

**2023 Summer Practice Schedule (Effective 5/30/23)**

<b>Pre Team</b>		
Mon	5:30-6:15 pm	Lilley Gulch
Wed	5:30-6:15 pm	Lilley Gulch
Fri	5:30-6:15 pm	Lilley Gulch

<b>Comp Prep</b>		
Mon	5:30-6:30 pm	Lilley Gulch
Tues	5:45-6:45 pm	Ridge
Thurs	5:45-6:45 pm	Ridge
Sat	8:00-9:00 am	Ridge

<b>Bronze 1</b>		
Mon	5:30-6:30 pm	Ridge
Wed	5:30-6:30 pm	Ridge
Fri	4:30-5:30 pm	Ridge
Sat	8:00-9:00 am	Ridge

<b>Bronze 2</b>		
Mon	4:30-5:30 pm	Lilley Gulch
Tues	4:30-5:30 pm	Lilley Gulch
Wed	4:30-5:30 pm	Lilley Gulch
Thurs	4:30-5:30 pm	Lilley Gulch
Fri	4:30-5:30 pm	Lilley Gulch
Sat	7:00-8:00 am	Ridge

<b>Silver</b>		
Mon	5:00-6:30 pm (DL)	Ridge
Tues	4:30-5:30 pm	Ridge
Wed	4:30-6:00 pm (DL)	Ridge
Thurs	4:30-5:30 pm	Ridge
Fri	6:30-7:30 am	Carmody
Sat	7:00-8:30 am (DL)	Ridge

<b>Gold</b>		
Mon	4:00-5:30 pm	Ridge
Tues	4:00-5:45 pm (DL)	Ridge
Wed	4:00-5:30 pm	Ridge
Thurs	4:00-5:45 pm (DL)	Ridge
Fri	6:30-8:00 am	Carmody
Sat	6:30-8:30 am (DL)	Carmody

<b>Senior Prep</b>		
Mon	6:30-8:30 am 4:00-5:30 pm	Carmody (am) Ridge (pm)
Tues	6:30-9:00 am (DL)	Carmody
Wed	5:00-6:30 am 4:00-5:30 pm	Carmody
Thurs	6:30-9:00 am (DL)	Carmody
Fri	6:30-9:00 am (DL)	Carmody
Sat	6:30-8:30 am	Carmody

<b>Senior</b>		
Mon	6:30-8:30 am 3:00-5:00 pm (DL)	Carmody
Tues	6:30-8:30 am 3:00-5:00 pm (DL)	Carmody
Wed	6:30-8:30 am	Carmody
Thurs	6:30-8:30 am 3:00-5:00 pm (DL)	Carmody
Fri	5:00-6:30 am	Carmody
Sat	6:30-8:30 am	Carmody