

2013 Mobile County Aquatic League (MCAL)



City Championship Swim Meet

**Friday & Saturday
July 26-27, 2013**

Hosted at: Bishop State Community College

Run by: City of Mobile Swim Association



Mobile County Aquatic League City Championship Meet

July 26-27, 2013

- Host:** City of Mobile Swim Association **Invitations:** All current MCAL teams.
- Location:** Bishop State CC Natatorium, Mobile, AL
- Directions:** Bishop State Pool is located on the main campus of Bishop State Community College. The main campus of Bishop State College is located in the downtown Mobile area. From Government Street, take Broad Street (North). The swimming pool is located in the Evans Center with parking in the rear of the building.
- Facility:** 6-lane x 25 yard indoor competition pool with a 4 foot minimum depth, non-turbulent lane lines and fully automatic Colorado electronic timing system. This facility has bleacher seating and dressing rooms. **All team areas will be assigned in the gymnasium. No posters can be hung in gym. Gymnasium bleachers will be off limits.**
- Rules & Safety:** USA rules will govern the conduct of the meet unless otherwise noted herein. Southeastern Swimming Safety Guidelines will be in effect. **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**
- Timing:** Primary: Colorado Timing System; Secondary: Stopwatch
- Times:** Friday AM Session: 8:00 AM
Friday PM Session: 1 hour following the AM session, not before 2:00 PM
Saturday AM Session: 8:00 AM
Saturday PM Session: 1 hour following the AM session, not before 12:00 PM
- Warm-ups:** Swimmers must enter the water in contact with the wall the first time they enter. Feet first entry is expected unless the team is in the start format of warm-up. A warm-up schedule will be posted (www.swimcmsa.com) by Wednesday, July 24th. ***The deep end will not be open for warm-ups once the meet begins.***
- Awards:** A team trophy will be awarded to the first place team in each of the three divisions. Individual high point awards in each age group (boy & girl) will be first, second and third place trophies. Points earned in age group do not count toward the senior trophy and vice versa. Medals will be awarded to the top six (6) finishers in individual events. Ribbons will be awarded for 7th through 12th places. Medals for the relay teams will be given for first place. Second through twelfth place will receive ribbons. All swimmers will receive one participation ribbon. The Awards Ceremony will take place approximately one (1) hour following the conclusion of the meet. Any unclaimed awards will be available at the next MCAL meeting.
- Eligibility:** Competitor's age on July 26th (first day of City Meet) will determine the age of all swimmers. No swimmer will be allowed to compete if he or she has reached his or her 19th birthday. Swimmers must have competed in at least two (2) scheduled dual meets to qualify.
- Clerk of Course:** Clerk-of-course will be set up for swimmers to line up before races. Swimmers will be able to reach clerk-of-course from the team areas. **Only swimmers, coaches, and meet workers will be allowed under the clerk of course tent, all other visitors should stay in designated areas.**

Entries: Contestants may enter up to five (5) individual events. Contestants may enter a maximum of (2) relays per day. Teams may enter as many relays as possible, however only two relays per team are eligible for scoring. The first twelve relays (regardless of time qualification A-B-C) will score. Relays will follow the USA Swimming rules with the following format: 6 & Under, 8 & Under, 10 & Under, 11-12 year olds, 13-14 year olds and Senior.

Meet This is a timed finals meet.

Format: ENTRIES WITHOUT TIMES WILL NOT BE LOADED INTO THE MEET.
SWIMMERS WHO'S TIMES APPEAR AS 'NT' WILL NOT BE IMPORTED!
Individual events will be timed finals based on times submitted. Swimmers must have a verifiable time in the distance freestyle and individual medley events to qualify to enter. Swimmers with slower times will be entered in earlier heats, faster times in later heats. All age groups are closed. In the event of a potentially misrepresented time, the concerned club will receive an e-mail to either confirm the change or deletion of the time.

Scoring: The first twelve (12) places in each event will be scored as follows:

- INDIVIDUAL: 16-13-12-11-10-9-7-5-4-3-2-1
- RELAY: 32-26-24-22-20-18-14-10-8-6-4-2

Officials: **Meet Director: Tyler Kerns**

Any problems should be communicated to the Meet Referee or Meet Director in writing by the Head Coach ONLY. Parents contacting the Meet Referee personally will be asked to leave and their child's team will be penalized five (5) points.

