	SEAL-SD	1:13.83	
35.15	1:13.83			
8 Tininenko, Lauren J	19	HAWG-AR	1:13.98	
35.93	1:13.98			
9 Bruce, Madeline J	19	UN-01-IL	1:14.30	
35.91	1:14.30			
10 Gunning, Mykin E	15	WFF-ND	1:15.97	
36.67	1:15.97			
--- Albanese, Hannah R	15	FOXJ-MN	DQ	
Completely submerged prior to turn or finish				
38.59	DQ			

**Women 200 LC Meter Backstroke**

**Meet Record: 2:22.65 ! 8/4/2013 Teyvn L Waddell**  
**2:17.99 OPEN Summer US Open**  
**2:19.49 JRS Summer Junior Nats**  
**2:28.79 AAA**

**Meet Qualifying: 2:18.00 - 2:28.79**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Waddell, Teyvn L	15	MAC-SD	2:22.65!	AAA
32.75	1:08.30	1:45.67	2:22.65	
2 Schrock, Ashley N	16	CON-IN	2:31.08	17
	1:12.64	2:31.08		
3 Mengelkoch, Leann J	15	FMY-ND	2:38.11	16
36.27	1:16.53	1:57.19	2:38.11	
4 Anderson, Breah L	15	NLSA-ND	2:41.10	15
37.02	1:17.19	1:58.47	2:41.10	
5 Laufenberg, Taylor L	15	WFF-ND	2:41.25	14
36.73	1:16.72	1:59.83	2:41.25	
6 Ekre, Kyra A	16	AQST-ND	2:45.60	13
38.43	1:19.02	2:02.46	2:45.60	

**Women 200 LC Meter Backstroke**

**Meet Record: 2:22.65 ! 8/4/2013 Teyvn L Waddell**  
**2:17.99 OPEN Summer US Open**  
**2:19.49 JRS Summer Junior Nats**  
**2:28.79 AAA**

**Meet Qualifying: 2:18.00 - 2:28.79**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Waddell, Teyvn L	15	MAC-SD	2:28.98	
34.25	1:11.75	1:50.47	2:28.98	
2 Schrock, Ashley N	16	CON-IN	2:36.77	
	1:16.24	1:56.55	2:36.77	
3 Mengelkoch, Leann J	15	FMY-ND	2:46.29	
39.51	1:21.54	2:04.87	2:46.29	
4 Laufenberg, Taylor L	15	WFF-ND	2:47.43	
39.21	1:21.59	2:06.01	2:47.43	
5 Anderson, Breah L	15	NLSA-ND	3:00.01	
40.84	1:25.94	2:12.60	3:00.01	
6 Ekre, Kyra A	16	AQST-ND	3:00.83	
41.34	1:27.09	2:13.96	3:00.83	

**Women 100 LC Meter Breaststroke**

**Meet Record: 1:13.44 ! 8/5/2011 Danielle E James**  
**1:12.19 OPEN Summer US Open**  
**1:13.89 JRS Summer Junior Nats**  
**1:19.39 AAA**

**Meet Qualifying: 1:12.20 - 1:19.39**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Ellingson, Anika G	16	HUT-MN	1:17.95	AAA
36.69	1:17.95			
2 Schrock, Ashley N	16	CON-IN	1:18.28	AAA
36.63	1:18.28			
3 Jeske, Mckenzie C	18	AQST-ND	1:20.98	16
39.41	1:20.98			

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**Results**

**A - Final ... (Women 100 LC Meter Breaststroke)**

Name	Age	Team	Finals Time	
4 Mengelkoch, Leann J	15	FMY-ND	1:22.10	15
	38.71	1:22.10		
5 Albanese, Hannah R	15	FOXJ-MN	1:24.41	14
	38.31	1:24.41		
6 Hanson, Alicia A	16	UN-01-WI	1:25.50	13
	39.73	1:25.50		

**Women 100 LC Meter Breaststroke**

**Meet Record: 1:13.44 ! 8/5/2011 Danielle E James**  
**1:12.19 OPEN Summer US Open**  
**1:13.89 JRS Summer Junior Nats**  
**1:19.39 AAA**

**Meet Qualifying: 1:12.20 - 1:19.39**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Schrock, Ashley N	16	CON-IN	1:20.28
	38.13	1:20.28	
2 Ellingson, Anika G	16	HUT-MN	1:20.98
	37.56	1:20.98	
3 Albanese, Hannah R	15	FOXJ-MN	1:24.95
	39.12	1:24.95	
4 Mengelkoch, Leann J	15	FMY-ND	1:26.48
	41.14	1:26.48	
5 Hanson, Alicia A	16	UN-01-WI	1:27.80
	40.49	1:27.80	
6 Jeske, Mckenzie C	18	AQST-ND	1:29.59

**Women 200 LC Meter Breaststroke**

**Meet Record: 2:42.32 ! 8/4/2011 Danielle E James**  
**2:35.99 OPEN Summer US Open**  
**2:39.49 JRS Summer Junior Nats**  
**2:50.19 AAA**

**Meet Qualifying: 2:36.00 - 2:50.19**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Schrock, Ashley N	16	CON-IN	2:56.35 20
	38.41	1:23.02 2:09.59	2:56.35
2 Albanese, Hannah R	15	FOXJ-MN	2:58.76 17
	40.21	1:26.00 2:12.88	2:58.76
3 Mengelkoch, Leann J	15	FMY-ND	2:58.86 16
	40.52	1:27.60 2:13.70	2:58.86
4 Jeske, Mckenzie C	18	AQST-ND	3:00.38 15
	41.37	1:27.33 2:14.19	3:00.38
--- Anderson, Breah L	15	NLSA-ND	DQ
	47.00	1:39.96 2:32.88	DQ
			Downward butterfly kick

**Women 200 LC Meter Breaststroke**

**Meet Record: 2:42.32 ! 8/4/2011 Danielle E James**  
**2:35.99 OPEN Summer US Open**  
**2:39.49 JRS Summer Junior Nats**  
**2:50.19 AAA**

**Meet Qualifying: 2:36.00 - 2:50.19**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Schrock, Ashley N	16	CON-IN	2:56.59
	39.12	1:23.96 2:10.88	2:56.59
2 Albanese, Hannah R	15	FOXJ-MN	2:58.16
	40.88	1:25.60 2:12.61	2:58.16
3 Mengelkoch, Leann J	15	FMY-ND	3:12.82
	42.55	1:32.38 2:21.48	3:12.82
4 Jeske, Mckenzie C	18	AQST-ND	3:20.33
	44.81	1:35.39 2:28.01	3:20.33
5 Anderson, Breah L	15	NLSA-ND	3:29.38
	47.66	1:41.23 2:34.44	3:29.38

**Women 100 LC Meter Butterfly**

**Meet Record: 1:03.47 ! 8/5/2011 Breanna M Robinson**  
**1:01.99 OPEN Summer US Open**  
**1:02.99 JRS Summer Junior Nats**  
**1:07.69 AAA**

**Meet Qualifying: 1:02.00 - 1:07.69**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Waddell, Tevyn L	15	MAC-SD	1:04.39 AAA
	30.45	1:04.39	
2 Tininenko, Lauren J	19	HAWG-AR	1:06.16 AAA
3 Walker-Rozo, Francesca	16	UN-01-ND	1:07.60 AAA
	31.74	1:07.60	
4 Gunning, Mykin E	15	WFF-ND	1:09.62 15
	32.36	1:09.62	
5 Bruce, Madeline J	19	UN-01-IL	1:10.16 14
	31.85	1:10.16	
6 Hanson, Alicia A	16	UN-01-WI	1:10.87 13
	33.04	1:10.87	
7 Jeske, Mckenzie C	18	AQST-ND	1:14.58 12
	33.67	1:14.58	

**Women 100 LC Meter Butterfly**

**Meet Record: 1:03.47 ! 8/5/2011 Breanna M Robinson**  
**1:01.99 OPEN Summer US Open**  
**1:02.99 JRS Summer Junior Nats**  
**1:07.69 AAA**

**Meet Qualifying: 1:02.00 - 1:07.69**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Waddell, Tevyn L	15	MAC-SD	1:05.79 AAA
	30.81	1:05.79	
2 Walker-Rozo, Francesca	16	UN-01-ND	1:07.89
	30.84	1:07.89	
3 Tininenko, Lauren J	19	HAWG-AR	1:09.68
	32.80	1:09.68	

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****Preliminaries ... (Women 100 LC Meter Butterfly)**

Name	Age	Team	Prelim Time
4 Gunning, Mykin E	15	WFF-ND	1:10.79
			33.95 1:10.79
5 Bruce, Madeline J	19	UN-01-IL	1:10.82
			32.68 1:10.82
6 Hanson, Alicia A	16	UN-01-WI	1:13.60
			33.12 1:13.60
7 Jeske, Mckenzie C	18	AQST-ND	1:18.85
			36.06 1:18.85

