



## Colorado Swimming Short Course 14 & Under Silver State March 4-6, 2022

**SANCTION:** Held under Sanction of USA Swimming. CO Sanction #2022-024. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event.

**MEET REFEREE** Todd Yee Email: [toddyee@gmail.com](mailto:toddyee@gmail.com)  
**MEET DIRECTOR:** Shawn Smith Email: [Shawn.smith@du.edu](mailto:Shawn.smith@du.edu)  
**ENTRY CHAIR:** Colorado Swimming Email: [meetentries@swimcolorado.org](mailto:meetentries@swimcolorado.org)  
970-454-3697 (Linda)  
**Charged to Team Account**  
**SAFETY DIRECTOR:** Rachel Cook Email: [Rachel.cook@du.edu](mailto:Rachel.cook@du.edu)

**LOCATION:** [2201 E. Asbury, University of Denver Dept. Of Recreation, Denver, CO](#) Phone: 303-871-3135

**FACILITY:** Elevation 5342 ft; Seventeen lane; 25 yard by eight-lane 50-meter indoor pool. Dependent upon number of entrants, the meet may run in a one 10 lane, 25 yard course, with depth ranging from 7-13 ft at start end and turn end, or in one 8 lane course with depth ranging from 7-13 ft at start end and 7 ft depth at turn end. Continuous warm-up/down lanes will be available in both circumstances. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**Only USA Swimming member swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers are allowed on deck. Parents and spectators please remain in the viewing or seating areas.**

**MASKS ARE REQUIRED AT ALL TIMES.**

**TIMING:** Colorado Timing System with touch pads and display board

**MANDATORY GENERAL MEETING** Friday, Mar. 4 at 7:30am. Meet Referee will answer any questions about the Meet format as well as any last minute changes/reminders.

### SCHEDULE:

Session	Warm-Up	Meet Start
Friday, Saturday and Sunday All 10 & Under and <b>ALL</b> 11-12/12 & Under	Tentative 8:00-9:00am	Tentative 9:10am
Friday, Saturday and Sunday All 13-14/14 & Under *Prior to the start of the meet, planned breaks may be added between events at the discretion of the meet referee	Tentative 12:30-1:30pm	Tentative 1:40pm

**ENTRIES:** Swimmers may enter three (3) individual events per day.

### ENTRY FEES:

\$ 7.30 per individual event. (\$1.30 of each individual event will go to the CSI Support Fund)

\$ 18.00 per swimmer pool surcharge.

Any outstanding fees and/or past due fees owed to Colorado Swimming must be paid in full in order to participate in the meet.

## **ELECTRONIC ENTRY PROCEDURES AND DEADLINE:**

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than 11:59 pm on Tuesday, **February 22, 2022** (entries will be verified on/or before Feb 23<sup>rd</sup>).
- **Payment will be processed via credit card at the meet or via QuickBooks Invoicing**
- **NO LATE ENTRIES ACCEPTED AFTER ENTRY DEADLINE. NO DECK ENTRIES.**
- Psych sheet, warm-up and timer assignments will be posted at [www.swimcolorado.org](http://www.swimcolorado.org) by Monday, Feb 28, 2022.

## **Corrections should be made as follows:**

Entry corrections & Proof of time correction should be sent to: Linda Seckinger [meetentries@swimcolorado.org](mailto:meetentries@swimcolorado.org)  
Registration corrections should be sent to: Jackie Stiff [csiswimoffice@swimcolorado.org](mailto:csiswimoffice@swimcolorado.org)

**ELIGIBILITY:** All athletes **must** hold a 2022 USA Swimming Premium or Outreach membership issued by Colorado Swimming, Inc. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. Per USA Swimming rule 302.3, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No on deck registrations will be taken. The meet will also be open to CSI physically impaired athletes with motivational time standards.

**SCORING:** There will be no scoring.

**AWARDS:** Individual: Medals 1-8 Ribbons 9-16

## **SEEDING PROCEDURE & SCRATCH RULES:**

With the exception of the 400 IM and 500 Free, the meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

All entry times will be verified with the CSI time's database before the swimmer will be allowed to swim that event. **Entry times must fall between current Silver State (minimum) and Age Group State (maximum) qualifying times.** No qualifying times will be accepted unless meet results are in the CSI proof of time database or times can be verified through SWIMS. A proof of times exceptions report will be emailed to the Team's entry chair. Team Entry Chair or coaches must provide corrections/proof of time by the deadline in the email. **NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last, per article 207.11.7 of the USA Swimming Rules and Regulations.**

## ***400 IM/500 Free EVENTS (DISTANCE):***

1. The distance events 400 IM/500 Free will be deck seeded 30 min after the start of the session. Swimmers must positively check in by 30 minutes after the start of the session in which they are swimming either of these events to be seeded into the event.
2. 500 Free SWIMMERS MUST PROVIDE TWO (2) OF THEIR OWN TIMERS AND MAY APPOINT A COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN.
3. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

## ***RULES:***

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules & Regulations, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern the meet, in conjunction with the following information from Colorado Swimming Inc.
3. All Applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
4. Age as of the first day of the meet, March 4, 2022 will determine the swimmer's age group for competition.
5. No exhibition swimming is allowed.

