



2023 Colorado All Stars Team: Swimmer Code of Conduct

As a member of the Colorado Swimming Western Zone, All stars Team, Catch the Spirit Camp or other Colorado Sponsored activity which Team Colorado gathers, I understand and will comply with the following as approved by the Colorado Swimming Board of Directors:

1. I understand that the possession or use of alcohol, tobacco products or controlled substances are strictly prohibited.
2. I understand that curfews will be established and must be adhered to.
3. I will only be allowed to leave my assigned room with my chaperone or teammate(s), or an adult who has received prior approval from the Head Coach or Colorado Team Manager in charge of the team.
4. I understand that my parent(s) or members of the opposite sex will NOT be allowed to enter my room at any time.
5. I understand that attendance is required to all team functions, including but not limited to, meetings, practices, exhibitions, press conferences and competitions unless otherwise excused or instructed by the Head Coach or Team Manager in charge of the team.
6. I understand that uniform requirements established for the trip must and will be followed.
7. I will show proper respect, sportsmanship and courtesy toward all coaches, officials, administrators, competitors, chaperones and the public.
8. I will behave in a manner that presents a positive image of Colorado Swimming and will strive to promote an atmosphere conducive to meeting the competitive performance objectives.
9. I understand that additional guidelines may be established as needed to ensure the safety and well-being of the team members, and subsequently must be adhered to.
10. Failure to comply with the Colorado Swimming Swimmer Code of Conduct as set forth in this document may result in disciplinary action, which may include but not limited to the following:
 - a. Disqualification from one or more events of the competition.
 - b. Dismissal from the team with timely scheduled return home, at my own expense.
 - c. Disqualification from future Colorado Swimming sponsored activities at the recommendation of the Head Coach.

Any disciplinary action taken may be appealed in accordance with Part Four of the U.S. Swimming Rules and Regulations and Article 10 of the Colorado Swimming Bylaws.

Athlete Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

Competition: Midwest All Star Championships – Jan. 13-15, 2023 – Des Moines, IA