**Women 200 LC Meter Butterfly**

**Meet Record:** 2:20.31 ! 8/3/2012 Brooke D Balogh  
 2:16.49 OPEN Summer US Open  
 2:18.19 JRS Summer Junior Nats  
 2:28.79 AAA

**Meet Qualifying:** 2:16.50 - 2:28.79

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Walker-Rozo, Francesca	16	UN-01-ND	2:43.43 20
			34.37 1:14.64 1:57.53 2:43.43
2 Jeske, Mckenzie C	18	AQST-ND	2:46.89 17
			34.68 1:15.20 1:59.91 2:46.89

**Women 200 LC Meter Butterfly**

**Meet Record:** 2:20.31 ! 8/3/2012 Brooke D Balogh  
 2:16.49 OPEN Summer US Open  
 2:18.19 JRS Summer Junior Nats  
 2:28.79 AAA

**Meet Qualifying:** 2:16.50 - 2:28.79

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Walker-Rozo, Francesca	16	UN-01-ND	2:49.70
			35.41 1:17.22 2:03.55 2:49.70
2 Jeske, Mckenzie C	18	AQST-ND	2:57.39
			36.99 1:21.49 2:08.86 2:57.39

**Women 200 LC Meter IM**

**Meet Record:** 2:25.09 ! 8/3/2012 Alexandra S Robertson  
 2:19.49 OPEN Summer US Open  
 2:22.19 JRS Summer Junior Nats  
 2:32.59 AAA

**Meet Qualifying:** 2:19.50 - 2:32.59

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Schrock, Ashley N	16	CON-IN	2:32.63 20
			34.14 1:12.77 1:57.32 2:32.63
2 Mengelkoch, Leann J	15	FMY-ND	2:36.05 17
			24.38 1:15.33 2:00.99 2:36.05
3 Jeske, Mckenzie C	18	AQST-ND	2:36.90 16
			33.44 1:14.42 1:59.59 2:36.90
4 Albanese, Hannah R	15	FOXJ-MN	2:38.13 15
			33.79 1:17.57 2:02.50 2:38.13
5 Gunning, Mykin E	15	WFF-ND	2:42.56 14
			32.38 1:13.94 2:05.67 2:42.56
6 Ekre, Kyra A	16	AQST-ND	2:44.52 13
			36.05 1:18.72 2:07.57 2:44.52

7 Arends, Kenya T	15	NLSA-ND	2:44.86 12
			34.40 1:19.34 2:11.16 2:44.86
8 Walker-Rozo, Francesca	16	UN-01-ND	2:48.39 11
			33.32 1:17.59 2:11.20 2:48.39

**Women 200 LC Meter IM**

**Meet Record:** 2:25.09 ! 8/3/2012 Alexandra S Robertson  
 2:19.49 OPEN Summer US Open  
 2:22.19 JRS Summer Junior Nats  
 2:32.59 AAA

**Meet Qualifying:** 2:19.50 - 2:32.59

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Schrock, Ashley N	16	CON-IN	2:35.53
			33.93 1:14.19 1:59.48 2:35.53
2 Mengelkoch, Leann J	15	FMY-ND	2:42.40
			1:16.25 2:02.57 2:42.40
3 Albanese, Hannah R	15	FOXJ-MN	2:42.41
			1:20.57 2:42.41
4 Jeske, Mckenzie C	18	AQST-ND	2:44.15
			34.21 1:16.82 1:53.40 2:44.15
5 Arends, Kenya T	15	NLSA-ND	2:44.64
			35.07 1:18.96 2:10.79 2:44.64
6 Ekre, Kyra A	16	AQST-ND	2:44.67
			36.18 1:20.58 2:07.97 2:44.67
7 Gunning, Mykin E	15	WFF-ND	2:46.58
			32.62 1:15.45 2:09.71 2:46.58
8 Walker-Rozo, Francesca	16	UN-01-ND	2:47.99
			33.20 1:19.15 2:10.86 2:47.99
9 Ellingson, Anika G	16	HUT-MN	2:55.85
			36.87 2:13.21 2:55.85

**Women 400 LC Meter IM**

**Meet Record:** 5:03.48 ! 8/3/2012 Brooke D Balogh  
 4:55.89 OPEN Summer US Open  
 4:59.69 JRS Summer Junior Nats  
 5:20.49 AAA

**Meet Qualifying:** 4:55.90 - 5:20.49

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Schrock, Ashley N	16	CON-IN	5:26.93 20
			33.91 1:14.19 1:54.98 2:35.72
			3:22.38 4:10.06 4:49.04 5:26.93
2 Mengelkoch, Leann J	15	FMY-ND	5:40.14 17
			33.93 1:15.41 1:59.46 2:42.31
			4:21.56 5:00.62 5:40.14
3 Jeske, Mckenzie C	18	AQST-ND	5:44.61 16
			34.49 1:14.41 1:59.36 2:43.33
			3:31.52 4:21.03 5:03.23 5:44.61

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results**

**Women 400 LC Meter IM**

**Meet Record:** 5:03.48 ! 8/3/2012 Brooke D Balogh  
 4:55.89 OPEN Summer US Open  
 4:59.69 JRS Summer Junior Nats  
 5:20.49 AAA

**Meet Qualifying:** 4:55.90 - 5:20.49

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Schrock, Ashley N	16	CON-IN	5:26.94	
			33.54	1:13.84
			1:55.87	2:37.28
			3:23.57	4:10.97
			4:49.33	5:26.94
2 Jeske, Mckenzie C	18	AQST-ND	5:57.74	
			35.86	1:17.40
			2:04.38	2:50.68
			3:41.67	4:32.79
			5:15.84	5:57.74
3 Mengelkoch, Leann J	15	FMY-ND	6:03.48	
			35.02	1:19.55
			2:04.51	2:52.43
			4:37.98	5:21.26
			6:03.48	

**Men 50 LC Meter Freestyle**

**Meet Record:** 23.73 ! 8/8/2010 Benjamin T Griggs  
 23.49 OPEN Summer US Open  
 24.29 JRS Summer Junior Nats  
 25.59 AAA

**Meet Qualifying:** 23.50 - 25.59

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Donnelly, Sean G	16	WEST-MN	24.74	AAA
2 Mouritsen, Callen S	17	UN-01-MN	25.01	AAA
3 Grosz, Zach M	17	AQST-ND	25.20	AAA
4 Johnson, Ben D	17	SFX-SD	25.36	AAA
5 Iwerks, Tucker J	16	ASC-SD	25.47	AAA
6 Logan, Andrew L	17	GCAT-IN	25.57	AAA
7 Rumrill, Christopher L	17	PST-SD	25.63	12
8 Brock, Alex L	17	NLSA-ND	25.77	11

**B - Final**

9 Iverson, Isaac E	17	SFX-SD	26.03	9
10 Bierschbach, William M	15	WASC-SD	26.10	7
11 Olson, Aaron E	16	AQJT-MN	26.23	6
12 Duncan, Nathan S	17	NLSA-ND	26.26	5
13 Jacobson, Daniel M	18	PST-SD	26.29	4
14 Mohr, Ryan P	15	WEST-MN	26.72	3
15 Doll, Ethan P	18	NLSA-ND	26.78	2
16 Needham, Zachary D	16	SFX-SD	26.92	1

**C - Final**

17 Bjellum, Connor J	16	NLSA-ND	26.71
18 Rumrill, Wyatt M	15	PST-SD	27.05
19 Teunissen, Austin P	17	AQST-ND	28.36
20 Alme, Kyler J	15	AQST-ND	28.41
21 Anderson, Beau A	17	NLSA-ND	28.59

**Men 50 LC Meter Freestyle**

**Meet Record:** 23.73 ! 8/8/2010 Benjamin T Griggs  
 23.49 OPEN Summer US Open  
 24.29 JRS Summer Junior Nats  
 25.59 AAA

