

Eastern Hills Aquatic Club

49er Country Club

April 3 - May 26, 2023

April 3 - May 26, 2023

Monday—Thursday

Monday—Thursday

3:00 — 3:45 pm: 4-5's
3:30 — 4:30 pm: 6-8's
4:00 — 5:30 pm: 9-12's
5:00 -7:00 pm: Seniors

4:00 - 4:45 pm: 4-5's
4:00 - 5:00 pm 6-8's
4:30 - 6:00 pm: 9-12's
5:30 - 7:30 pm: Gold 13-18, 11-12*

Friday:

(11-12*- Must have Indv USA State times)

4:00 - 6:00 pm 13-18/Gold/SR

May 30- July -21, 2023

May 30- July -21, 2023

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Eastern Hills Aquatic Club

Monday—Friday

Monday—Friday

7:00—8:30 am 9-12's
8:00—9:30 am 6-8's
9:15—10:15 am 4-6's
Swim Lessons:
Parent/Tot: 10:15- 10:45am
Gator 1 & 2: 10:30 am - 11:00 and 11:00 - 11:30pm
MW & TTH
Adult Aqua Fit: 12:00—1:00 pm TTH

5:30 — 6:30 am: Masters
6:00 — 8:00 am: 13-18 /Senior
7:30 — 9:30 am: 13-18 /Gold, 11-12*
9:00 — 10:30am: 9-12's
10:00 — 11:00 am: 6 & Under's
10:00 — 11:30 pm: 7-8's
11:30 am —1:00 pm: Synchro M/W
MW: 4:00—5:30 pm: 6-12 (option)
MW: 5:00-5:30 and 5:30 – 6:00 pm Gator 1/Gator 2
MWF: 6:00—7:00 pm Aqua Fit
(11-12*- Must have Individual USA State Times)



SOUTH WEST AQUATIC SPORTS:
SWAQUATICSPORTS.COM

49er Country Club – 12000 E Tanque Verde Rd, 85749
Eastern Hills Aquatic Club — 981 N Evelyn Ave, 85710

Phone: 520-488-8996
Email: swaquaticsports@gmail.com
Mailing address: 4184 N Soldier Trail, 85749