

FST Practice Schedule (effective 10/18/21)

<u>Pre Team</u>		
Monday	5:30-6:15 pm	Lilley Gulch
Wednesday	5:45-6:30 pm	Lilley Gulch
Friday	5:45-6:30 pm	Lilley Gulch

<u>Comp Prep</u>		
Monday	6:15-7:15 pm	Lilley Gulch
Tuesday	6:00-7:00 pm	Ridge
Thursday	6:00-7:00 pm	Ridge
Saturday	7:30-8:30 am	Lilley Gulch

<u>Bronze 1</u>		
Monday	6:00-7:00 pm	Ridge
Wednesday	6:00-7:00 pm	Ridge
Friday	6:00-7:00 pm	Ridge
Saturday	7:30-8:30 am	Lilley Gulch

<u>Bronze 2</u>		
Monday	6:00-7:00 pm	Lilley Gulch
Tuesday	4:45-5:45 pm	Lilley Gulch
Wednesday	4:45-5:45 pm	Lilley Gulch
Thursday	4:45-5:45 pm	Lilley Gulch
Friday	4:45-5:45 pm	Lilley Gulch
Saturday	7:30-8:30 am	Ridge

<u>Silver</u>		
Monday	6:00-7:00 pm	Ridge
Tuesday	6:00-7:00 pm	Ridge
Wednesday	6:00-7:00 pm	Ridge
Thursday	6:00-7:00 pm	Ridge
Friday	6:00-7:00 pm	Ridge
Saturday	TBD	TBD

<u>Gold</u>		
Monday	4:30-6:00 pm	Lilley Gulch
Tuesday	4:30-6:00 pm	Ridge
Wednesday	4:30-6:00 pm	Ridge
Thursday	4:30-6:00 pm	Ridge
Friday	4:30-6:00 pm	Ridge
Saturday	7:00-8:30 am	Ridge

<u>Sr Prep</u>		
Monday	4:30-6:00 pm	Ridge
Tuesday	4:30-6:00 pm	Ridge
Wednesday	5:00-6:30 am	Carmody
	4:30-6:00 pm	Ridge
Thursday	4:30-6:00 pm	Ridge
Friday	4:30-6:00 pm	Ridge
Saturday	6:30-8:30 am	Carmody

<u>Senior</u>		
Monday	5:00-6:30 am	Carmody
	4:30-6:30 pm	Carmody
Tuesday	4:30-6:30 pm	Carmody
Wednesday	5:00-6:30 am	Carmody
	4:30-6:30 pm	Carmody
Thursday	4:30-6:30 pm	Carmody
Friday	5:00-6:30 am	Carmody
	4:30-6:30 pm	Carmody
Saturday	6:30-8:30 am	Carmody