

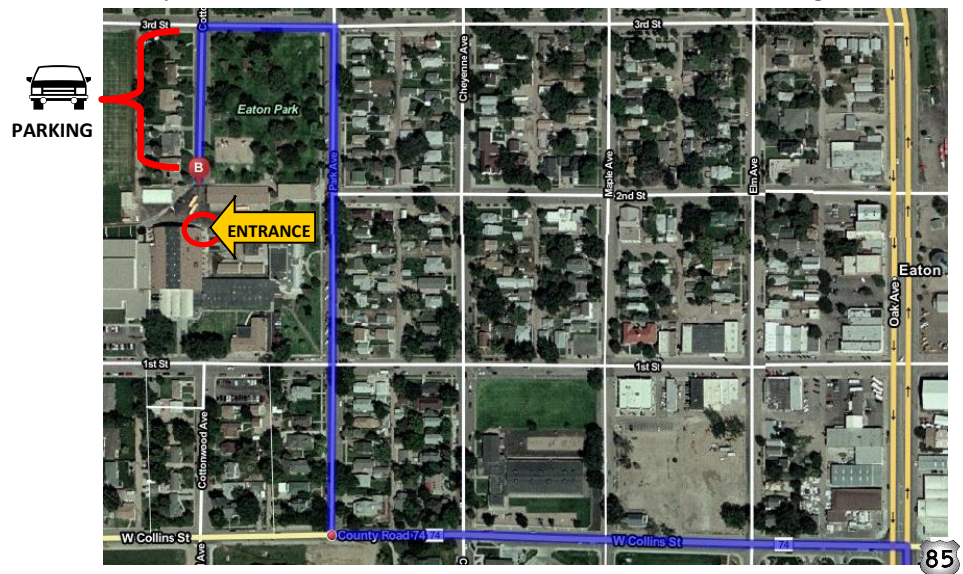


# NCS Silver Circuit September 25th, 2021

**Hosted by:** Eaton Red Waves Swim Club  
Sanction 2021-002D

**Location:** Eaton High School Pool  
114 Park Avenue  
Eaton, CO 80615

- Directions:**
- At US 85 and Collins (*the only stoplight in Eaton*) go west on Collins to Park Avenue
  - Go north on Park Avenue to 3rd Street
  - Go west on 3rd Street to Cottonwood Avenue
  - Go south on Cottonwood Avenue to the Pool
  - Parking is available along Cottonwood (around the park)
  - The pool entrance is on the northeast corner of the building



- Facility:**
- Indoor, 25-yard pool with five lanes.
  - The competition course has not been certified in accordance with 104.2.2C(4). [USA Swimming Rules and Regulations -Article 202.3.5 B]
  - The start end water depth measured at 1.0 meter is 9' 1.5" and at 5.0 meters is 9' 2"; the turn end water depth measured at 1.0 meter is 3' 1" and at 5.0 meters is 3' 8.5". [USA Swimming Rules and Regulations - Article 202.3.6]
  - No smoking on school grounds.
  - Elevation 4,839

**Timing:** Colorado Time System 5000 with touch pads, and horn start.

<b>Schedule:</b>	<u>Warm-up</u>	<u>Start</u>
Saturday morning	8:00-8:55 AM	9:00 AM
Coach's Meeting	Saturday 8:45AM	

**Meet Referee:** Linda Seckinger (970) 454-3697 [lseckinger@aol.com](mailto:lseckinger@aol.com)

**Meet Director:** Terra Morgan (303) 884-9401 [eatonmeetentries@yahoo.com](mailto:eatonmeetentries@yahoo.com)

**Entry Chair:** Hattie [eatonmeetentries@yahoo.com](mailto:eatonmeetentries@yahoo.com)  
Carlson/Terra  
Morgan  
Eaton Red Waves, P.O. Box 150, Eaton, CO 80615

**Meet Marshal:** Laura Young (or designee)

- Eligibility:**
- Open to all NCS member swimmers with a current 2021-2022 USA Swimming membership. Any swimmer that appears on the Colorado Swimming (CSI) exceptions report without registration must come to the meet prepared to show their card, use a mobile device to show current membership with a Deck Pass account, or the coach can print a current roster from the team's Club Portal. If unable to verify registration, the swimmer will be deck registered before they can enter the water. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmer(s). As soon as the post meet registration check is run, the team will be charged.
  - Age as of September 25, 2021
  - Swimmers are limited to a MAXIMUM of (5) individual events.
  - Entries submitted on disk in Hy-tek format using Team Manager or Commlink files must include a hard copy printout of swimmers and entry times. Please check the integrity of your disk prior to **SEPTEMBER 20TH OR ENTRIES WILL NOT BE ACCEPTED.**

**Entry Fees:** \$15.00 per swimmer for five (5) events.  
MAKE CHECKS PAYABLE TO: **Eaton Red Waves Swim Club**

**Entry Deadline:**

- **Entries are to be received by the Entry Chair no later than 5PM ON MONDAY SEPTEMBER 20TH.**

- Late Entries:**
- Late entries (deck entries) will be accepted up to 15 minutes after the start of warm-ups.
  - All late entries must present proof of current registration (2021-2022 USA Swimming membership).
  - Deck entries will be \$15 per swimmer for five (5) events.
  - Payment for deck entries is required at the time of registration.

