FST Groups and Structures 2022-2023

Group	Pre-Team	Comp-Prep	Bronze 1	Bronze 2	Silver	Gold	Senior Prep	Senior
Structure	Sessions	Year Round	Year Round	Year Round	Year Round	Year Round	Year Round	Year Round
Weekly Practices	3 (M,W,F)	4 (M,T,T,S)	4 (M,W,F,S)	6 (M-S)	6 (M-S)	6 (M-S)	7 (M-S)	9 (M-S)
Expected Attendance	None	N on	2	3	4	5	6	7
Age Minimums	Age 5	Age 6	Age 8	Age 9	Age 10	Age 11	Age 11	Age 13
Volunteer Hrs	1 session if your child swims in the meet	1 session if your child swims in the meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet	2 Sessions per meet
Fundraising	Voluntary	$150 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer	$300 per family. $75 each additional swimmer
Payment (9 Months)	8-11 week sessions at $21.50/wk	$163/month	$177/month	$195/month	$218/month	$239/month	$261/month	$281/month
FST Registration Fee	$120 per family	$170 per family	$170 per family	$170 per family	$170 per family	$170 per family	$170 per family	$170 per family
Team T-Shirt Fee	$30	$30	$30	$30	$30	$30	$30	$30