**Meet Qualifying:** 23.50 - 25.59

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Donnelly, Sean G	16	WEST-MN	25.20	AAA
2 Grosz, Zach M	17	AQST-ND	25.34	AAA
*3 Mouritsen, Callen S	17	UN-01-MN	25.44	AAA
*3 Johnson, Ben D	17	SFX-SD	25.44	AAA
5 Brock, Alex L	17	NLSA-ND	25.65	
6 Logan, Andrew L	17	GCAT-IN	25.69	
7 Iwerks, Tucker J	16	ASC-SD	25.81	
8 Rumrill, Christopher L	17	PST-SD	25.91	
9 Bierschbach, William M	15	WASC-SD	25.94	
10 Iverson, Isaac E	17	SFX-SD	26.24	
11 Jacobson, Daniel M	18	PST-SD	26.27	
12 Duncan, Nathan S	17	NLSA-ND	26.31	
13 Olson, Aaron E	16	AQJT-MN	26.34	
14 Sether, Loren B	16	AQST-ND	26.75	
15 Doll, Ethan P	18	NLSA-ND	26.88	
16 Mohr, Ryan P	15	WEST-MN	26.95	
17 Needham, Zachary D	16	SFX-SD	27.06	
18 Rumrill, Wyatt M	15	PST-SD	27.17	
19 Gaumer, Peyton R	16	DMSF-IA	27.38	
20 Bjellum, Connor J	16	NLSA-ND	27.50	
21 Teunissen, Austin P	17	AQST-ND	27.87	
22 Anderson, Beau A	17	NLSA-ND	28.67	
23 Alme, Kyler J	15	AQST-ND	28.73	

**Men 100 LC Meter Freestyle**

**Meet Record:** 52.83 ! 8/4/2011 Zachary D Johnson  
 51.49 OPEN Summer US Open  
 52.59 JRS Summer Junior Nats  
 56.99 AAA

**Meet Qualifying:** 51.50 - 56.99

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Mouritsen, Callen S	17	UN-01-MN	55.06	AAA
			26.52	55.06
2 Donnelly, Sean G	16	WEST-MN	55.07	AAA
			26.75	55.07
*3 Logan, Andrew L	17	GCAT-IN	55.34	AAA
			26.44	55.34
*3 Iwerks, Tucker J	16	ASC-SD	55.34	AAA
			26.44	55.34
5 Brock, Alex L	17	NLSA-ND	55.75	AAA
			27.12	55.75
6 Jacobson, Daniel M	18	PST-SD	56.19	AAA
			27.15	56.19
7 Bierschbach, William M	15	WASC-SD	56.41	AAA
			26.99	56.41

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**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****A - Final ... (Men 100 LC Meter Freestyle)**

Name	Age	Team	Finals Time	
8 Grosz, Zach M	17	AQST-ND	56.56	AAA
26.51	56.56			

**B - Final**

9 Rumrill, Christopher L	17	PST-SD	56.55	AAA
26.92	56.55			
10 Duncan, Nathan S	17	NLSA-ND	56.80	AAA
27.94	56.80			
11 Johnson, Ben D	17	SFX-SD	57.13	6
27.03	57.13			
12 Iverson, Isaac E	17	SFX-SD	57.87	5
27.66	57.87			
13 Bjellum, Connor J	16	NLSA-ND	57.97	4
28.16	57.97			
14 Swanson, Jack H	16	AQJT-MN	58.68	3
28.30	58.68			
15 Olson, Aaron E	16	AQJT-MN	59.60	2
16 Boerema, Alex M	16	SFX-SD	59.68	1
28.86	59.68			

**C - Final**

17 Mohr, Ryan P	15	WEST-MN	59.52	
28.29	59.52			
18 Needham, Zachary D	16	SFX-SD	1:01.43	
29.19	1:01.43			
19 Alme, Kyler J	15	AQST-ND	1:02.21	
29.57	1:02.21			

**Men 100 LC Meter Freestyle**

**Meet Record:** 52.83 ! 8/4/2011 Zachary D Johnson  
 51.49 OPEN Summer US Open  
 52.59 JRS Summer Junior Nats  
 56.99 AAA

**Meet Qualifying:** 51.50 - 56.99

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Mouritsen, Callen S	17	UN-01-MN	55.23	AAA
26.42	55.23			
2 Donnelly, Sean G	16	WEST-MN	55.35	AAA
26.80	55.35			
3 Brock, Alex L	17	NLSA-ND	55.83	AAA
27.15	55.83			
4 Iwerks, Tucker J	16	ASC-SD	55.90	AAA
26.35	55.90			
5 Logan, Andrew L	17	GCAT-IN	56.13	AAA
27.19	56.13			
6 Bierschbach, William M	15	WASC-SD	56.38	AAA
27.21	56.38			
7 Grosz, Zach M	17	AQST-ND	56.44	AAA
26.61	56.44			
8 Jacobson, Daniel M	18	PST-SD	56.58	AAA
26.87	56.58			
9 Rumrill, Christopher L	17	PST-SD	56.71	AAA
27.20	56.71			
10 Duncan, Nathan S	17	NLSA-ND	56.77	AAA
27.30	56.77			

11 Sether, Loren B	16	AQST-ND	57.10	
27.64	57.10			
12 Johnson, Ben D	17	SFX-SD	57.26	
27.36	57.26			
13 Iverson, Isaac E	17	SFX-SD	57.27	
27.49	57.27			
14 Swanson, Jack H	16	AQJT-MN	58.09	
28.33	58.09			
15 Bjellum, Connor J	16	NLSA-ND	58.47	
28.35	58.47			
16 Olson, Aaron E	16	AQJT-MN	58.87	
27.74	58.87			
17 Boerema, Alex M	16	SFX-SD	59.58	
28.48	59.58			
18 Mohr, Ryan P	15	WEST-MN	59.77	
27.98	59.77			
19 Needham, Zachary D	16	SFX-SD	1:00.70	
28.28	1:00.70			
20 Alme, Kyler J	15	AQST-ND	1:03.28	
30.21	1:03.28			

**Men 200 LC Meter Freestyle**

**Meet Record:** 1:53.78 ! 8/5/2011 Daniel R Brebrick  
 1:52.89 OPEN Summer US Open  
 1:55.49 JRS Summer Junior Nats  
 2:05.09 AAA

**Meet Qualifying:** 1:52.90 - 2:05.09

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Kastigar, Adam J	19	ASC-SD	1:59.32	AAA
27.90	58.51	1:29.41	1:59.32	
2 Brock, Alex L	17	NLSA-ND	2:01.53	AAA
27.95	58.91	1:30.27	2:01.53	
3 Duncan, Nathan S	17	NLSA-ND	2:02.60	AAA
28.58	59.25	1:31.35	2:02.60	
4 Logan, Andrew L	17	GCAT-IN	2:03.50	AAA
27.90	58.86	1:31.28	2:03.50	
5 Iverson, Isaac E	17	SFX-SD	2:04.62	AAA
27.74	59.39	1:31.82	2:04.62	
6 Donnelly, Sean G	16	WEST-MN	2:05.60	13
29.37	1:01.55	1:34.02	2:05.60	
7 Swanson, Jack H	16	AQJT-MN	2:06.66	12
29.72	1:01.34	1:34.31	2:06.66	
8 Sether, Loren B	16	AQST-ND	2:06.71	11
29.58	1:01.63	1:34.23	2:06.71	
<b>B - Final</b>				
9 Grosz, Zach M	17	AQST-ND	2:08.21	9
27.96	59.74	1:33.82	2:08.21	
10 Bierschbach, William M	15	WASC-SD	2:09.38	7
29.68	1:02.83	1:37.20	2:09.38	
11 Mohr, Ryan P	15	WEST-MN	2:14.11	6
29.56	1:03.97	1:39.20	2:14.11	
12 Alme, Kyler J	15	AQST-ND	2:22.20	5
31.60	1:07.65	1:45.54	2:22.20	



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**Results****Men 200 LC Meter Freestyle**

**Meet Record: 1:53.78 ! 8/5/2011 Daniel R Brebrick**  
**1:52.89 OPEN Summer US Open**  
**1:55.49 JRS Summer Junior Nats**  
**2:05.09 AAA**

**Meet Qualifying: 1:52.90 - 2:05.09**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Sether, Dylan L	18	AQST-ND	1:59.80	AAA
27.28	57.47	1:28.66	1:59.80	
2 Kastigar, Adam J	19	ASC-SD	2:02.74	AAA
28.17	59.68	2:02.74		
3 Duncan, Nathan S	17	NLSA-ND	2:03.07	AAA
28.68	1:00.27	1:32.54	2:03.07	
4 Brock, Alex L	17	NLSA-ND	2:03.28	AAA
28.62		54.31	2:03.28	
5 Logan, Andrew L	17	GAT-IN	2:04.15	AAA
28.22	59.09	1:32.01	2:04.15	
6 Iverson, Isaac E	17	SFX-SD	2:04.76	AAA
28.54	59.67	1:32.48	2:04.76	
7 Donnelly, Sean G	16	WEST-MN	2:05.26	
28.65	1:00.42	1:33.51	2:05.26	
8 Swanson, Jack H	16	AQJT-MN	2:05.68	
29.88	1:01.89	1:33.64	2:05.68	
9 Sether, Loren B	16	AQST-ND	2:05.78	
29.15	1:00.37	1:33.06	2:05.78	
10 Grosz, Zach M	17	AQST-ND	2:09.33	
29.30	1:02.48	1:35.31	2:09.33	
11 Bierschbach, William M	15	WASC-SD	2:10.44	
28.51	1:01.59	1:35.29	2:10.44	
12 Mohr, Ryan P	15	WEST-MN	2:12.69	
29.46	1:02.66	1:37.62	2:12.69	
13 Alme, Kyler J	15	AQST-ND	2:20.97	
30.65	1:06.29	1:43.56	2:20.97	

