

Bonus Time Standards						
Women				Men		
SCY	SCM	LCM	Event	LCM	SCM	SCY
26.59	29.29	30.39	50 Free	26.79	26.29	23.79
57.49	1:03.49	1:05.49	100 Free	59.59	57.39	51.99
2:03.89	2:16.89	2:21.09	200 Free	2:10.79	2:05.49	1:53.59
NA	NA	NA	400/500 Free	NA	NA	NA
NA	NA	NA	800/1000 Free	NA	NA	NA
NA	NA	NA	1500/1650 Free	NA	NA	NA
1:03.69	1:10.19	1:13.79	100 Back	1:07.79	1:04.29	58.29
2:17.29	2:31.59	2:37.49	200 Back	2:24.69	2:19.59	2:06.49
1:13.49	1:21.09	1:24.09	100 Breast	1:16.59	1:12.89	1:06.09
2:37.99	2:54.39	2:59.99	200 Breast	2:44.89	2:38.89	2:23.99
1:03.59	1:10.09	1:11.79	100 Fly	1:05.29	1:03.39	57.49
2:18.99	2:33.39	2:37.59	200 Fly	2:24.89	2:21.09	2:07.89
2:18.69	2:33.29	2:39.49	200 IM	2:26.39	2:20.09	2:06.79
NA	NA	NA	400 IM	NA	NA	NA