FST Groups and Structures 2021-2022

Group	Pre-Team	Comp-Prep	Bronze 1	Bronze 2	Silver	Gold	Senior Prep	Senior
Structure	Sessions	Year Round	Year Round	Year Round	Year Round	Year Round	Year Round	Year Round
Weekly Practices	3 (M,W,F)	4 (M,T,T,S)	4 (M,W,F,S)	6 (M-S)	6 (M-S)	6 (M-S)	7 (M-S)	9 (M-S)
Expected Attendance	None	None	2	3	4	5	6	7
Age Minimums	Age 5	Age 6	Age 8	Age 9	Age 10	Age 11	Age 11	Age 13
Volunteer Hrs	1 session if your child swims in the meet	1 session if your child swims in the meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet
Fundraising	Voluntary	$150 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer
Payment (9 Months)	8-12 week sessions at $19.00/wk	$158/month	$172/month	$189/month	$212/month	$232/month	$253/month	$273/month
USA Swimming Registration	Included	Included	Included	Included	Included	Included	Included	Included
FST Registration Fee	$150 per family	$250 per family	$250 per family	$250 per family	$250 per family	$250 per family	$250 per family	$250 per family