

Are You Signed Up For a Lifeguard Training Course?

Do you need help preparing for what to expect and how to practice to pass your swim test?

We can help!



Time is on your side!

In **4 days** we will help you improve your swim technique, your swim endurance and practice some skills required to pass the course.

Don't let the pressure of the unknown stop you from being prepared!

Sign up now!

Contact Aquatics Director

Maria Dodaro

mdodaro@sawmillclub.com

Member:

Package:
Four (4) 30-minute
training sessions
\$280

Package:
Four (4) 45-minute
training sessions
\$340

Non-member:

Package:
Four (4) 30-minute
training sessions
\$320

Package:
Four (4) 45-minute
training sessions
\$380



SAW MILL CLUB
LIVE LIFE BETTER