



MONTROSE MARLINS SWIM TEAM

## Marlin of the Month Addison Harmsen

February 2016

One of our youngest Marlins, Addie (6) displays a passion for swimming that is mature beyond her years. She is completing her first full year of swimming, her second year of violin instruction and her third year of outdoor activities such as hiking or snow sports.

**Parents:** Will & Amy

**Siblings:** Younger sisters Bella (4) and Gabby (1).

**Favorite stroke:** "Right now, it's butterfly. It's a hard stroke, but I think I'm going to get pretty good at it!"

**Swim challenge:** "I was all ready to do my first 50, but then I got sick and had to miss the Grand Junction meet. Next time, I'm not getting sick!"

**Coach's comments:** "Addie is a super listener. She is also very committed to whatever is being taught at a given practice," said her coach, Alexia McHugh. "It's impressive how much stronger she is already becoming at such a young age ... it's because of how hard she works on a daily basis."

**Favorite song:** "Song of the Wind. It's a piece I'm learning on my violin."

**Favorite food:** "Chicken and capers."

**Favorite movie:** Minions

**Family swim factoid:** Addie's grandfather, 94-year-old Robert Rutledge, was a multiple-event Colorado high school state champion back in 1940. Rutledge went to a Denver high school, but now lives in Montrose ... Addie's father, Will, began swimming with the Montrose Marlins as a kid back in 1978, the same year as our own Marlins head coach, Silas Almgren.

**Parent's comment:** "Swimming is obviously a special sport to my whole family. And it has really come full-circle now that Addie is doing it," father Will said. "When I swam for the Marlins as a kid, we did it in an old outdoor pool by Columbine. We thought this (current pool) was the hottest new thing when it opened ... to think that she now gets to experience swimming in the new Rec Center (under construction) really shows this town's commitment to young people."



*The Marlin of the Month is selected by our coaching staff with the intent on highlighting success both in and out of the pool. Each honored swimmer also receives two complimentary movie passes from San Juan Cinemas.*