



LOCKER ROOM MONITORING POLICY

Incidents that put swimmers at risk of physical and emotional harm often take place in the locker room.

GOAL:

The goal is to ensure that swimmers who use the locker room facilities or changing areas understand appropriate locker room behavior and that the locker room is preserved as a safe zone for all swimmers. With instruction and cooperation, coaches, swimmers, and parents all play an important role in keeping locker rooms safe for all.

LIMITING ACCESS:

Male DSA Swimmers

- The Varsity Football locker room (West boys locker room) will be locked and off limits to all DSA swimmers.
- The JV Football locker room (East boys locker room) will be off limits to all Dolphins, White, Blue, Silver, and Black groups before 6pm each night. Senior Group swimmers may use this locker room for the bathroom facilities only.
- All male swimmers will use the upstairs Regis Jesuit locker room to change.
- All Dolphins, White, Blue, Silver, and Black group male swimmers will need to use the outside stadium bathrooms prior to 6pm each night for restroom needs.
- After 6pm, all male DSA swimmers may use the east locker room bathroom facilities.

Female DSA Swimmers

- DSA female swimmers will continue to use the female bathroom/locker room facilities in the fieldhouse.
- Outside stadium bathrooms are also open for DSA female swimmers.

MONITORING:

- Walk throughs or sweeps shall be conducted to ensure that a safe environment and acceptable behavior are maintained. The goals of monitoring are to:
 - Ensure no inappropriate or unsafe behavior is occurring.
 - Confirm that only authorized people are in the locker room.
 - Check for prohibited use of cameras or other recording devices.
 - Discourage swimmers from “hanging out” in the locker room.
- Coaches may perform daily walk throughs before, after, and between practices, if possible, to confirm that locker rooms are safe for use.
- Whenever swimmers are in the locker rooms, periodic sweeps should be conducted by two same gender adults monitoring the locker rooms of their gender. These adults should be:
 - USA Swimming members who have undergone appropriate training.
 - Under no circumstances should a routine sweep be conducted by adults of the opposite sex, unless an emergency situation requires it.

A club’s coaches, board members, and other team adults are responsible for keeping swimmers safe at practice facilities. Some situations may not be covered in these best practices and coaches are encouraged to respond as needed.

- Your club’s Safe Sport Coordinator and Safety Coordinator, Missy Berglund
- Your LSC’s Safe Sport Coordinator and Safety Coordinator, Linda Eaton
- USA Swimming’s Safe Sport Committee
- USA Swimming’s Operational Risk Committee
- USA Swimming’s Safe Sport Program: usaswimming.org/protect



[www.usaswimming.org/protect](https://usaswimming.org/protect)