**Men 400 LC Meter Freestyle**

**Meet Record: 4:01.88 ! 8/6/2011 Daniel R Brebrick**  
**3:59.99 OPEN Summer US Open**  
**4:05.19 JRS Summer Junior Nats**  
**4:24.69 AAA**

**Meet Qualifying: 4:00.00 - 4:24.69**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Kastigar, Adam J	19	ASC-SD	4:14.87	AAA
28.62	1:00.44	1:32.75	2:05.72	
2:38.14	3:11.30	3:43.86	4:14.87	
2 Brock, Alex L	17	NLSA-ND	4:17.24	AAA
29.14	1:00.65	1:33.20	2:06.02	
2:39.01	3:11.70	3:44.94	4:17.24	
3 Duncan, Nathan S	17	NLSA-ND	4:22.36	AAA
29.88	1:03.02	1:36.17	2:10.36	
2:44.40	3:18.44	3:51.11	4:22.36	
4 Christensen, Weston E	18	PST-SD	4:22.73	AAA
29.29	1:01.26	1:34.65	2:08.40	
2:42.53	3:16.38	3:50.56	4:22.73	

5 Swanson, Jack H	16	AQJT-MN	4:27.41	14
30.52	1:03.38	1:37.66	2:11.28	
2:45.70	3:19.83	3:54.22	4:27.41	
6 Iverson, Isaac E	17	SFX-SD	4:31.96	13
29.28	1:01.99	1:35.83	2:10.85	
2:45.50	3:21.22	3:56.86	4:31.96	
7 Teunissen, Austin P	17	AQST-ND	4:34.84	12
30.89	1:05.45		2:15.21	
2:50.64	3:25.84	4:00.33	4:34.84	
8 Grosz, Zach M	17	AQST-ND	4:48.01	11
	1:05.81	1:43.25	2:21.25	
2:58.24	3:36.65	4:48.01		

**Men 400 LC Meter Freestyle**

**Meet Record: 4:01.88 ! 8/6/2011 Daniel R Brebrick**  
**3:59.99 OPEN Summer US Open**  
**4:05.19 JRS Summer Junior Nats**  
**4:24.69 AAA**

**Meet Qualifying: 4:00.00 - 4:24.69**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Kastigar, Adam J	19	ASC-SD	4:24.04	AAA
	1:02.63	1:36.58	2:10.80	
2:44.77	3:18.88	3:51.98	4:24.04	
2 Christensen, Weston E	18	PST-SD	4:24.58	AAA
29.29	1:01.80	1:35.40	2:09.45	
2:43.37	3:17.72	3:51.72	4:24.58	
3 Iverson, Isaac E	17	SFX-SD	4:27.30	
30.08	1:02.41	1:36.39	2:10.29	
2:44.39	3:18.81	3:53.87	4:27.30	
4 Swanson, Jack H	16	AQJT-MN	4:28.01	
30.20	1:03.48	1:37.29	2:11.66	
2:46.00	3:20.50	3:54.52	4:28.01	
5 Duncan, Nathan S	17	NLSA-ND	4:39.09	
30.53	1:06.24	1:42.44	2:19.10	
2:54.64	3:32.03	4:06.44	4:39.09	
6 Brock, Alex L	17	NLSA-ND	4:39.11	
30.86	1:06.37	1:42.31	2:19.13	
2:55.32	3:31.73	4:07.00	4:39.11	
7 Teunissen, Austin P	17	AQST-ND	4:55.05	
34.20	1:11.50	1:49.14	2:27.59	
3:05.11	3:42.75	4:19.68	4:55.05	
8 Grosz, Zach M	17	AQST-ND	4:57.50	
32.21	1:08.96	1:47.19	2:25.40	
3:03.61	3:41.79	4:19.98	4:57.50	

--- Gaumer, Peyton R 16 DMSF-IA DFS  
 Declared false start

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results**

**Men 800 LC Meter Freestyle**

**Meet Record: 8:37.17 ! 8/5/2010 James N Foster**  
**8:18.59 OPEN Summer US Open**  
**8:27.89 JRS Summer Junior Nats**  
**9:10.59 AAA**

**Meet Qualifying: 8:18.60 - 9:10.59**

Name	Age	Team	Finals Time			
1 Kastigar, Adam J	19	ASC-SD	8:51.89 AAA			
			28.42	1:00.79	1:33.77	2:06.89
			2:39.72	3:13.47	3:47.38	4:22.28
			4:56.20	5:31.07	6:05.01	6:39.77
			7:13.89	7:47.85	8:20.95	8:51.89
2 Christensen, Weston E	18	PST-SD	9:01.07 AAA			
			29.74	1:02.59	1:36.33	2:10.26
			2:44.30	3:18.14	3:52.31	4:26.62
			5:01.17	5:35.86	6:10.66	6:45.50
			7:20.22	7:54.63	8:28.49	9:01.07
3 Brock, Alex L	17	NLSA-ND	9:02.81 AAA			
			29.51	1:02.38	1:35.95	2:09.82
			2:44.70	3:19.10	3:53.78	4:27.66
			5:02.58	5:37.07	6:12.11	6:46.40
			7:21.14	7:55.59	8:29.89	9:02.81
4 Duncan, Nathan S	17	NLSA-ND	9:13.93 15			
			31.80	1:07.14	1:43.12	2:18.69
			2:54.17	3:29.54	4:05.07	4:40.03
			5:15.85	5:50.64	6:25.20	6:59.89
			7:34.21	8:08.64	8:42.46	9:13.93
5 Swanson, Jack H	16	AQJT-MN	9:14.71 14			
			1:04.84	1:38.96	2:13.64	
			2:48.86	3:23.95	3:59.00	4:33.96
			5:09.01	5:44.24	6:19.95	6:55.41
			7:31.01	8:06.30	8:41.32	9:14.71
6 Anton, Chris P	15	IFLY-IA	9:15.21 13			
			31.57	1:06.81	1:42.41	2:17.91
			2:53.13	3:28.77	4:04.28	4:39.74
			5:14.90	5:50.12	6:25.13	6:59.77
			7:34.50	8:08.73	8:42.94	9:15.21
7 Teunissen, Austin P	17	AQST-ND	9:41.20 12			
			32.50	1:08.40	1:44.54	2:20.58
			2:57.70	3:34.42	4:10.95	4:47.08
			5:23.88	6:00.66	6:38.01	7:14.58
			7:51.64	8:28.81	9:05.38	9:41.20

**Men 1500 LC Meter Freestyle**

**Meet Record: 16:33.67 ! 8/8/2010 Brian J Gorman**  
**15:53.59 OPEN Summer US Open**  
**16:14.29 JRS Summer Junior Nats**  
**17:32.09 AAA**

**Meet Qualifying: 15:53.60 - 17:32.09**

Name	Age	Team	Finals Time			
1 Kastigar, Adam J	19	ASC-SD	16:51.97 AAA			
			29.85	1:03.43	1:38.08	2:12.52
			2:46.60	3:20.39	3:55.00	4:29.23
			5:03.48	5:37.67	6:11.76	6:45.65
			7:19.69	7:53.74	8:27.96	9:02.32
			9:36.39	10:10.07	10:44.11	11:18.54
			11:52.94	12:26.39	12:59.97	13:33.67
			14:07.17	14:41.00	15:14.69	15:48.04
			16:20.99	16:51.97		
2 Christensen, Weston E	18	PST-SD	17:21.79 AAA			
			30.70	1:04.73	1:39.97	2:14.54
			2:48.97	3:23.60	3:58.32	4:33.24
			5:08.31	5:42.96	6:18.20	6:52.80
			7:28.19	8:02.90	8:38.36	9:13.04
			9:48.25	10:22.96	10:58.87	11:34.04
			12:09.71	12:44.72	13:19.94	13:54.79
			14:30.53	15:05.04	15:40.11	16:14.56
			16:48.97	17:21.79		
3 Swanson, Jack H	16	AQJT-MN	17:26.73 AAA			
			31.03	1:05.75	1:40.60	2:15.75
			2:50.76	3:25.39	4:00.63	4:35.51
			5:10.94	5:45.95	6:21.39	6:56.68
			7:31.92	8:06.76	8:42.13	9:17.64
			9:52.77	10:27.67	11:03.06	11:38.11
			12:13.24	12:48.45	13:23.35	13:58.71
			14:33.29	15:07.98	15:42.76	16:17.39
			16:51.58	17:26.73		
4 Brock, Alex L	17	NLSA-ND	17:29.05 AAA			
			30.79	1:05.46	1:41.42	2:17.23
			2:53.52	3:29.53	4:05.81	4:41.47
			5:17.35	5:52.78	6:27.92	7:02.82
			7:37.95	8:12.99	8:29.03	9:22.63
			9:58.11	10:32.82	11:08.11	11:42.79
			12:17.60	12:52.26	13:27.41	14:02.22
			14:37.23	15:11.69	15:46.30	16:20.77
			16:55.86	17:29.05		
5 Duncan, Nathan S	17	NLSA-ND	18:04.09 14			
			31.91	1:07.32	1:43.52	2:19.95
			2:55.26	3:32.27	4:07.30	4:43.85
			5:19.71	5:55.30	6:31.11	7:07.92
			7:44.01	8:21.36	8:58.04	9:35.33
			10:12.60	10:49.78	11:26.84	12:04.26
			12:41.67	13:18.13	13:54.10	14:30.12
			15:06.55	15:43.41	16:19.28	16:55.35
			17:30.41	18:04.09		

