

Phase 2
Return to Pool



Waiver – Distributed via Permission Click

Must be signed prior to returning to the pool

- *As the parent/guardian of the above-named child and on behalf of myself and my child, agents, heirs, and successors, I voluntarily agree to: (1) assume all risks of injury, illness, or death to my child arising out of or resulting from my child's participation in and/or attendance at the above-stated program or activity, such risks to include but are not limited to, injury, illness, or death due to being exposed to or infected by contagious diseases, including COVID-19; (2) waive and release all claims, causes of actions, actions, liabilities, and costs against the Clovis Unified School District (District) and its governing board and members thereof, officers, employees, agents, and volunteers (collectively District Personnel) and hold harmless the District and District Personnel from any claims, causes of actions, actions, liabilities, and costs that may arise out of or result from my child's participation in or attendance at such program or activity; and*
- *(3) assume all obligations for any medical, financial, and other costs and/or liabilities that be sustained or incurred by my child, myself, or my agents, heirs, and/or successors. The District assumes no responsibility and shall not be liable for any injury, illness, death, liabilities, damages, or costs that my child, myself, my agents, heirs, and/or successors may sustain or incur arising out of or resulting from the aforementioned program or activity.*
- *In accordance with CIF bylaw 207, any athlete who transfers from School "A" to School "B" after having prior contact, during the previous 24 months, either directly or indirectly with school "B" prior to enrollment shall not be eligible at School "B" for 365 days from initial date of enrollment. This includes this camp, clinic, AAU, club team, and/or workouts.*
- Parent/Guardian Signature:
- *Date:*
- **Every participant must have a signed form turned in prior to participating in any activity.**

Pre-workout screening

- **Pre- workout Screening:**
- All coaches and participants will do a self-assessment for signs/symptoms of COVID-19 prior to reporting to the activity each day. The coach will confirm that the participant has done their self-assessment and document on the attendance roster on a daily basis. Rosters should be stored so that there is a record of everyone present in case a student develops COVID-19.
- Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional.
- Vulnerable individuals should not oversee or participate in any workouts.
- Camps/clinics- In addition to the camp application, the participant must bring a standard form stating that they haven't been exposed to anyone with COVID 19, that they haven't had any symptoms for the past 14 days and they haven't traveled to a country on the CDC No-Travel list. Legal will need to draft something up that everyone will use. Summer activities are all camps/clinics and run through Sports and Rec; therefore, will need this form.

Screening Tool

Any participant, coach or instructor that is involved any camps, practices, workouts, trainings are required to “self-certify” by answering the questions below prior to attending their activity:

Questions	Answer	Action
1. Feeling fever, body aches, or chills?	YES or NO	If yes → go or stay home
2. Respiratory symptoms? (Shortness of breath, or persistent cough, or runny nose)	YES or NO	If yes → go or stay home

If a participant, coach or instructor has **no fever and respiratory symptoms**, they can attend the activity AFTER washing their hands and they will need to follow social distancing, frequent hand hygiene and follow all of the CUSD guidelines.

Masking with cloth mask is recommended to and from the activity for participants.

Reminder: Cloth masks are not as effective as physical distancing (6 feet apart).

Answered YES to BOTH Questions 1 AND 2:

Participant/Coach/Instructor needs to stay home and self-isolate until he/she is asymptomatic for three (3) days without the use of any medications, and it has been at least 7 days since the first day of their symptoms.

Answered YES to ONLY Question 2: If symptoms are secondary to underlying disease (such as allergies or asthma) and not worsened compared to baseline, then participant/coach/instructor can report to the activity. If symptoms in Question 2 are NEW, employee needs to follow the same instructions as noted if both Questions 1 AND 2 are YES.

Limitations on Gatherings

- Two swimmers per lane- Depending on the facility this may exceed the 10-student capacity. Only 10 swimmers can be out on deck at one time and must practice social distancing. Coaches will need to monitor and schedule participants so that they adhere to the deck capacity.
- Locker rooms should not be utilized. Students should report to workouts in proper gear and immediately return home to shower at the end of the workout.
- No families or spectators will be permitted. The transitions of students being dropped off, getting to the activity, and then being picked up from the activity should be closely monitored.

Physical Activity and Athletic Equipment:

- There should be no shared athletic equipment (towels, clothing, shoes, or sports specific equipment) between students.
- Students should wear their own appropriate workout clothing (do not share clothing) individual clothing/towels should be washed and cleaned after every workout. *Per USA Swimming, swimsuit should be worn to and from practice.*
- Personal equipment only
- We will continue virtual dryland

Hydration

- All students shall bring their own water bottle. Water bottles must not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) should not be utilized.

Additional Items

- Must leave the facility when done. There will be no hanging out in the parking lot or outside of the facility.
- No spectators of any type- This goes for parents, siblings, etc
- No high fives, no handshakes, no spitting
- Coaches and swimmers wear to and from the activity and they can take it off during the activity.
- No more than 10 students per pod in one particular area for entry and pickup
- When feasible, swimmers will be in the same lane with the same partner every day. Swimmers will start from opposite ends.