



Colorado Swimming Short Course Age Group Championships (14 & Under) February 25-27, 2022

SANCTION: Held under sanction of Colorado Swimming, Inc. of USA Swimming #2022-023. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE: Chris Synsvoll Email: csynsvoll@gmail.com

ADMINISTRATIVE REFEREE: Dale Ammon Email: dcammon5@gmail.com

MEET DIRECTOR: Andrew Brand Email: coachandrew@teamcudas.com
Or Designee

ENTRY CHAIR: Colorado Swimming Email: meetentries@swimcolorado.org
970-454-3697 (Linda)

Charged to Team Account or Make checks payable to Colorado Swimming

SAFETY DIRECTOR: Damon Garrison Email: coachdamon@teamcudas.com

LOCATION: [Veterans Memorial Aquatic Center, 5310 E. 136th Ave., Thornton, CO 80026](#)

FACILITY: Elevation: 5340 ft. Indoor, 25 yard, 10 lane pool. The competition course has been certified in accordance with 104.2.2C(4), and a copy of such is on file with USA Swimming. Continuous warm-up/warm-down lanes will be available during the meet. The competition course depth is a continuous 7 feet at start and turn ends and in the middle.

Only USA Swimming member swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers are allowed on deck. Parents and spectators please remain in the stands or lobby area.

MASKS ARE REQUIRED AT ALL TIMES WHILE INSIDE THE BUILDING

TIMING: Colorado Electronic Timing System with touch-pads. Each lane will have backup timers.

MANDATORY GENERAL MEETING: Friday, Feb. 25th at 6:30 AM. Meet Referee will answer any questions about the Meet format as well as any last minute changes/reminders from the Administrative Referee.

SCHEDULE:

Session	Warm-Up	Meet Start
Friday, Saturday and Sunday PRELIMS	13-14 General Warm-up: 7:00-7:40am 11-12 Assigned 7:40-8:05am Specific Warm-up: 8:05-8:20am	8:30am
Friday, Saturday and Sunday FINALS	10 & U General Warm-up: 3:15-3:40pm 10 & U One Way Starts: 3:40-3:45pm 11 & O General Warm-up: 3:45-4:10pm 11 & O Specific Warm-up: 4:10-4:20pm	4:30pm

Access to the pool & seating area opens at 6:00 am

FINALS: The top two (2) heats 14&U and 12&U. “B” finalists are to report behind the blocks and will be announced in the pool. “A” finalists, if you would like to march please report to the ready area, if not please report behind the block. Alternates are to report to the starting area Chief Judge and Deck Ref; alternates will be used in the B heat only.

- 1. Finals Reporting: It is the responsibility of all athletes in finals to report behind the blocks in time to swim their event. If an athlete fails to report in time and the Deck Referee has inserted**

an alternate, or has determined they are not present to swim, then the athlete will be barred from further competition.

2. A \$50.00 fine will be assessed for this failure to appear which must be paid before the swimmer can resume competition in any sanctioned event in Colorado.

ENTRIES: Swimmers may enter up to five (5) individual events per day, but must scratch down to and swim a maximum of three (3) individual events per day, a maximum of 7 total events for the meet. Swimmers may enter and swim one (1) relay event each day. **Swimmers must pay for all events entered no refunds for changes or scratched events.**

Teams may enter two (2) relays per event.

ENTRY FEES:

\$16.00 for each relay event.

\$7.30 for each individual event. (\$1.30 of each individual event will go to the CSI Support Fund)

\$18.00 per swimmer pool charge (Includes all swimmers listed on the master sheet for relays).

Any outstanding fees and/or past due fees owed to Colorado Swimming must be paid in full in order to participate in the meet.

ELECTRONIC ENTRY PROCEDURES AND DEADLINE:

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than 11:59 pm on Tuesday, **February 15, 2022**. (**entries will be verified on/or before Feb 16th**).
- **Payment will be processed via credit card at the meet or via QuickBooks Invoicing.**
- **NO LATE ENTRIES ACCEPTED AFTER ENTRY DEADLINE. NO DECK ENTRIES.**
- Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.
- Psych sheet, warm-up and timer assignments will be posted at www.swimcolorado.org by Friday, February 18, 2022.