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**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Finals Time	
6 Grosz, Zach M	17	AQST-ND	19:01.31	13
			27.78	1:03.53
			1:41.91	2:20.15
			2:58.58	3:36.65
			4:14.93	4:53.39
			5:32.42	6:11.04
			6:50.26	7:30.08
			8:08.51	8:46.61
			9:25.49	10:04.15
			10:43.35	11:21.18
			12:00.10	12:38.85
			13:17.81	13:56.52
			14:36.51	15:13.88
			15:53.72	16:31.88
			17:11.22	17:48.30
			18:22.98	19:01.31

**Men 100 LC Meter Backstroke**

**Meet Record:** 59.70 ! 8/6/2011 Michael E Kline  
 57.59 OPEN Summer US Open  
 59.39 JRS Summer Junior Nats  
 1:03.89 AAA

Meet Qualifying: 57.60 - 1:03.89

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Koch, Camden C	15	NASA-IN	1:01.70	AAA
			29.99	1:01.70
2 Iwerks, Tucker J	16	ASC-SD	1:01.78	AAA
			29.82	1:01.78
3 Jacobson, Daniel M	18	PST-SD	1:03.27	AAA
			30.95	1:03.27
4 Olson, Aaron E	16	AQJT-MN	1:03.34	AAA
			30.63	1:03.34
5 Duncan, Nathan S	17	NLSA-ND	1:04.33	14
			31.29	1:04.33
6 Johnson, Ben D	17	SFX-SD	1:05.98	13
7 Doll, Ethan P	18	NLSA-ND	1:06.41	12
			32.83	1:06.41
8 Bjellum, Connor J	16	NLSA-ND	1:07.64	11
			32.45	1:07.64
<b>B - Final</b>				
9 Bierschbach, William M	15	WASC-SD	1:07.34	9
			32.71	1:07.34
10 Boerema, Alex M	16	SFX-SD	1:09.17	7
			33.89	1:09.17

**Men 100 LC Meter Backstroke**

**Meet Record:** 59.70 ! 8/6/2011 Michael E Kline  
 57.59 OPEN Summer US Open  
 59.39 JRS Summer Junior Nats  
 1:03.89 AAA

Meet Qualifying: 57.60 - 1:03.89

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Iwerks, Tucker J	16	ASC-SD	1:01.36	AAA
			29.58	1:01.36
2 Koch, Camden C	15	NASA-IN	1:02.76	AAA
3 Olson, Aaron E	16	AQJT-MN	1:03.50	AAA
			30.57	1:03.50
4 Jacobson, Daniel M	18	PST-SD	1:03.73	AAA
			31.22	1:03.73

5 Duncan, Nathan S	17	NLSA-ND	1:04.00
			31.49
6 Doll, Ethan P	18	NLSA-ND	1:04.49
			31.79
7 Johnson, Ben D	17	SFX-SD	1:05.94
			32.17
8 Bjellum, Connor J	16	NLSA-ND	1:07.32
			32.53
9 Bierschbach, William M	15	WASC-SD	1:07.64
			33.10
10 Boerema, Alex M	16	SFX-SD	1:09.80
			34.01

**Men 200 LC Meter Backstroke**

**Meet Record:** 2:08.55 ! 8/3/2012 Brennan L Balogh  
 2:04.99 OPEN Summer US Open  
 2:08.19 JRS Summer Junior Nats  
 2:16.49 AAA

Meet Qualifying: 2:05.00 - 2:16.49

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Kastigar, Adam J	19	ASC-SD	2:13.27	AAA
			30.92	1:05.02
			1:39.70	2:13.27
2 Koch, Camden C	15	NASA-IN	2:15.38	AAA
			31.39	1:06.05
			1:41.66	2:15.38
3 Iwerks, Tucker J	16	ASC-SD	2:15.90	AAA
			1:04.43	1:40.01
			1:40.01	2:15.90
4 Jacobson, Daniel M	18	PST-SD	2:18.21	15
			32.13	1:06.43
			1:42.98	2:18.21
5 Doll, Ethan P	18	NLSA-ND	2:20.39	14
			34.11	1:10.45
			1:47.10	2:20.39
6 Duncan, Nathan S	17	NLSA-ND	2:20.67	13
			33.33	1:09.17
			1:46.33	2:20.67
7 Iverson, Isaac E	17	SFX-SD	2:22.97	12
			33.06	1:08.94
			1:45.90	2:22.97
8 Swanson, Jack H	16	AQJT-MN	2:30.50	11
			36.09	1:14.28
			1:52.92	2:30.50
<b>B - Final</b>				
9 Boerema, Alex M	16	SFX-SD	2:25.74	9
			33.73	1:10.54
			1:48.57	2:25.74

**Men 200 LC Meter Backstroke**

**Meet Record:** 2:08.55 ! 8/3/2012 Brennan L Balogh  
 2:04.99 OPEN Summer US Open  
 2:08.19 JRS Summer Junior Nats  
 2:16.49 AAA

Meet Qualifying: 2:05.00 - 2:16.49

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Kastigar, Adam J	19	ASC-SD	2:15.98	AAA
			31.71	1:06.97
			1:42.20	2:15.98
2 Iwerks, Tucker J	16	ASC-SD	2:17.15	
			31.53	1:05.79
			1:42.02	2:17.15
3 Koch, Camden C	15	NASA-IN	2:19.48	
			31.84	1:07.08
			1:45.22	2:19.48

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**Results****Preliminaries ... (Men 200 LC Meter Backstroke)**

Name	Age	Team	Prelim Time
4 Jacobson, Daniel M	18	PST-SD	2:19.66
32.22	1:07.90	1:43.59	2:19.66
5 Iverson, Isaac E	17	SFX-SD	2:25.76
33.24	1:09.70	1:47.70	2:25.76
6 Duncan, Nathan S	17	NLSA-ND	2:26.57
32.03	1:10.97	2:26.57	
7 Doll, Ethan P	18	NLSA-ND	2:30.26
35.76	1:13.54	1:51.60	2:30.26
8 Swanson, Jack H	16	AQJT-MN	2:31.71
35.91	1:15.11	1:53.30	2:31.71
9 Boerema, Alex M	16	SFX-SD	2:31.92
35.76	1:14.04	1:53.81	2:31.92

**Men 100 LC Meter Breaststroke**

**Meet Record: 1:04.68 ! 8/6/2010 Ronald L Hehn**  
**1:04.69 OPEN Summer US Open**  
**1:06.69 JRS Summer Junior Nats**  
**1:12.29 AAA**

**Meet Qualifying: 1:04.70 - 1:12.29**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Donnelly, Sean G	16	WEST-MN	1:09.27 AAA
32.30	1:09.27		
2 Rumrill, Wyatt M	15	PST-SD	1:09.33 AAA
32.40	1:09.33		
3 Sether, Loren B	16	AQST-ND	1:09.78 AAA
33.40	1:09.78		
4 Gaumer, Peyton R	16	DMSF-IA	1:10.33 AAA
32.54	1:10.33		
5 Logan, Andrew L	17	GCAT-IN	1:12.13 AAA
33.78	1:12.13		
6 Needham, Zachary D	16	SFX-SD	1:14.94 13
34.35	1:14.94		
7 Anderson, Beau A	17	NLSA-ND	1:15.94 12
35.95	1:15.94		
8 Alme, Kyler J	15	AQST-ND	1:16.97 11
36.37	1:16.97		
<b>B - Final</b>			
9 Rumrill, Christopher L	17	PST-SD	1:15.43 9
34.47	1:15.43		
10 Olson, Aaron E	16	AQJT-MN	1:18.59 7
37.03	1:18.59		