Concession: Breakfast, lunch, snacks, and drinks will be available throughout the day.
Heat sheets and MCAL City Meet Shirts will be for sale.

GENERAL INFORMATION:

- *NO CHAIRS ON THE POOL DECK!*
- No Glass Containers.
- THERE MUST BE AN ADULT SUPERVISING EACH TEAM AREA AT ALL TIMES. NO EXCEPTIONS!
- Team areas must be kept up and cleaned at the end of each session.
- It is the swimmer's responsibility to report to the Clerk of Course.
- Please have your swimmers bring games, something soft to sit on, and a warm up.

2013 Championship Meet Warm-Up Assignments

- Swimmers must enter the water feet first, with at least one hand in contact with the wall during all pool entries other than racing starts. The competition pool is 3.5 feet deep at start - coaches are warned to have deep divers jump off of side to avoid injury.
- Lanes are one-way ONLY during practicing of racing starts. Teams controlling the shallow end should work with those using the deep end to allow swimmers the opportunity to practice starts.
- Swimmers must refrain from hanging on lane ropes during warm-ups; clubs will be responsible for damages to lane ropes during warm-up sessions.

Session #1 – Friday, July 26, 2013 – AM

Lane Assignment – Shallow End			Lane Assignment – Deep End		
6:40-7:00 AM	7:00-7:20 AM	7:20-7:40 AM	6:40-7:00 AM	7:00-7:20 AM	7:20-7:40 AM
1 SHSC	WMSC	LFST	1 OSRC	ASC	CGST
2 SHSC	WMSC	LFST	2 OSRC	ASC	JACK
3 SHSC	WMSC	LFST	3 OSRC	ASC	PCI
4 SHSC	WMSC	LFST	4 OSRC	CCM	HLCC
5 SHSC	WMSC	LFST	5 WSC	CCM	ALPIN
6 SHSC	WMSC	LFST	6 WSC	SAY	BSCC

Session #2 – Friday, July 26, 2013 – PM

Lane Assignment – Shallow End			Lane Assignment – Deep End		
1:30-1:50 PM	1:50-2:10 PM	2:10-2:30 PM	1:30-1:50 PM	1:50-2:10 PM	2:10-2:30 PM
1 WSC	OSRC	ASC	1 LFST	SHSC	WMSC
2 WSC	OSRC	ASC	2 LFST	SHSC	WMSC
3 WSC	OSRC	ASC	3 LFST	SHSC	WMSC
4 CCM	OSRC	JACK	4 LFST	HLCC	WMSC
5 CCM	OSRC	JACK	5 LFST	HLCC	WMSC
6 SAY	BSCC	CGST	6 ALPIN	PCI	WMSC

Session #3 – Saturday, July 27, 2013 – AM

Lane Assignment – Shallow End			Lane Assignment – Deep End		
6:40-7:00 AM	7:00-7:20 AM	7:20-7:40 AM	6:40-7:00 AM	7:00-7:20 AM	7:20-7:40 AM
1 CGST	OSRC	ASC	1 LFST	SHSC	WMSC
2 JACK	OSRC	ASC	2 LFST	SHSC	WMSC
3 PCI	OSRC	ASC	3 LFST	SHSC	WMSC
4 HLCC	OSRC	CCM	4 LFST	SHSC	WMSC
5 ALPIN	WSC	CCM	5 LFST	SHSC	WMSC
6 BSCC	WSC	SAY	6 LFST	SHSC	WMSC

Session #4 – Saturday, July 27, 2013 – PM

Lane Assignment – Shallow End			Lane Assignment – Deep End		
11:50-12:10 PM	12:10-12:30 PM	12:30-12:50 PM	11:50-12:10 PM	12:10-12:30 PM	12:30-12:50 PM
1 WMSC	LFST	SHSC	1 ASC	WSC	OSRC
2 WMSC	LFST	SHSC	2 ASC	WSC	OSRC
3 WMSC	LFST	SHSC	3 ASC	WSC	OSRC
4 WMSC	LFST	HLCC	4 JACK	CCM	OSRC
5 WMSC	LFST	HLCC	5 JACK	CCM	OSRC
6 WMSC	ALPIN	PCI	6 CGST	SAY	BSCC