

2012 Mobile County Aquatic League (MCAL)



City Championship Swim Meet

Hosted at:

**Heron Lakes Country Club
(Thursday, July 26, 2012)**

&

**West Mobile Swim Club
(Friday-Saturday, July 27-28, 2012)**

Run by: City of Mobile Swim Association

Head Coaches:

What a GREAT summer season it has been. Thank you for your diligent efforts this year and welcome to the 2012 MCAL Championships.

We are prepared for some great competition this year as we welcome new teams to MCAL. Head Coaches please check in at the hospitality tent to retrieve your meal tickets for your coaches, and get ready for an exciting meet to complete the 2012 summer swim season!

A few other reminders:

1. If you have an issue with scoring, judging, etc., you must contact the meet referee. Do not address the judge or your team will face penalties. Parents with issues should approach the coach and then the coach addresses the issue with the meet referee.
2. Please ensure that all cheers used are appropriate and non-offensive.
3. Please turn in your ballots to the ballot box in the hospitality building.
4. Hospitality is open to all coaches. Your lunch tickets are enclosed in your packet. Please do not let swimmers come into the hospitality room.
5. Please ensure that your teams are in Clerk of Course on time. Special attention should be paid to younger relays to make sure they are all present for their races.
6. Don't forget that MCAL will be enforcing the rule regarding wearing swimwear for teams for which the swimmer is not competing in MCAL.

Most of all, let's have fun! We have had a good summer season and the swimmers and coaches deserve a great meet!

Best of luck to you all!

Tyler Kerns
VP of Swim/ Meet Director

2012 MCAL City Swim Meet Championships

July 26-28, 2012

SCORING:

The first twelve (12) places in each event will be scored as follows:

- INDIVIDUAL : 16-13-12-11-10-9-7-5-4-3-2-1
- RELAY: 32-26-24-22-20-18-14-10-8-6-4-2

FORMAT:

All events are timed finals and the meet will be conducted in three sessions. Sessions will be held at according to the following schedule:

- Session I will be held on Thursday, July 26th for 8 and under swimmers at Heron Lakes Country Club.
- Session II will be held on Friday, July 27th for 9 and over swimmers at West Mobile Swim Club.
- Session III will be held on Saturday, July 28th for 8 and under distance event swimmers and for 9 and over swimmers at West Mobile Swim Club.
- Meet Director: Tyler Kerns/ Meet Referee: TBD

Warm-ups will begin at 8:00 AM CST, and will be divided into three 20-minute periods. There will be a brief coaches meeting with the Head Referee following the warm-up sessions on Thursday and Friday. Competition will begin at 9:20 AM CST.

Session # 1

Location: Heron Lakes Country Club

Address: 3851 Government Blvd., Mobile, Alabama 36693 (251-666-7040)

Session #2 and #3

Location: West Mobile Swim Club

Address: 1355 Snow Road South, Mobile, Al. 36695 (251-634-0384)

FEES:

Teams should have paid an MCAL registration fee for each swimmer that allows entry to the City Championships meet. Fees are not refundable.

RULES:

The 2012 USS Swimming Rules will govern the meet, with the exception of the FALSE START RULE. This recently enacted whistle starts and “no recall false starts rules,” will not be followed. The modification is as follows: If a false start occurs, the heat will be called back to the blocks. The starter will announce a false start on the lane number. If an individual false starts a second time, he or she is disqualified. The swimmer will be allowed to swim the event if he or she chooses, but shall not be scored in the event.

LIMIT OF EVENTS:

Contestants may enter up to five (5) individual events. Contestants may enter a maximum of (2) relays per session. Teams may enter as many relays as possible, however only two relays per team are eligible for scoring. The first twelve relays (regardless of time qualification A-B-C) will score. Relays will follow the USA Swimming rules with the following format: 6 & Under, 8 & Under, 10 & Under, 11-12 year olds, 13-14 year olds and Senior.

DEADLINE FOR ENTRIES:

Team entries MUST be generated using Team Manager and submitted in electronic format. **ALL ENTRIES MUST BE RECEIVED BY JULY 21, 2012** via email to Tyler Kerns at the following e-mail address: shsccoachtk@aol.com.

Note: There will be no deck entries.

SEEDING:

ENTRIES WITHOUT TIMES WILL NOT BE LOADED INTO THE MEET. SWIMMERS WHO'S TIMES APPEAR AS 'NT' WILL NOT BE IMPORTED! Individual events will be timed finals based on times submitted. Swimmers must have a verifiable time in the distance freestyle and individual medley events to qualify to enter. Swimmers with slower times will be entered in earlier heats, faster times in later heats. All age groups are closed. In the event of a potentially misrepresented time, the concerned club will receive an e-mail to either confirm the change or deletion of the time.

