

Clovis Swim Club Senior Group Standards

1. Athletes should have achieved three (3) 13 – 14 “A” Times.
2. Athletes should be able to do one of the following training sets:
 - a. 10 x 100 FR SCY @ 1:20
 - b. 10 x 100 IM SCY @ 1:30
3. Athletes must attend a minimum of 5 practices per week.
 - a. Morning practices are supplemental.
4. A positive respectful work ethic is required at all times.
5. Other Sports and Swimming
 - a. Senior group athletes may participate in one other HS sport during the HS Season of Sport. However, Athletes are expected to work with their coaches to continue training while they participate in the other sport.
 - b. Swimming is expected to be their first athletic priority.
6. Qualified athletes must stay in the Senior Group through February 26 and participate in the Juanita Allington Senior Championship. Anyone wishing to swim HS only after February 26 will be exempt from the Quarter Dues requirement.

Notes:

- Any violation of the Clovis Swim Club Athlete Code of Conduct or CUSD Travel Code of Conduct may be cause for removal from the Senior Group.
- Athletes that meet some, but not all of the criteria may be invited to participate in the Senior Group if the coaching staff believes that it is developmentally appropriate and in the athlete’s best interest.