

We are **ALL BACK IN THE WATER ON MONDAY, JUNE 22!** Here are the ground rules for return to the pool. Please understand that safety is our greatest concern. There will be some convenience sacrificed for safety in a lot of circumstances, but I'm sure you agree that doing this differently, is far better than not doing it at all!

1. Pods and correlating pod schedules will be communicated. All info for the return to the pool for Clovis Swim Club can be found on this link on the Clovis Swim Club website: <https://www.teamunify.com/team/clov/page/return-to-pool>
 - o All info for summer league will be put on the Summer league website: www.swimclovis.org – the pods and times will be in the “news” section.
2. Remember that all swimmers have been assigned a "pod." Swimmers must arrive outside the entry gate (signified in the maps) and must commit to "social distancing" (6'+) while they wait for the coach to arrive to lead the pod onto the pool deck.
 - o [Clovis East map](#)
 - o [Clovis West map](#)
 - o [Clovis North map](#)
 - o [Alta Sierra map](#)
 - o [Kastner map](#)
3. While pods are waiting in the staging area outside the pool gate, you (coaches) will ask each athlete the following questions:
 1. Are you having any fever, chills, or body aches today (temperatures should be taken at home before leaving for practices)?
 2. Are you having any respiratory issues, like coughing, wheezing, or breathing difficulty?
 - o Answering yes to question 1 or questions 1 and 2 should result in asking that a swimmer be brought home to rest. Answering yes to question 2 will be followed up with a question about the nature of the breathing difficulty. If it is unrelated to what may be a viral illness, the swimmer will be allowed to swim, but should be watched carefully for any other issues that may be related to illness beyond average breathing difficulty.
4. Masks must be worn (by ALL, including coaches) from the vehicle, into the pod staging area, onto the deck, and all the way until right before getting into the water. Masks also must be worn after getting out of the water.
5. Swimmers must be wearing their suit to the pool. Locker rooms are not open for changing. Deck changes are prohibited (as always).
6. Swimmers should plan to use the restroom at home, before and after practice. Restrooms will only be allowed on an EMERGENCY basis only, and only 1 person at a time.

7. NO PARENTS ON DECK! We are only allowed 10 students on deck at a time. We will make sure that our practices remain open and observable to all adults (coaches and staff) in authority positions, to keep in conduct with Safe-Sport guidelines.
8. After being led into the gate, swimmers will put their belongings about 6-10' away from the edge of the pool behind their assigned lane, get ready, and enter right away. The plan is to spend VERY little time on deck. Swimmers are asked to come as ready as possible.
9. Swimmers will be swimming "2 per lane." Coaches will direct the swimmers to their starting side of the pool. They will not encounter their lane mate on the wall, during the practice.
10. After practice is over for each given pod, those swimmers will go straight to their belongings, put on a towel, gather their gear, and leave the pool deck through the exit marked on the map. Parents should be prepared to pick up their swimmer within 5 minutes of the finish of the practice time.
11. There will not be any showers or locker room use for swimmers at any time.
12. Swimmers must wear their masks as soon as they have grabbed their towels and belongings from the deck.
13. Swimmers must continue social distancing in the waiting area to be picked up (6'+).
14. Swimmers will not have access to the drinking fountains on CUSD property. Each swimmer should bring his or her OWN water bottle to practice each day. There will be NO sharing of water bottles.
15. Swimmers will not have access to borrowing site swim equipment. Each swimmer should have his or her practice equipment from home and can only use that equipment. This includes goggles and swim caps, as well.
16. ON FRIDAYS AND SATURDAYS – there is no CUSD custodial staff. If a swimmer uses the bathroom, it is the responsibility of the coaching staff to enter the restroom after the swimmer and use the CUSD issued COVID spray on the toilet and sink surfaces. No need to wipe it down, just spray and go.