



# COVID-19 ROAD MAP

Winter 2020-2021

Rec Programming

## Core Requirements

**Social Distancing** Everyone in the facility must always maintain a social distance of at least 6 feet from non-family members when out of the pool. Social distancing parameters are marked with Minnetonka Aquatics decals in seating areas, drop areas and locker rooms.

**Zero Contact** There will be zero contact from person to non-sanitized equipment and minimal, controlled contact with facility surfaces. Facility surfaces are regularly sanitized and disinfected throughout the day. Water fountains are closed.

Participants are taught to safely enter the pool in their pre-designated lane/space with minimal contact to surfaces.

**Program Pods** All participants are assigned to a regular program pod. Pod numbers for each program will never exceed 50% normal capacity.

Program pods cannot intermix when participants are not in motion and need to maintain physical distancing of 6 feet between each other when outside of the water and 9 feet between each other when inside the water.

All participants are contactless (outside of immediate family members), maintaining a distance of at least 6 feet at all times.

**Health Etiquette** All participants and spectators (when allowed) age 5 and older must arrive wearing masks. When in the facility all participants and spectators (when allowed) must properly wear a mask when not swimming. If you are unable to comply with the mask requirements, please reach out to Aimee Sinkler at [aimee.sinkler@minnetonkaschools.org](mailto:aimee.sinkler@minnetonkaschools.org) prior to registration.

Daily temperature checks must be performed prior to entry. Prior to arrival participants and spectators must perform a self-administered health screen. Please see the bottom of this document for how to perform the health screen. Participants and spectators are required to sanitize their hands with provided hand sanitizer station before entering.

Drinking fountains and other public areas will be off limits. Participants arrive in their swim suits with clothing over the top. Locker rooms are not to be used before classes start.

We encourage swimmers to use the bathroom before attending their programs. Bathrooms will be open for emergency usage.



# COVID-19 ROAD MAP

## Winter 2020-2021

### Rec Programming

#### **Spectators**

There will be one spectator allowed in the facility per family for our Learn to Swim, Rec Team, Diving and Open Swim programs. Spectators must arrive in a mask. Spectators must enter the facility at the same time as their swimmers and must undergo a temperature check at the door. Prior to arrival, spectators must perform a self-administered health screen. Please see the bottom of this document for how to perform the health screen. Spectators must follow the same traffic flow as participants and must always remain properly masked in the facility.

During swimmer's programming spectators must properly wear their mask and remain seated in their designated spot

Spectators must leave the facility at the same time as their swimmers.

If you are unable to comply with the mask requirements, please reach out to Aimee Sinkler at [aimee.sinkler@minnetonkaschools.org](mailto:aimee.sinkler@minnetonkaschools.org) prior to registration.

#### **NEW! Parents In Water**

New starting 2/7! In order to run lessons that are safe from a water safety stand point and remain compliant with executive orders a parent or adult is now required to be in the water with swimmers in the following levels: sailor 1, sailor 2, sailor 3, skipper 1 and, skipper 2. In these classes an instructor will be in the water running the class. Parents/adults are needed to ensure water safety and minimal contact between swim instructor and swimmer.

Parents/adults, like instructors, must wear a mask while in the pool. Masks may be removed briefly for in water demonstrations.

Please note we are still only allowing one adult in the facility per swimmer.

#### **Cancellations**

If programs need to cancel for COVID related reasons, families will be notified via email as quickly as possible. Please be sure your email address is correct on your account.

No refunds will be issued for COVID related reasons. Rather, we will issue credits for classes missed due to COVID. This includes self-quarantine and class cancellation due to COVID cases. Documentation may be requested.

## Daily Protocol

#### **Arrival & Entry**

##### **1. Arrival**

Each participant & spectator, ages 5 and up, must arrive in their mask, participants arrive in swimsuits (may be covered with clothing) and a small bag if needed. Locker rooms are not to be used before the start of classes.

