



**WHO?** Brentwood HOME SCHOOL swim team is a non-competitive group that is geared towards swimmers who want to get or stay in competitive shape by learning the most up to date competitive techniques.

Beginner/Intermediate (14 & Under)	M/W	12:30-1:30PM
Intermediate/Advanced(12 & Over)	M/W	1:30-2:45 PM

**THESE ARE NOT SWIM LESSONS!**

SWIMMERS MUST COMPLETE 1 LAP FREESTYLE WITH FACE IN THE WATER TO PARTICIPATE IN BEGINNER GROUP, HAVE A WORKING KNOWLEDGE OF BREAST AND FLY FOR INTERMEDIATE GROUP AND COMPLETE 2 LAPS OF ALL FOUR STROKES TO PARTICIPATE IN ADVANCED

**WHERE?** Brentwood Indoor Sports Complex  
920 Heritage Way  
Brentwood, TN 37027

<b>SESSION</b>	Session I	no class: October 13 Nov 22,24	Sept 8, 2021 – Dec 15, 2021
	Session II	no class: March 14,16	Jan 10, 2022- April 27, 2022

<b>PRICE?</b>	Session I	M/W \$235 Plus \$25 annual registration fee
	Session II	M/W \$270 Plus \$25 annual registration fee

\*\*Class fee not prorated for missed classes. Session dates and fees subject to change\*\*

The Home School Swim Team program is a non-competitive training group designed as a transition from summer league to competitive team. Swimmers will learn competitive techniques in all four competitive strokes, turns and dives. High School Swimmers can receive a P.E credit for participating in Home School Swim.

**Online registration at [EXCELAQUATICS2.ORG](http://EXCELAQUATICS2.ORG) opens July 1, 2021 and spots are LIMITED. Please contact Dawn Van Ryckeghem at [coachdawn@excelaquatics.org](mailto:coachdawn@excelaquatics.org) with questions.**