**Men 100 LC Meter Breaststroke**

**Meet Record: 1:04.68 ! 8/6/2010 Ronald L Hehn**  
**1:04.69 OPEN Summer US Open**  
**1:06.69 JRS Summer Junior Nats**  
**1:12.29 AAA**

**Meet Qualifying: 1:04.70 - 1:12.29**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Donnelly, Sean G	16	WEST-MN	1:10.63 AAA
32.88	1:10.63		

2 Rumrill, Wyatt M	15	PST-SD	1:11.49 AAA
33.86	1:11.49		
3 Gaumer, Peyton R	16	DMSF-IA	1:11.64 AAA
34.09	1:11.64		
4 Sether, Loren B	16	AQST-ND	1:11.78 AAA
33.79	1:11.78		
5 Logan, Andrew L	17	GCAT-IN	1:13.05
33.78	1:13.05		
6 Anderson, Beau A	17	NLSA-ND	1:15.87
35.15	1:15.87		
7 Needham, Zachary D	16	SFX-SD	1:16.69
35.94	1:16.69		
8 Alme, Kyler J	15	AQST-ND	1:17.16
35.39	1:17.16		
9 Rumrill, Christopher L	17	PST-SD	1:18.20
36.85	1:18.20		
10 Olson, Aaron E	16	AQJT-MN	1:19.21
36.79	1:19.21		

**Men 200 LC Meter Breaststroke**

**Meet Record: 2:25.85 ! 8/5/2010 Ronald L Hehn**  
**2:20.79 OPEN Summer US Open**  
**2:24.49 JRS Summer Junior Nats**  
**2:35.79 AAA**

**Meet Qualifying: 2:20.80 - 2:35.79**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Kastigar, Adam J	19	ASC-SD	2:30.84 AAA
33.33	1:12.47	1:51.87	2:30.84
2 Rumrill, Wyatt M	15	PST-SD	2:31.68 AAA
34.35	1:12.97	1:52.43	2:31.68
3 Gaumer, Peyton R	16	DMSF-IA	2:33.36 AAA
33.60	1:12.33	1:52.67	2:33.36
4 Sether, Loren B	16	AQST-ND	2:34.94 AAA
34.60	1:14.21	1:54.30	2:34.94
5 Logan, Andrew L	17	GCAT-IN	2:37.32 14
34.91	1:14.33	1:55.75	2:37.32
6 Donnelly, Sean G	16	WEST-MN	2:39.33 13
34.92	1:16.06	2:39.33	
7 Anderson, Beau A	17	NLSA-ND	2:42.88 12
38.67	1:19.72	2:01.10	2:42.88
8 Mouritsen, Callen S	17	UN-01-MN	2:50.52 11
38.63	1:21.03	2:05.08	2:50.52
<b>B - Final</b>			
9 Alme, Kyler J	15	AQST-ND	2:48.57 9
37.69	1:21.03	2:05.96	2:48.57
10 Olson, Aaron E	16	AQJT-MN	2:52.61 7
39.17	1:22.86	2:07.78	2:52.61
11 Needham, Zachary D	16	SFX-SD	2:53.97 6
39.38	1:23.81	2:09.98	2:53.97
12 Swanson, Jack H	16	AQJT-MN	2:56.04 5
39.65	1:25.47	2:10.75	2:56.04
13 Teunissen, Austin P	17	AQST-ND	2:57.30 4
40.71	1:26.77	2:11.77	2:57.30

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**Results****Men 200 LC Meter Breaststroke**

**Meet Record: 2:25.85 ! 8/5/2010 Ronald L Hehn**  
**2:20.79 OPEN Summer US Open**  
**2:24.49 JRS Summer Junior Nats**  
**2:35.79 AAA**

**Meet Qualifying: 2:20.80 - 2:35.79**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Sether, Dylan L	18	AQST-ND	2:31.21	AAA
	33.90	1:12.12	1:51.85	2:31.21
2 Gaumer, Peyton R	16	DMSF-IA	2:35.80	
	34.05	1:54.32	2:35.80	
3 Rumrill, Wyatt M	15	PST-SD	2:35.96	
	35.17	1:15.03	1:55.58	2:35.96
4 Kastigar, Adam J	19	ASC-SD	2:38.30	
	35.84	1:16.22	1:57.48	2:38.30
5 Logan, Andrew L	17	GCAI-IN	2:40.14	
	35.59	1:16.04	1:58.68	2:40.14
6 Sether, Loren B	16	AQST-ND	2:41.16	
	35.39	1:16.99	1:58.56	2:41.16
7 Anderson, Beau A	17	NLSA-ND	2:43.95	
	37.71	1:19.09	2:01.69	2:43.95
8 Donnelly, Sean G	16	WEST-MN	2:50.12	
	36.97	1:22.18	2:08.73	2:50.12
9 Mouritsen, Callen S	17	UN-01-MN	2:51.57	
	38.41	1:21.55	2:05.93	2:51.57
10 Alme, Kyler J	15	AQST-ND	2:53.03	
	39.19	1:23.00	2:08.61	2:53.03
11 Olson, Aaron E	16	AQJT-MN	2:53.96	
	38.46	1:22.75	2:08.54	2:53.96
12 Swanson, Jack H	16	AQJT-MN	2:55.74	
	39.00	1:24.03	2:09.38	2:55.74
13 Needham, Zachary D	16	SFX-SD	3:00.02	
	37.82	1:23.55	2:11.04	3:00.02
14 Teunissen, Austin P	17	AQST-ND	3:02.20	
	41.14	1:27.36	2:15.31	3:02.20

**Men 100 LC Meter Butterfly**

**Meet Record: 56.66 ! 8/5/2011 Sandy T Whitaker**  
**55.29 OPEN Summer US Open**  
**57.09 JRS Summer Junior Nats**  
**1:01.49 AAA**

**Meet Qualifying: 55.30 - 1:01.49**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Olson, Aaron E	16	AQJT-MN	1:00.74	AAA
	28.89	1:00.74		
2 Doll, Ethan P	18	NLSA-ND	1:01.78	17
	29.01	1:01.78		
3 Rumrill, Christopher L	17	PST-SD	1:01.95	16
	28.74	1:01.95		
4 Johnson, Ben D	17	SFX-SD	1:02.21	15
5 Duncan, Nathan S	17	NLSA-ND	1:02.72	14
	29.60	1:02.72		
6 Swanson, Jack H	16	AQJT-MN	1:03.99	13
	29.97	1:03.99		

7 Koch, Camden C	15	NASA-IN	1:04.48	12
	30.68	1:04.48		
8 Anton, Chris P	15	IFLY-IA	1:05.01	11
	30.37	1:05.01		

**B - Final**

9 Bjellum, Connor J	16	NLSA-ND	1:02.84	9
	29.00	1:02.84		
10 Rumrill, Wyatt M	15	PST-SD	1:04.68	7
	29.70	1:04.68		
11 Mohr, Ryan P	15	WEST-MN	1:08.80	6
	31.23	1:08.80		
12 Grosz, Zach M	17	AQST-ND	1:10.03	5
13 Anderson, Beau A	17	NLSA-ND	1:11.88	4
	33.85	1:11.88		

**Men 100 LC Meter Butterfly**

**Meet Record: 56.66 ! 8/5/2011 Sandy T Whitaker**  
**55.29 OPEN Summer US Open**  
**57.09 JRS Summer Junior Nats**  
**1:01.49 AAA**

**Meet Qualifying: 55.30 - 1:01.49**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Olson, Aaron E	16	AQJT-MN	1:00.98	AAA
	28.49	1:00.98		
2 Doll, Ethan P	18	NLSA-ND	1:02.56	
	24.62	1:02.56		
3 Johnson, Ben D	17	SFX-SD	1:02.94	
	28.75	1:02.94		
4 Rumrill, Christopher L	17	PST-SD	1:03.26	
	29.05	1:03.26		
5 Duncan, Nathan S	17	NLSA-ND	1:04.00	
	30.64	1:04.00		
6 Anton, Chris P	15	IFLY-IA	1:04.11	
	29.53	1:04.11		
7 Swanson, Jack H	16	AQJT-MN	1:04.41	
	30.23	1:04.41		
8 Koch, Camden C	15	NASA-IN	1:04.87	
	30.77	1:04.87		
9 Rumrill, Wyatt M	15	PST-SD	1:05.66	
	30.17	1:05.66		
10 Teunissen, Austin P	17	AQST-ND	1:05.76	
	30.96	1:05.76		
11 Sether, Loren B	16	AQST-ND	1:06.29	
	30.73	1:06.29		
12 Bjellum, Connor J	16	NLSA-ND	1:06.35	
	31.55	1:06.35		
13 Grosz, Zach M	17	AQST-ND	1:06.64	
	30.28	1:06.64		
14 Mohr, Ryan P	15	WEST-MN	1:09.11	
15 Anderson, Beau A	17	NLSA-ND	1:13.94	
	34.98	1:13.94		
16 Alme, Kyler J	15	AQST-ND	1:18.12	
	34.40	1:18.12		