##### **2. Dropoff**

Participants will enter through the main aquatic center entrance. The check-in process will start 10 minutes prior to the start of classes. Please wait in your



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## Winter 2020-2021

### Rec Programming

cars until this time. Participants and spectators must be masked when exiting their cars.

**Check ins will continue for five minutes after the start of classes. After this time, doors will be locked, and participants will not be permitted in the facility.**

#### 3. Check-in

Each day, all participants and spectators will be screened with a temperature check. Temperatures will be taken by a Non-Contact Infrared Digital Thermometer by a Minnetonka Aquatic staff member.

Any persons with a 100.4F fever will not be permitted to enter the facility. Prior to arrival, participants and spectators must perform a self-administered health screen. Please see the bottom of this document for how to perform the health screen. Participants and spectators are required to sanitize their hands with provided hand sanitizer station before entering.

#### 4. Entering facility

Exterior doors will remain closed over the winter months.

Each participant will have a designated drop area. These drop areas will be located on benches or bleachers and will be 6 feet apart. Drop areas will also act as a seating area for spectators who arrive with participants. **There will only be one spectator allowed in the facility per family.**

#### 5. Drop areas

Each participant will have a designated drop area. These drop areas will be located on benches or bleachers and will be 6 feet apart. Drop areas will also act as a seating area for spectators who arrive with participants. **There will only be one spectator allowed in the facility per family.**

These areas will be disinfected throughout the day by Minnetonka Aquatic staff. If you wish to additionally clean your drop area before use, please let a staff member know so they can provide you with proper cleaning supplies.

### Safe Swimming

#### 6. Assigned Lane

Each participant will be preassigned a lane. Once the participant arrives on the pool deck, they will be guided to their assigned lane/area.

**Participants must keep facemasks on until they get poolside and place in a closed Ziplock.**

#### 7. Sit-n-Slide Entry

No food allowed. Participants will not be allowed to share anything. Participants will enter the water at their assigned lane with a three-point entry. This means sit down and slide in feet first with one hand guiding you into the pool. No jumping or diving in.



# COVID-19 ROAD MAP

## Winter 2020-2021

## Rec Programming

- 8. Directions** There will be Minnetonka Aquatics Staff on deck to help walk participants through directions. Staff will wear masks and possibly face shields and maintain social distance. Rec team coaches can remove masks
- 9. During Class** Participants must always be mindful of social distancing. Do not make physical contact with others, such as shaking hands or giving a high five.

### Departure

- 10. Class Completion** Immediately upon exiting the pool, participants will put their masks on, return to their drop area and the locker room if they choose.
- 11. Locker Room/Bathroom Usage** Participants must arrive in their suits; locker rooms are only available after completion of programming. There will be designated changing areas in the locker rooms. Family changing stalls, shower stalls and some bathroom stalls are also available for changing areas. Spectators can be in a changing area with only their swimmers. We encourage swimmers over the age of 7 to use locker rooms by themselves to cut down on locker room traffic. Locker rooms will be self-monitored. If all changing areas are occupied, participants must line up outside of the locker room. Participants are limited to five minutes in the locker room.

Showers are not to be used.

We encourage swimmers to use the bathroom before attending their programs. Bathrooms will be open for emergency usage.

**Do no hangout. Do not loiter. Showers are not permitted.**

- 12. Exit Door** At MME, participants will exit through the main entrance.
- At MMW, swimmers will exit the pool area near the on-deck office and through the lobby following the exit arrows.
- Participants will always follow the marked pathway and maintain social distancing. Participants are expected to be picked up directly at the end of their practice times as parents should have waited in their cars.

**Do no hangout. Do not loiter. Showers are not permitted.**

## Cleaning and Disinfecting

- Procedures** Aquatic and custodial staff will be required to go through checklists of cleaning and disinfecting protocols. Aquatic staff will cover and complete this in areas in use during daily use between programming or after use. Custodial staff will not clean the facility between programming during the day but will be present in the buildings for any further needs. Custodial staff will complete their cleaning



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## Winter 2020-2021

### Rec Programming

and disinfecting every night following regular programming. Disinfectant sprays and other materials will be provided by the district for aquatic staff and participants, as necessary.