AWARDS:

A team trophy will be awarded to the first place team in each of the three divisions. Individual high point awards in each age group (boy & girl) will be first, second and third place trophies. Points earned in age group do not count toward the senior trophy and visa versa. Medals will be awarded to the top six (6) finishers in individual events. Ribbons will be awarded for 7th through 12th places. Medals for the relay teams will be given for first place. Second through twelfth place will receive ribbons. All swimmers will receive one participation ribbon. The Awards Ceremony will take place approximately one (1) hour following the conclusion of the meet. Any unclaimed awards will be available at the next MCAL meeting.

ELIGIBILITY:

Competitor's age on July 26th (first day of City Meet) will determine the age of all swimmers. No swimmer will be allowed to compete if he or she has reached his or her 19th birthday. Swimmers must have competed in at least two (2) scheduled dual meets to qualify.

Any problems should be communicated to the Meet Referee in writing by the Head Coach. Parents contacting the Meet Referee personally will be asked to leave and their child's team will be penalized five (5) points.

GENERAL INFORMATION:

- No Glass Containers.
- DO NOT BRING ALCOHOLIC BEVERAGES TO THE POOL OR THE PARENTS AND SWIMMERS WILL BE ASKED TO LEAVE.
- Swimmers will be in the area with their team. See enclosed page for team area assignments. Team areas must be kept up and cleaned at the end of each session.
- It is the swimmer's responsibility to report to the Clerk of Course.
- Please have your swimmers bring games, something soft to sit on, and a warm up.
- THERE MUST BE AN ADULT SUPERVISING EACH TEAM AREA AT ALL TIMES. NO EXCEPTIONS!

PARKING:

There will be a "Meet Officials" parking area and a general admission parking area. Please remain patient and drive safely in the parking areas. Volunteers will be working hard to assure that all patrons are parked in a safe and efficient manner. Parking for both pool locations will be on site and designed by the hosts.

TEAM AREAS:

All team areas will be predetermined. See team area assignments below. A viewing area will be setup inside the pool area as TEMPORARY SEATING ONLY to allow parents and other spectators to view their swimmer's races. We ask that once your swimmer's race is finished, you and your swimmer return to the team areas to allow others the opportunity to watch their swimmer's race.

HEAT SHEETS/CITY MEET T-SHIRTS:

Heat sheets and MCAL City Meet Shirts will be for sale in the vendor area.

CLERK-OF-COURSE:

Clerk-of-course will be set up for swimmers to line up before races. Swimmers will be able to reach clerk-of-course from the team areas. *Only swimmers, coaches, and meet workers will be allowed under the clerk of course tent, all other visitors should stay in designated areas.*

CONCESSIONS:

A full menu concession stand will be operational at both facilities.

TEAM DIVISION ASSIGNMENTS:

Team Division Assignments have been determined by the MCAL Board and scoring will be announced at the awards ceremony on Saturday evening based on these divisions.

2012 Championship Meet Warm-Up Assignments

**** Assignments are anticipated and may change based on roster count ****

Notes for Warm-Ups:

- Swimmers must enter the water feet first, with at least one hand in contact with the wall during all pool entries other than racing starts.
- Lanes are one-way ONLY during practicing of racing starts.
- Swimmers must refrain from hanging on lane ropes during warm-ups; clubs will be responsible for damages to lane ropes during warm-up sessions.
- Deep end supplemental lanes will also be assigned so that clubs can accommodate for swimmer load during warm up.

Session #1 – Thursday, July 26, 2012

8:00-8:20 AM: WMSC – 1-2(S1), ASC – 3(S2), CGST – 4, AHSC – 5, YMCA – 6

8:20-8:40 AM: OSRC – 1-2(S1), CCM – 3-4 (S2), HLCC – 5, WST – 6 (S3)

8:40-9:00 AM: MLRC – 1, JST – 2, LFCC – 3-4(S2), SHSC – 5-6(S1)

Session #2 – Friday, July 27, 2012

8:00-8:20 AM: OSRC – 1-2, CCM – 3-4, HLCC – 5, WST – 6-7

8:20-8:40 AM: MLRC – 1, JST – 1, LFCC – 2-4, SHSC – 5-7

8:40-9:00 AM: WMSC – 1-3, ASC – 4, CGST – 5, AHSC – 6, YMCA – 7

(The diving well will also be open during your assigned warm up time.)

Session #3 – Saturday, July 28, 2012

8:00-8:20 AM: MLRC – 1, JST – 1, LFCC – 2-4, SHSC – 5-7

8:20-8:40 AM: WMSC – 1-3, ASC – 4, CGST – 5, AHSC – 6, YMCA – 7

8:40-9:00 AM: OSRC – 1-2, CCM – 3-4, HLCC – 5, WST – 6-7

(The diving well will also be open during your assigned warm up time.)

Meet Entry Waiver

In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against MCAL, its board of directors, the City of Mobile Swim Association, Heron Lakes Country Club, West Mobile Swim Club, and their officers, agents, and representatives for any and all injuries that may be sustained at this meet.

SWIM TEAM: _____

HEAD COACH: _____

SIGNATURE: _____

TEAM MCAL REPRESENTATIVE

NAME: _____

SIGNATURE: _____

DATE: _____