

## FST SWIMMING SCHEDULE 7/27-8/9

### **Pre Team**

Tuesday / Thursday 4:00-4:45 pm @ LG

### **Comp Prep**

Tuesday / Thursday 5:00-6:00 pm @ LG

### **Bronze 1**

Monday / Wednesday / Friday 5:15-6:15 pm @ Ridge

Tuesday / Thursday DL 8:00-8:45 am @ Grant Ranch

### **Bronze 2**

Monday / Wednesday / Friday 6:30-7:30 pm @ Ridge

Tuesday / Thursday DL 8:00-8:45 am @ Grant Ranch

### **Silver**

Monday / Wednesday/ SW 4:00-5:00 pm, DL 5:15-5:45 pm @ LG

Tuesday / Thursday/ SW 4:00-5:00 pm @ Ridge

Friday SW 4:00-5:00 pm @ LG

### **Gold**

Monday / Wednesday/ Friday SW 4:00-5:00 pm @ Ridge

Tuesday / Thursday DL 4:30-5:00 pm, SW 5:15-6:45 pm @ Ridge

### **Senior Prep**

Monday/ Wednesday/ Friday DL 7:00-7:30 am, SW 7:45-9:15 am @ LG

Tuesday/ Thursday SW 6:00-8:00 am @ LG

### **Senior**

Monday/ Wednesday/ Friday SW 6:00-7:30 am, DL 7:45-8:15 am @ LG

Monday/ Wednesday SW 2:45-3:45 pm @ LG

Tuesday/ Thursday SW 8:15-10:15 am @ LG