

Effective 7/5/22 - 8/5/22

Pre Team		
Monday	5:30-6:15 pm	Ridge
Wednesday	5:30-6:15 pm	Ridge
Friday	5:30-6:15 pm	Ridge

Comp Prep		
Monday	5:30-6:30 pm	Ridge
Tuesday	5:30-6:30 pm	Ridge
Thursday	5:30-6:30 pm	Ridge
Saturday	8:00-9:00 am	Ridge

Bronze 1		
Monday	5:30-6:30 pm	Ridge
Wednesday	5:30-6:30 pm	Ridge
Friday	4:30-5:30 pm	Ridge
Saturday	8:00-9:00 am	Ridge

Bronze 2		
Monday	4:30-5:30 pm	Ridge
Tuesday	4:30-5:30 pm	Ridge
Wednesday	4:30-5:30 pm	Ridge
Thursday	4:30-5:30 pm	Ridge
Friday	4:30-5:30 pm	Ridge
Saturday	7:00-8:00 am	Ridge

Silver		
Monday	5:30-6:30 pm 5:00-6:30 pm	Ridge
Tuesday	(DL)	Ridge
Wednesday	5:30-6:30 pm 5:00-6:30 pm	Ridge
Thursday	(DL) 6:30-8:00 am	Ridge
Friday	(DL)	Carmody
Saturday	7:00-8:00 am	Ridge

Gold		
Monday	4:00-5:30 pm 4:00-5:45 pm	Ridge
Tuesday	(DL)	Ridge
Wednesday	4:00-5:30 pm 4:00-5:45 pm	Ridge
Thursday	(DL)	Ridge
Friday	6:30-8:00 am 6:30-8:30 am	Carmody
Saturday	(DL)	Carmody

Sr Prep		
Monday	6:30-9:00 am (DL)	Carmody
Tuesday	6:30-8:30 am	Carmody
	3:00-4:30 pm	Carmody
Wednesday	6:30-9:00 am (DL)	Carmody
Thursday	6:30-8:30 am	Carmody
	3:00-4:30 pm	Carmody
Friday	6:30-9:00 am (DL)	Carmody
Saturday	6:30-8:30 am	Carmody

Senior		
Monday	6:30-8:30 am	Carmody
	2:30-4:30 pm (DL)	Carmody
Tuesday	6:30-8:30 am	Carmody
	2:30-4:30 pm (DL)	Carmody
Wednesday	6:30-8:30 am	Carmody
Thursday	6:30-8:30 am	Carmody
	2:30-4:30 pm (DL)	Carmody
Friday	5:00-6:30 am	Carmody
Saturday	6:30-8:30 am	Carmody