LAST CHANCE ENTRY EXCEPTIONS:

- Entries from times achieved at Last Chance Meets held the weekend prior to the meet. Approved Last Chance meets are all meets in Colorado; any other meet must be approved by Linda Seckinger. Last Chance exception only applies to swimmers who have not previously qualified in that event. No previous times will be adjusted.
- **Last Chance Entry procedure:** New qualifications and payment must be submitted to the meet director at the last chance meets. The Meet director will then forward all last chance qualifications to the AG State meet entry chair. **Entries will not be accepted from individuals or teams, only from last chance meet host.**
- **Times must be achieved at approved designated Colorado Last Chance meets and/or any additional meets requested to meetentries@swimcolorado.org before Jan 15, 2022.**

Corrections should be made as follows:

Entry corrections & Proof of time correction should be sent to: Linda Seckinger meetentries@swimcolorado.org
Registration corrections should be sent to: Jackie Stiff csiswimoffice@swimcolorado.org

ELIGIBILITY: All athletes **must** hold a 2022 USA Swimming Premium or Outreach membership issued by Colorado Swimming, Inc. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. No deck registrations allowed. The meet will also be open to CSI physically impaired athletes with Motivational Time Standards. Exception report will be e-mailed to affected clubs/coaches after the entry deadline. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. Deck pass is an acceptable proof of Membership.

SCORING: Short Course State Championships will score 20 places.

Individual: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Relays: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

AWARDS:	Individual:	Medals	1-10	Ribbons	11-20
	Relays:	Medals	1-3	Ribbons	4-10

HIGH POINT AWARD: Top male & female in each age group.

TEAM AWARDS: Top 3 teams.

SEEDING PROCEDURE & SCRATCH RULES:

Scratch procedures will be enforced as per 207.11.6 in the USA Swimming Rules and Regulations. All scratches for the first day must e-mailed by **2:00 p.m. Thursday, February 24th** to the entry chairman, meetentries@swimcolorado.org. The scratch deadline for all subsequent days shall be thirty minutes after the published starting time of the final session of each day's events. Please review **207.11.6D**, as penalties will apply to swimmers who fail to compete in a preliminary event in which they did not scratch. Swimmers qualifying to swim in finals must declare to the Administrative Referee their intent to scratch within 30 minutes of the announcement of results. The final decision to scratch a finals event must be declared to the administrative referee within 30 minutes after their last individual preliminary event.

A swimmer not reporting to a final event, in which the results were posted for his/her swim, will be barred from further competition in the meet PLUS a \$50.00 fee will be assessed to swimmers not in compliance with the scratch rule. The swimmer will not be allowed to compete in a Colorado Swimming Sanctioned event until fine is paid "Scratch rule for consolation finals and finals shall be in accordance with Section 207.11.6 D.1."

NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last, per article 207.11.7 of the USA Swimming Rules and Regulations.

POSITIVE CHECK-IN EVENTS (DISTANCE AND RELAYS):

RELAYS: All relay only swimmers and relay alternates must be included in the entry file to be eligible to compete on a relay team. **NO ADDITIONS WILL BE ADDED AT THE MEET.**

Declaration of the relay must include: (1) First and Last Names, (2) Ages, (3) Order of Swimming, (4) Alternate swimmers and USA Swimming ID's.

RELAYS MUST BE CHECKED IN 30 MINUTES AFTER THE PUBLISHED START OF FINALS ON THE PREVIOUS DAY, except 10 & unders who will check in by 10:30am the morning of the swim.

Relays will be seeded after the established declarations deadline has passed, but the order of swimmers declared on the cards may be changed at any time prior to the start of the heat.

1. Relays not meeting the qualifying time will not score points or receive awards.
2. A maximum of two (2) relay teams per club per event will be permitted.
3. No unattached swimmer may swim on a relay.
4. All relays will swim as a timed final event.