- Meet Limit:**
- Maximum of 200 swimmers.
  - Completed entries will be processed on a first come first serve basis.

- Rules:**
- Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. The rules and procedures of Colorado Swimming also apply. The Meet Referee will be the final authority for the conduct of the meet.
  - In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
  - Held under the sanction of USA Swimming.
  - No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
  - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
  - All events are Timed Finals.
  - No exhibition swimming allowed.

- Deck changing is prohibited
- Unsportsmanlike conduct and lack of respect for property are grounds for dismissal of swimmers and/or spectators for the remainder of the meet.
- Swimmers will be held responsible for any damages.
- All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory.
- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
- Parents and non-certified coaches will not be allowed on deck.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- **No** on deck photography from behind the starting platforms is permitted.
- Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas and open ceiling locker rooms) any time athletes, coaches, officials and or spectators are present.
- We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Meet  
Results/Awards**

- Teams entering on Hy-Tek disk will have their disk returned to them.
- Teams not entering by disk will have a copy of the meet results emailed to them or made available online within two weeks.
- NCS will award ribbons.

**Warm-up**

- Current USA/CSI procedures for warm-up will prevail and be strictly enforced.

- Coaches are asked to make sure their swimmers understand and abide by these procedures.

- **Three-point entry only for warm-ups.**

**Heat Sheets**

- Heat sheets will be printed for coaches, timers, etc the day of the meet. We will be selling programs.

**Concessions:**

- The concession stand will be open on Saturday.
- Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at [www.usaswimming.org](http://www.usaswimming.org).

**NORTHERN COLORADO SWIMMING  
SILVER CIRCUIT MEET FORMAT**

NO.	GIRLS	EVENT	BOYS	NO.
1	NT	8 & UNDER 50 FREESTYLE	NT	2
3	NT	9-10 100 FREESTYLE	NT	4
5	NT	11-12 100 FREESTYLE	NT	6
7	NT	13 & OVER 100 FREESYTLE	NT	8
9	NT	8 & UNDER 100 I.M.	NT	10
11	NT	9-10 100 I.M.	NT	12
13	NT	11-12 100 I.M.	NT	14
15	NT	13 & OVER 200 I.M.	NT	16
17	NT	8 & UNDER 25 FREESTYLE	NT	18
19	NT	9-10 50 FREESTYLE	NT	20
21	NT	11-12 50 FREESTYLE	NT	22
23	NT	13 & OVER 50 FREESTYLE	NT	24
25	NT	8 & UNDER 25 BUTTERFLY	NT	26
27	NT	9-10 50 BUTTERFLY	NT	28
29	NT	11-12 50 BUTTERFLY	NT	30
31	NT	13 & OVER 100 BUTTERFLY	NT	32

33	NT	OPEN 200 BUTTERFLY	NT	34
35	NT	8 & UNDER 100 FREESTYLE	NT	36
37	NT	OPEN 200 FREESTYLE	NT	38
39	NT	8 & UNDER 25 BACKSTROKE	NT	40
41	NT	9-10 50 BACKSTROKE	NT	42
43	NT	11-12 50 BACKSTROKE	NT	44
45	NT	13 & OVER 100 BACKSTROKE	NT	46
47	NT	OPEN 200 BACKSTROKE	NT	48
49	NT	8 & UNDER 25 BREASTSTROKE	NT	50
51	NT	9-10 50 BREASTSTROKE	NT	52
53	NT	11-12 50 BREASTSTROKE	NT	54
55	NT	13 & OVER 100 BREASTSTROKE	NT	56
57	NT	OPEN 200 BREASTSTROKE	NT	58
59	NT	8 & UNDER 100 FREE RELAY	NT	60
61	NT	10 & UNDER 200 FREE RELAY	NT	62
63	NT	11 & OVER 200 FREE RELAY	NT	64

Updated 12.11.19

\*Note: Relays are optional and may be structured by the host team to accommodate the meet. Example, having only the free relays at the end and mixing up girls and boys. The point is to get as many swimmers in the relays as possible. Try to keep the rest of the events as they are specified.