#### **Aquatic Staff**

- Door Handles in entry way, pool area entrance, and exit
- Bag Drop Areas
- Staging Areas
- Locker Room Bathroom [after use]
  - Toilet
  - Sink
  - Soap Dispenser
  - Door Handle
  - Light Switches
- Pool Ladders
- Balcony Railings
- Whiteboards and Markers

#### **Custodial Staff**

- Lobby [all surfaces]
- Pool Decks
- Offices
- Locker Room Bathroom
- Spectator Stands
- Balcony

## Swift Response to any new COVID-19 Risks or Infections

#### **Priority**

The health of participants, staff and their families must be the top priority. Minnetonka Aquatics will enforce [MDH guidance](#) to stay home whenever sick or exposed.

#### **Screening**

Anyone who fails the daily health screen will not be allowed to enter

#### **Response**

Any positive COVID-19 tests must be reported immediately to staff. Minnetonka Aquatics will notify all participants.

#### **Disruptions**

Participants causing disruptions while swimming or on the premises will be asked to leave with immediate. [No refunds will be given for swimmers who are removed for behavior issues]

- 1<sup>st</sup> offense: removal for the day.
- 2<sup>nd</sup> offense: removal for 1 week.
- 3<sup>rd</sup> offense: removal until all social restrictions are removed.

#### **If Someone Becomes Sick**

- We will contact parents/guardians immediately
- We will isolate immediately
- Contact custodial staff to clean and disinfect entire facility
- Document incident
- It will be reported to the school district and MDH as required
- We will be keeping a running document of dates and reported positive cases



# COVID-19 ROAD MAP

## Winter 2020-2021

### Rec Programming

- If a member of the team is found to have COVID-19, we will notify all members (no names will be given)
- If a member of a pod has COVID-19 – the pod will isolate for 14 days
- If multiple outbreaks occur within a period of time it's likely we will quarantine, postpone, or cancel all aquatic programs until further notice.

#### **Sick Isolation Rules**

- Participants who have been ill with fever, respiratory illness or nausea/vomiting/diarrhea cannot return to programming until the following criteria (MDH) are met (whichever one is longer):
  - 10 days from the start of symptoms
  - 24 hours with no fever (without the use of fever reducing medicine) AND improvement of respiratory symptoms
- Family members and carpool groups of participants who are ill but not exhibiting symptoms cannot return to programming until 14 days after that person was sent home to ensure symptoms do not develop.
- If a staff member working at our program has a lab-confirmed case of COVID-19, we will follow MDH's recommendations regarding closure, which is done on a case-by-case basis. In general, closing recommendations would be between two to five days and a deep cleaning would occur.

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## Self-Administered Health Screen and Procedures

Please answer the following health screen questions each day before you come to programming. The most concerning threat for youth programming is rapid spread within the group. Effective containment depends on early symptom identification, removal from programming (isolation), and strict guidelines regarding return to programs. Please note, this form is for your family's personal use.

If you had ONE of any of the following symptoms in the past 48 hours, please remain at home and do not attend programming. If practical, please consult your health care provider for the need for further evaluation.

- Fever (greater than or equal to 100.4)
- New onset and/or worsening cough
- Difficulty breathing
- New loss of smell
- New loss of taste

If you had TWO of any of the following symptoms in the past 48 hours, please remain at home and do not attend programming. If practical, please consult your health care provider for the need for further evaluation.

- Sore throat
- Diarrhea
- Vomiting
- Nausea
- Muscle pain
- Excessive fatigue
- Chills
- New onset of severe headache



## COVID-19 ROAD MAP

Winter 2020-2021

Rec Programming

- New onset of nasal congestion or runny nose