



Dynamic Warm-Up Equipment Sheet

10 & Under Athletes

Resistance Tubing Deluxe with Handles

Hard Handles, 48 Inch, Yellow, Extra-Light

Professional Latex Resistance Band Loop (Legs)

\$3 per Band Orange ~ talk to coaching staff

11-12 Athletes

Resistance Tubing Deluxe with Handles

Hard Handles, 48 Inch, Red, Light

Professional Latex Resistance Band Loop (Legs)

\$3 per Band Yellow ~ talk to coaching staff

Click link to order Band Loop

13 & Over Athletes

Resistance Tubing Deluxe Tubing with Handles

Hard Handles, 48 Inch, Green, Medium

Professional Latex Resistance Band Loop (Legs)

\$3 per Band Green ~ talk to coaching staff

Click link to order Band Loop

15 & Over Athletes

Resistance Tubing Deluxe Tubing with Handles

Hard Handles, 48 Inch, Blue, Hard

Professional Latex Resistance Band Loop (Legs)

\$3 per Band Blue ~ talk to coaching staff

Click link to order Band Loop

We are not in a partnership with this website. If you find prices that are cheap on the **same** product please share with Coach Steve. Thank you.

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