

City of Commerce
ATHLETE CODE OF CONDUCT AND EXPECTATIONS

AS A COMMERCE ATHLETE:

- I understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of the *Athletic Code of Conduct and Expectations*, hereinafter known as the athlete *Code of Conduct*.
- I understand and realize that there is risk of injury in participating in athletic activities.
- I understand and realize that the **possession and/or use of illegal drugs and/or paraphernalia** or the possession and/or use of drugs or medication without a prescription is strictly prohibited, along with the use of any alcohol or tobacco product.
- I understand and realize that **Hazing/Initiation Ceremony** are in violation of this code and will not be tolerated. Coaches will not permit, nor will a Commerce Athlete stage, any type of “*initiation ceremony*” or *hazing* for athletes at any time and on any level. This prohibition includes any athlete or group of athletes giving other athletes haircuts, shaving other athletes, locker/shower pranks, assigning newer/younger members of the team do demeaning jobs, etc. All members of the team shall share equally the duties required of the team.
- Poor Sportsmanship** for a Commerce Athlete, whether as a participant or as a spectator will not be tolerated. I will observe at all times, courteous behavior, especially during a sporting event. Booing, whistling, name calling, obscene gestures, fighting or arguing with the referee or coach, are examples of behavior that will be classed as poor sportsmanship.
- I understand and realize that **Stealing** of any kind will not be tolerated. This includes, but is not limited to, clothing or other articles belonging to another Commerce Athlete, coach or an opponent.
- I understand and realize that **Vandalism or Property Destruction** may result in an internal or external suspension, counseling, and if deemed necessary, appropriate penalties for violation of the athletic *Code of Conduct*.
- I understand and realize that **Verbal and/or Physical Abuse** to include violent, rude, or bullying behavior directed at coaches, team members, opponents, officials...etc. will not be tolerated at any time.
- I have read the *Code of Conduct* and accept the consequences of a violation of this policy. I will honor my commitment to the *Code of Conduct*. I understand this is a binding contract while I am serving as an Athlete for the City of Commerce.

City of Commerce
PARENT/GUARDIAN/CUSTODIAN
CODE OF CONDUCT AND EXPECTATIONS

AS A PARENT/GUARDIAN/CUSTODIAN:

I have read the *Code of Conduct* and understand the responsibilities of my child(ren) as participant(s) in athletic activities in the City of Commerce. I pledge to promote healthy lifestyles for all athletes of the City of Commerce athletic teams. I understand and realize that there is an assumed risk of injury involved for my son or daughter as a participant in athletic activities. I understand and realize that the possession and/or use of illegal drugs and/or paraphernalia or the possession and/or use of drugs or medication without a prescription is strictly prohibited, along with the use of any alcohol or tobacco product. I understand and realize that any hazing/initiation ceremonies are in violation of this code and will not be tolerated.

I understand that whether my child is a participant or a spectator, poor sportsmanship will not be tolerated. I will encourage my child's courteous behavior along with my own, especially during a sporting event. I understand and realize that stealing of any kind will not be tolerated. I support the fact that vandalism or property destruction may result in an internal or external suspension, counseling, and if deemed necessary my child will be given the appropriate penalty for violation of the athletic Code of Conduct.

I understand that verbal or physical abuse, to include violent, rude or bullying behavior from my child(ren) will not be tolerated at any time.

I have read this Athlete Code of Conduct and support this agreement. I have discussed this Code of Conduct with my child(ren) and will accept the consequences of a violation of this policy as presented by the City of Commerce Athletic Coaches. I understand this is a binding contract while my son or daughter is an athlete for the City of Commerce.

This agreement must be signed and on file in the Sports Division Office or Aquatic Division Office before an athlete may participate in any athletic event for the City of Commerce.