

SWIM LESSONS DURING COVID-19

Everything you need to know about attending swim lessons at the International Swim Center

Lessons Offered



The Learn to Swim program at the Santa Clara Swim club is happy to welcome swimmers back to the International Swim Center starting September 1, 2020. In light of COVID-19, we have modified our program to ensure the safety of all swimmers and staff. Due to

Santa Clara County restrictions, coaches are not permitted inside the water with swimmers and must teach all lessons from the pool deck. Each swimmer will have their own lane. Lessons will take place once per week for 45 minutes and will be charged monthly. All lessons will take place in the shallow training pool.

Children's lessons are open to levels Orange and above, including Junior Bells and Bell Fit. We cannot accommodate any beginner levels at this time since we will not have any instructors in the water. All lessons are private lessons with one student per instructor. Tuition is \$200 per month. Semi-private lessons are available for 2 swimmers from the same household at no additional charge. Swimmers will share a lane and will be taught by the same instructor.

Adult lessons are open to all levels, including beginners as long as they are comfortable without an instructor in the water. All lessons will have up to 3 adults per instructor, with each swimmer in their own lane. Tuition is \$150 per month. Semi-private lessons are not available for adults.

COVID-19 Regulations and Safety Procedures



The Santa Clara Swim Club has carefully planned all programming to align with current city, county, and state COVID-19 safety regulations. In line with governmental regulations, the following safety procedures have been implemented:

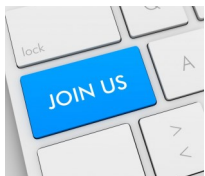
- Face masks are required at all times for anyone entering the facility as well as anyone picking up or dropping off swimmers near the entrance/exit of the facility. Swimmers will remove their masks while they are in the water, and put them back on after their lesson to exit the facility.
- Spectators will NOT be allowed inside the facility. Only the enrolled swimmer is permitted to enter. Parents will drop off swimmers at the entrance and pick them up immediately after class. One parent may assist young children during the check in process, but may not enter the facility for the lesson.
- Social distancing markers have been placed on the sidewalk outside of the front entrance of the International Swim Center. Swimmers will wait on the markers with masks on until they are called to enter the rotunda to go through the check in process.
- At check in, all swimmers and staff will go through a mandatory symptom check. If they answer yes to any of the following questions they will not be permitted entry:
 1. Are you feeling sick today?
 2. Have you experienced any of the following symptoms in the past 14 days:
Fever • Cough • Shortness of breath or difficulty breathing • Chills • Repeated shaking with chills • Headache • Sore throat • New loss of taste or smell.
 3. Have you tested positive for COVID-19 with or without symptoms?

4. Has a member of your household tested positive for COVID-19 with or without symptoms?

Please read the symptom check before coming to class. If you or your swimmer answers yes to any of the questions, do not come to the International Swim Center. Email the Learn to Swim office for information on the next steps.

- In addition to the symptom check questions, all swimmers and staff will have their temperature taken and will sanitize their hands as part of the check in process.
- Changing rooms and showers will NOT be available. All swimmers must arrive in a swimsuit and leave in a swimsuit. Separate restrooms will be available for one person at a time.
- We will not provide any equipment as to avoid sharing surfaces. Swimmers must bring their own goggles and towel. Our curriculum has been modified so that we will not use any shared equipment during our lessons. Swimmers are permitted to bring kick boards or fins from home, but it is not required.
- 6 feet of social distance must be maintained at all times.
- There will be a 15 minute break between each class to allow for staff to sanitize and to limit the number of people in the facility at a time.
- Lifeguards and health/safety monitors will be on the pool deck to ensure that all regulations are being followed.

How to Enroll



Enrollments must be completed online.

[CLICK HERE](#) to see all available lessons and complete your enrollment. Swimmers are required to complete a COVID-19 waiver before attending lessons. [CLICK HERE](#) to complete the waiver. Once your enrollment is completed and your waiver is submitted, you may start attending from the next lesson (starting September 1st).

If you would like to sign up for a semi-private lesson, please enroll one student into a private lesson and then contact the swim school office to add the second student to the roll sheet. This option is only available to children who are members of the same household.

Questions?



Although the Learn to Swim office is not open to the public at this time, our staff will be monitoring phone calls and emails. Please do not hesitate to contact us with any questions or concerns.

Email is the quickest way to reach us. Contact us at the emails below:

Learn to Swim Manager Liz Ratliff: lratliff@santaclaraswimclub.org

Program Administrator Pamela Espinoza: pamelab@santaclaraswimclub.org

