

North Jeffco Swim Team Swimmer Code of Conduct

All North Jeffco Swim Team (“NJST”) swimmers are required to comply with the following rules while participating in any NJST function (including travel trips, home meets, non-travel away meets, team practices, and official NJST parties and meetings) (collectively, “Activities”).

1. When participating in or otherwise present at any Activity:
 - a. Swimmers will show proper respect, sportsmanship, and courtesy to all coaches, officials, administrators, competitors, chaperones, parents, and spectators. Swimmers will behave in a manner that presents a positive image of NJST and Colorado Swimming, Inc. and will strive to promote an atmosphere of friendly competitive swimming.
 - b. If uniform requirements are established for any Activity, swimmers will comply with such requirements.
 - c. Swimmers will not:
 - i. use or possess, or attempt to purchase, alcohol, tobacco products, controlled substances (other than the swimmer’s own prescription medications), or weapons (including guns, knives, and martial arts weapons),
 - ii. abuse over-the-counter medications,
 - iii. participate in any illegal activity, including shoplifting or other theft, vandalism, and use of a fake identification card,
 - iv. be present in a bar, liquor store, strip club, adult entertainment venue, or any other establishment with a minimum legal admittance age of 18 or above,
 - v. participate in any gambling activity, whether in person or electronically,
 - vi. possess, view, listen to, or attempt to purchase, view, or listen to any pornographic material, including audio materials, hard copies, and electronic materials (e.g., via a cell phone, iPod, computer, or any other similar electronic device),
 - vii. create, view, or share with or electronically send to others any inappropriate sexual images of the swimmer or of any other person (i.e., "sexting"), or
 - viii. engage in consensual sexual conduct with another person (for purposes of this policy, holding hands, hugging, and kissing will not be deemed "sexual conduct").
2. When participating in an Activity involving a team trip for which an NJST chaperone is assigned to a swimmer, all swimmers will:
 - a. follow the directions given to him or her by NJST coaches and NJST chaperones,
 - b. pick up and properly dispose of all trash from his or her hotel room before departure from the hotel each day,
 - c. not incur any additional hotel costs (such as phone charges, movie rentals, room service, or mini bar usage),
 - d. not allow anyone of the opposite gender (other than an NJST coach, NJST chaperone, or the swimmer’s parent/guardian) to be present in his or her hotel room unless authorized and supervised by an NJST chaperone or coach, and will not go into the hotel room of anyone of the opposite gender (other than the swimmer’s parent/guardian) unless authorized and supervised by an NJST chaperone or coach,
 - e. adhere to established curfews,
 - f. account for his or her belongings at all times,
 - g. help clean up the area occupied by NJST swimmers prior to leaving the competition pool each day,
 - h. attend all team functions, including team meetings, team practices, warm ups, and competitions, unless excused by the coach in charge of the travel trip, and
 - i. follow all additional guidelines and rules that may be established by NJST coaches and chaperones.

3. In addition, when participating in an Activity involving a team trip for which an NJST chaperone is assigned to a swimmer, all swimmers who are under the age of 18 years old will:
 - a. stay with his or her assigned chaperone at all required times, and
 - b. only leave the hotel with an NJST chaperone or coach or with another adult with whom the swimmer has received prior approval from an NJST coach or chaperone to leave.
4. If a swimmer fails to follow any of the above rules, the swimmer may be subject to disciplinary action in accordance with the NJST Discipline Policy, a copy of which is posted on the NJST website, with which each swimmer is required to review and become familiar.

Effective April 10, 2012.