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****Men 200 LC Meter Butterfly**

**Meet Record: 2:07.51 ! 8/6/2011 Jack M Poletto**  
**2:03.99 OPEN Summer US Open**  
**2:06.29 JRS Summer Junior Nats**  
**2:16.69 AAA**

**Meet Qualifying: 2:04.00 - 2:16.69**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Kastigar, Adam J	19	ASC-SD	2:13.57	AAA
	29.19	1:03.32	1:38.63	2:13.57
2 Anton, Chris P	15	IFLY-IA	2:16.51	AAA
	30.14	1:04.93	1:41.43	2:16.51
3 Doll, Ethan P	18	NLSA-ND	2:16.81	16
	30.27	1:04.69	1:40.21	2:16.81
4 Bjellum, Connor J	16	NLSA-ND	2:24.83	15
	31.57	1:08.33	1:47.78	2:24.83
5 Sether, Loren B	16	AQST-ND	2:25.19	14
	30.43	1:06.37	1:44.35	2:25.19
6 Anderson, Beau A	17	NLSA-ND	2:48.15	13
	36.66	1:19.24	2:03.76	2:48.15

**Men 200 LC Meter Butterfly**

**Meet Record: 2:07.51 ! 8/6/2011 Jack M Poletto**  
**2:03.99 OPEN Summer US Open**  
**2:06.29 JRS Summer Junior Nats**  
**2:16.69 AAA**

**Meet Qualifying: 2:04.00 - 2:16.69**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Anton, Chris P	15	IFLY-IA	2:21.20	
	30.83	1:06.85	1:44.80	2:21.20
2 Kastigar, Adam J	19	ASC-SD	2:21.89	
	31.21	1:07.34	1:46.42	2:21.89
3 Doll, Ethan P	18	NLSA-ND	2:40.62	
	35.18	1:16.45	1:59.42	2:40.62
4 Bjellum, Connor J	16	NLSA-ND	2:45.14	
	35.20	1:17.49	2:01.64	2:45.14
5 Sether, Loren B	16	AQST-ND	3:04.21	
	38.49	1:24.17	2:13.78	3:04.21
6 Anderson, Beau A	17	NLSA-ND	3:08.45	
	42.75	1:29.28	2:19.38	3:08.45

**Men 200 LC Meter IM**

**Meet Record: 2:09.53 ! 8/3/2012 Jacob C Miller**  
**2:06.59 OPEN Summer US Open**  
**2:09.49 JRS Summer Junior Nats**  
**2:20.09 AAA**

**Meet Qualifying: 2:06.60 - 2:20.09**

Name	Age	Team	Finals Time	
<b>A - Final</b>				
1 Kastigar, Adam J	19	ASC-SD	2:09.88	AAA
	27.64	1:02.29	1:39.87	2:09.88
2 Iwerks, Tucker J	16	ASC-SD	2:17.27	AAA
	28.53	1:02.96	1:41.22	2:17.27
3 Gaumer, Peyton R	16	DMSF-IA	2:17.82	AAA
	28.50	1:05.35	1:45.27	2:17.82

4 Doll, Ethan P	18	NLSA-ND	2:18.60	AAA
	29.95	1:06.17	1:48.21	2:18.60
5 Jacobson, Daniel M	18	PST-SD	2:20.55	14
	29.14	1:05.04	1:47.54	2:20.55
6 Koch, Camden C	15	NASA-IN	2:21.17	13
	30.88	1:07.34	1:48.89	2:21.17
7 Olson, Aaron E	16	AQJT-MN	2:21.85	12
	28.45	1:03.75	1:49.11	2:21.85
8 Brock, Alex L	17	NLSA-ND	2:22.80	11
	30.95	1:08.38	1:50.65	2:22.80
<b>B - Final</b>				
9 Rumrill, Wyatt M	15	PST-SD	2:24.02	9
	30.29		1:50.30	2:24.02
10 Bjellum, Connor J	16	NLSA-ND	2:24.80	7
	29.87	1:08.51	1:53.46	2:24.80
11 Swanson, Jack H	16	AQJT-MN	2:26.13	6
	30.51	1:09.42	1:54.78	2:26.13
12 Boerema, Alex M	16	SFX-SD	2:26.46	5
	32.15	1:09.24	1:53.65	2:26.46
13 Anderson, Beau A	17	NLSA-ND	2:30.90	4
	34.20	1:13.97	1:55.70	2:30.90
14 Teunissen, Austin P	17	AQST-ND	2:31.18	3
	31.78	1:12.58	1:58.82	2:31.18
15 Alme, Kyler J	15	AQST-ND	2:37.60	2
	34.88	1:17.31	2:01.49	2:37.60

**Men 200 LC Meter IM**

**Meet Record: 2:09.53 ! 8/3/2012 Jacob C Miller**  
**2:06.59 OPEN Summer US Open**  
**2:09.49 JRS Summer Junior Nats**  
**2:20.09 AAA**

**Meet Qualifying: 2:06.60 - 2:20.09**

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Kastigar, Adam J	19	ASC-SD	2:13.50	AAA
	28.18	1:03.11	1:42.02	2:13.50
2 Iwerks, Tucker J	16	ASC-SD	2:18.36	AAA
	28.32	1:02.40	1:45.11	2:18.36
3 Donnelly, Sean G	16	WEST-MN	2:19.79	AAA
		1:07.77	1:48.82	2:19.79
4 Gaumer, Peyton R	16	DMSF-IA	2:19.99	AAA
	29.58	1:06.21	1:47.41	2:19.99
5 Koch, Camden C	15	NASA-IN	2:20.17	
	31.55	1:04.99	1:47.43	2:20.17
6 Brock, Alex L	17	NLSA-ND	2:22.44	
	31.99	1:08.37	1:51.01	2:22.44
7 Doll, Ethan P	18	NLSA-ND	2:22.72	
	30.53	1:07.57	1:48.23	2:22.72
8 Jacobson, Daniel M	18	PST-SD	2:23.40	
		1:06.57	1:50.72	2:23.40
9 Olson, Aaron E	16	AQJT-MN	2:23.89	
	28.27	1:03.60	1:49.70	2:23.89
10 Swanson, Jack H	16	AQJT-MN	2:25.75	
	30.28	1:09.42	1:53.73	2:25.75
11 Rumrill, Wyatt M	15	PST-SD	2:26.14	
	31.15	1:10.92	1:52.26	2:26.14

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****Preliminaries ... (Men 200 LC Meter IM)**

Name	Age	Team	Prelim Time
12 Grosz, Zach M	17	AQST-ND	2:28.98
30.36	1:09.56	1:56.12	2:28.98
13 Bjellum, Connor J	16	NLSA-ND	2:29.08
31.11	1:09.93	1:56.59	2:29.08
14 Boerema, Alex M	16	SFX-SD	2:29.72
32.84	1:10.17	1:55.71	2:29.72
15 Teunissen, Austin P	17	AQST-ND	2:30.44
30.86	1:11.49	1:57.53	2:30.44
16 Anderson, Beau A	17	NLSA-ND	2:33.26
33.78	1:15.52	1:58.05	2:33.26
17 Alme, Kyler J	15	AQST-ND	2:38.23
33.78	1:17.34	2:02.10	2:38.23

**Men 400 LC Meter IM**

**Meet Record: 4:36.37 ! 8/3/2012 Brennan L Balogh**  
**4:30.49 OPEN Summer US Open**  
**4:35.49 JRS Summer Junior Nats**  
**4:57.49 AAA**

**Meet Qualifying: 4:30.50 - 4:57.49**

Name	Age	Team	Finals Time
<b>A - Final</b>			
1 Kastigar, Adam J	19	ASC-SD	4:36.58 AAA
27.59	1:00.37	1:37.02	2:13.42
2:53.11	3:33.87	4:05.55	4:36.58
2 Doll, Ethan P	18	NLSA-ND	4:54.67 AAA
30.31	1:05.62	1:44.54	2:22.36
3:05.46	3:49.24	4:23.31	4:54.67
3 Koch, Camden C	15	NASA-IN	4:54.74 AAA
30.91		45.56	2:20.58
3:03.27	3:46.66	4:21.96	4:54.74
4 Gaumer, Peyton R	16	DMSF-IA	4:56.59 AAA
29.82	1:05.15	1:44.71	2:23.22
3:47.47		4:23.05	4:56.59
5 Iwerks, Tucker J	16	ASC-SD	4:57.70 14
28.49	1:02.56	1:39.26	2:15.70
3:00.03	3:46.27	4:22.23	4:57.70
6 Brock, Alex L	17	NLSA-ND	5:02.10 13
31.18	1:07.98	1:46.79	2:23.90
3:08.60	3:54.59	4:28.86	5:02.10
7 Teunissen, Austin P	17	AQST-ND	5:17.92 12
32.51	1:09.98	1:53.28	2:35.11
3:22.02	4:09.05	4:44.53	5:17.92