6. Entry times must have been achieved between Feb 28, 2020 and February 22, 2022.
7. Colorado Swimming, Inc. procedures for warm-up will be observed.
8. The USA Swimming National Start will be used. Please refer to 101.1.2
9. **Participating teams will be required to provide timers.** Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
10. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
11. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.”
12. All swimwear must conform to USA Swimming Rule and Regulations article 102.8. If you have any question on older suits check the current FINA Approved swimsuit list.
13. Any team or unaffiliated photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms, during any starts.
14. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
15. Deck Changing is Prohibited. USA Swimming Rule 202.4.11I.
16. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
17. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- Coaches/Officials:** Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass and/or a membership card is an acceptable proof of membership. Coaches will be required to sign in to receive their heat sheet.
- A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
  - Official's uniforms will be white polo shirt over black shorts, long pants or skirts/skorts. Black socks and black deck friendly shoes for all sessions.
  - No trainees will be allowed on deck for this meet.

Application to Officiate can be found at [Swimcolorado.org](http://Swimcolorado.org), any questions contact the Meet Referee.

#### **SAFETY ISSUES:**

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. Policies and Procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution “may” help reduce these risks.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.
- To provide a safe environment for everyone in the bleacher seating area that is shared by all, only stadium style seats are allowed.

## **PROGRAMS AND RESULTS:**

Programs will be available for \$5.00 meet program/heat sheet and the final results will be provided for teams entered in the meet. Results will be sent back to the clubs via email and posted on the web site.

## ***SPECIAL INFORMATION:***

- There will be “NO SMOKING” anywhere in the facility or in areas frequented by swimmers.
- Spectators are asked to refrain from standing along the rail in front of the viewing area.
- **NO spectators** will be permitted on deck or in swimmer locker rooms at any time during the meet.

Deck space is reserved for swimmers, officials, participating team affiliated coaches and working volunteers.

***Parking:***      **Parking Permit will be posted on CSI website. Participants must have permit in dashboard at all times.**

## ***Refreshments:***

Food must be eaten in the Concourse Area. No refreshments are allowed in the pool area, regardless of their source. This is a University of Denver policy.

***Seating:***      **NO parent seating or standing on the pool deck.** Athletes will be allowed to sit on the pool deck. To allow our parents a viewing area, there will be **NO permanent seating in the pool bleachers.** There will be additional seating in the concourse and/or adjacent gymnasium.

## **COVID Information:**

- We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

## 14 & Under Silver State Championships

Friday AM Events		
Tentative Warm-up 8:00 am Tentative Start 9:10 am		
Women's	Event	Men's
1	10-U 100 Back	2
3	11-12 100 Back	4
5	10-U 200 Free	6
7	11-12 200 Free	8
9	10-U 50 Breast	10
11	11-12 50 Breast	12
13	10-U 100 I.M.	14
15	11-12 100 I.M.	16

Friday PM Events		
Tentative Warm-up 12:30pm Tentative Start 1:40		
Women's	Event	Men's
17	14-U 200 Back*	18
19	13-14 100 Breast*	20
21	13-14 200 Free*	22
23	14-U 400 I.M.*	24

\*Prior to the start of the meet, planned breaks may be added between events at the discretion of the meet referee

Saturday AM Events		
Tentative Warm-up 8:00 am Tentative Start 9:10 am		
Women's	Event	Men's
25	10-U 200 I.M.	26
27	11-12 200 I.M.	28
29	10-U 100 Fly	30
31	11-12 100 Fly	32
33	10-U 50 Back	34
35	11-12 50 Back	36
37	10-U 100 Free	38
39	11-12 100 Free	40

Saturday PM Events		
Tentative Warm-up 12:30pm Tentative Start 1:40		
Women's	Event	Men's
41	13-14 200 I.M.*	42
43	13-14 100 Back*	44
45	14-U 200 Fly*	46
47	13-14 100 Free*	48

\*Prior to the start of the meet, planned breaks may be added between events at the discretion of the meet referee

Sunday AM Events		
Tentative Warm-up 8:00 am Tentative Start 9:10 am		
Women's	Events	Men's
49	11-12 100 Breast	50
51	10-U 100 Breast	52
53	11-12 50 Fly	54
55	10-U 50 Fly	56
57	11-12 50 Free	58
59	10-U 50 Free	60
61	12-U 500 Free	62

Sunday PM Events		
Tentative Warm-up 12:30pm Tentative Start 1:40		
Women's	Events	Men's
63	13-14 100 Fly*	64
65	14-U 200 Breast*	66
67	13-14 50 Free*	68
69	13-14 500 Free*	70

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