**Men 400 LC Meter IM**

**Meet Record: 4:36.37 ! 8/3/2012 Brennan L Balogh**  
**4:30.49 OPEN Summer US Open**  
**4:35.49 JRS Summer Junior Nats**  
**4:57.49 AAA**

**Meet Qualifying: 4:30.50 - 4:57.49**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Kastigar, Adam J	19	ASC-SD	4:43.60 AAA
29.59	1:02.26	1:39.59	2:15.99
	3:38.24	4:12.08	4:43.60

2 Iwerks, Tucker J	16	ASC-SD	5:02.53
28.93	1:04.69	1:42.34	2:19.78
3:04.01	3:50.61	4:26.78	5:02.53
3 Koch, Camden C	15	NASA-IN	5:07.92
31.36	1:08.36	1:46.95	2:25.08
3:09.64	3:55.76	4:33.91	5:07.92
4 Brock, Alex L	17	NLSA-ND	5:09.15
32.96	1:09.99	1:51.51	2:30.73
3:15.72	3:59.96	4:35.65	5:09.15
5 Doll, Ethan P	18	NLSA-ND	5:18.39
33.30	1:09.96	1:52.53	2:31.03
3:18.67	4:06.99	4:44.44	5:18.39
6 Gaumer, Peyton R	16	DMSF-IA	5:22.24
31.40	1:08.92	1:52.75	2:36.31
3:18.29	4:02.98	4:42.59	5:22.24
7 Teunissen, Austin P	17	AQST-ND	5:23.07
32.93	1:11.23	1:55.35	2:37.20
3:25.62	4:12.92	4:48.80	5:23.07

**Men 400 LC Meter Freestyle Relay****Meet Record: 3:35.08 ! 8/5/2011 Minnesota Aquatics****D Brebrick, L Formosa, B Griggs, S Whitaker**

Team	Relay	Finals Time
1 NLSA-ND	A	3:46.11 40
1) Brock, Alex L 17	2) Bjellum, Connor J 16	
3) Doll, Ethan P 18	4) Duncan, Nathan S 17	
27.25	55.79	1:23.07
2:20.36	2:49.57	3:17.09
2 PST-SD	A	3:50.18 34
1) Jacobson, Daniel M 18	2) Christensen, Weston E 18	
3) Rumrill, Wyatt M 15	4) Rumrill, Christopher L 17	
27.26	56.75	1:24.45
2:23.27	2:54.41	3:20.99
3 SFX-SD	A	3:52.83 32
1) Iverson, Isaac E 17	2) Boerema, Alex M 16	
3) Needham, Zachary D 16	4) Johnson, Ben D 17	
27.28	57.26	1:25.11
2:23.60	2:55.81	3:22.46
4 AQST-ND	A	3:56.46 30
1) Grosz, Zach M 17	2) Alme, Kyler J 15	
3) Teunissen, Austin P 17	4) Sether, Loren B 16	
27.29	57.21	1:26.44
2:28.34	2:59.74	3:26.66

**Men 800 LC Meter Freestyle Relay****Meet Record: 8:04.95 ! 8/6/2011 Kansas City Blazers****J Musser, M Martin, B Koeller, S Liu**

Team	Relay	Finals Time
1 NLSA-ND	A	8:23.78 40
1) Brock, Alex L 17	2) Bjellum, Connor J 16	
3) Doll, Ethan P 18	4) Duncan, Nathan S 17	
27.88	58.15	1:29.98
2:30.47	3:02.35	3:35.93
4:37.55	5:09.86	5:43.52
6:44.86	7:16.90	7:50.86
		2:01.59
		4:07.65
		6:15.35
		8:23.78

**2013 ND Central States Senior Championship - 8/2/2013 to 8/4/2013**  
**Bismarck ND BSC Aquatic Center - 50 m, Sanction #: ND-2013; ND-2014**

**Results****(Men 800 LC Meter Freestyle Relay)**

Team	Relay	Finals Time	
2 PST-SD	A	8:36.79	34
1) Christensen, Weston E 18	2) Rumrill, Wyatt M 15		
3) Rumrill, Christopher L 17	4) Jacobson, Daniel M 18		
28.91	1:00.55	1:33.97	2:06.43
2:35.64	3:08.84	3:43.95	4:18.17
4:46.56	5:18.95	5:53.95	6:27.95
6:56.85	7:29.30	8:03.31	8:36.79
3 SFX-SD	A	9:06.26	32
1) Johnson, Ben D 17	2) Boerema, Alex M 16		
3) Needham, Zachary D 16	4) Iverson, Isaac E 17		
29.71	1:02.96	1:39.13	2:14.36
2:44.17	3:19.01	3:55.59	4:31.60
5:02.65	5:38.72	6:17.24	7:01.78
7:23.64	7:56.74	8:31.77	9:06.26

**Men 400 LC Meter Medley Relay**

**Meet Record: 4:02.53 ! 8/7/2011 Minnesota Aquatics**

**L Formosa, A Knaak, S Whitaker, D Brebrick**

Team	Relay	Finals Time	
1 PST-SD	A	4:11.71	40
1) Jacobson, Daniel M 18	2) Rumrill, Wyatt M 15		
3) Rumrill, Christopher L 17	4) Christensen, Weston E 18		
	1:04.25	1:35.23	2:13.30
2:41.53	3:14.44	3:41.57	4:11.71
2 NLSA-ND	A	4:16.93	34
1) Duncan, Nathan S 17	2) Anderson, Beau A 17		
3) Doll, Ethan P 18	4) Brock, Alex L 17		
31.49	1:03.56	1:38.12	2:17.87
2:46.66	3:20.37	3:47.13	4:16.93
3 SFX-SD	A	4:28.56	32
1) Johnson, Ben D 17	2) Needham, Zachary D 16		
3) Boerema, Alex M 16	4) Iverson, Isaac E 17		
32.69	1:07.07	1:42.56	2:24.88
2:55.28	3:31.31	3:58.33	4:28.56

**Combined Team Scores**

Combined Team Scores - Through Event 34	
1. Northern Lights Swimming Assoc	689
2. AquaStorm	415
3. Pierre Swim Team	315
4. Aberdeen Swim Club	273.5
5. Sioux Falls Snowfox	240
6. Mitchell Aquatic Club	180
7. Aquajets Swim Team	163
8. Concord Swim Club	120
9. West Fargo Swim Club	113
10. Fargo-Moorhead YMCA Swim Team	110
11. West Express Swim Team	98
12. Northridge Area Swimming Assoc	78
13. Greenfield Community Aquatic T	71.5
14. Minot YMCA Swim Club	67
15. Des Moines Swimming Federation	62
16. Razorback Aquatic Club Aquahaw	59
17. Unattached Ask	58
18. Dickinson Dolphin Swim Team	56

18. Sioux Falls Seals	56
20. Unattached	55
21. Unattached	48
22. Team Foxjet	46
23. Unattached	43
24. Iowa Flyers Swim Club	41
25. Watertown Area Swim Club	35
26. Hutchinson Swim Club	21

**Scores - Women**

Women - Team Rankings - Through Event 34	
1. AquaStorm	194
2. Mitchell Aquatic Club	180
3. Northern Lights Swimming Assoc	163
4. Concord Swim Club	120
5. West Fargo Swim Club	113
6. Fargo-Moorhead YMCA Swim Team	110
7. Minot YMCA Swim Club	67
8. Razorback Aquatic Club Aquahaw	59
9. Unattached Ask	58
10. Sioux Falls Seals	56
10. Dickinson Dolphin Swim Team	56
12. Unattached	55
13. Team Foxjet	46
14. Unattached	43
15. Hutchinson Swim Club	21

**Scores - Men**

Men - Team Rankings - Through Event 34	
1. Northern Lights Swimming Assoc	526
2. Pierre Swim Team	315
3. Aberdeen Swim Club	273.5
4. Sioux Falls Snowfox	240
5. AquaStorm	221
6. Aquajets Swim Team	163
7. West Express Swim Team	98
8. Northridge Area Swimming Assoc	78
9. Greenfield Community Aquatic T	71.5
10. Des Moines Swimming Federation	62
11. Unattached	48
12. Iowa Flyers Swim Club	41
13. Watertown Area Swim Club	35