1650 FREESTYLE

1. Scratch deadline will be 30 minutes after the start of finals the night before the event will be contested.
2. The 1650 freestyle will swim fastest to slowest alternating girls and boys. The fastest heat of girls and the fastest heat of boys will swim in the finals. Athletes may elect to swim during the morning session. This desire must be declared prior to the scratch deadline.
3. A Declared False Start (DFS) will not be accepted from any swimmer.
4. 1650/500 FREE SWIMMERS MUST PROVIDE TWO (2) OF THEIR OWN TIMERS AND MAY APPOINT A COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN.
5. **A \$50.00 fine will be assessed for this failure to appear which must be paid before the swimmer can resume competition in any sanctioned event in Colorado.**

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.

2. Current USA Swimming Rules & Regulations, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern the meet, in conjunction with the following information from Colorado Swimming Inc.
3. Age as of the first day of the meet, February 25, 2022 will determine the swimmer's age group for competition.
4. No exhibition swimming is allowed.
5. Entry Times must have been achieved between February 28, 2020 and February 15, 2022. See Last Chance Meet exceptions below.
6. A maximum of two (2) relay teams per club per event will be permitted. No unattached swimmers on any relay or unattached relays. N.T. or "blank spaces" will be deemed an incorrect entry and will not be accepted. No money will be refunded to teams for an incorrect entry.
7. Colorado Swimming, Inc. procedures for warm-up will be observed.
8. The USA Swimming National Start will be used. Please refer to 101.1.2
9. **Participating teams will be required to provide timers.** Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
10. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
11. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.”
12. All swimwear must conform to USA Swimming Rule and Regulations. If you have any question on older suits check the current FINA Approved swim suit list. 12 & Under suit rules are changing effective Jan 1, 2020.
13. Any team or unaffiliated photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms, during any starts or relays.
14. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
15. Deck Changing is Prohibited. USA Swimming Rule 202.4.9I.
16. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
17. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Coaches/Officials: Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass and/or a membership card is an acceptable proof of membership. Coaches and officials will be required to sign in to in order to be on deck.

1. A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
2. No trainees will be allowed on deck for the prelim/final portion of this meet
3. Application to Officiate is available on the CSI website under the Officials Tab.

Officials uniforms: **Prelims:** White polo shirts over black shorts, long pants or skirts/skorts.

Officials uniforms: **Finals:** White polo shirts over black long pants or skirts/skorts. No short pants at finals please. Black socks and black shoes at both sessions.

SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. policies and procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.

- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution “may” help reduce these risks. Colorado swimming will not be held responsible for injuries incurred by athletes, parents, spectators, coaches and officials.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner’s expense.

HEAT SHEETS AND RESULTS:

Programs will be available for \$10.00 Heat sheets will be sold individually at each session for \$2.00 each. Heat sheets and the final results will be provided for teams entered in the meet.

NO SMOKING ON THE POOL DECK, IN THE BUILDING, OR ANY AREA FREQUENTED BY SWIMMERS.

HOTELS: Marriott Properties are preferred. Other hotels on 120th: Ramada, Holiday Inn, Hampton Inn and DoubleTree.

COVID Information:

- We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.
- USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

COLORADO SWIMMING AGE GROUP CHAMPIONSHIP EVENTS

Friday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
3	11-12 100 Breast	4
5	13-14 200 Breast	6
9	11-12 200 I.M.	10
11	13-14 200 I.M.	12
15 TFP	12-U 200 Back	16 TFP
17	13-14 100 Fly	18
19	11-12 50 Fly	20
23	13-14 500 Free	24
25	12-U 500 Free	26

Friday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
1 TF	10-U 50 Breast	2 TF
3	11-12 100 Breast	4
5	13-14 200 Breast	6
7 TF	10-U 200 I.M.	8 TF
9	11-12 200 I.M.	10
11	13-14 200 I.M.	12
13 TF	10-U 50 Fly	14 TF
17	13-14 100 Fly	18
19	11-12 50 Fly	20
21 TF	10-U 100 Free	22 TF
23	13-14 500 Free	24
25	12-U 500 Free	26

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS

Saturday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
27 TFP	12-U 200 Med Relay	28 TFP
29 TFP	14-U 400 Med Relay	30 TFP
33	11-12 200 Free	34
35	13-14 50 Free	36
37	11-12 100 I.M.	38
39	13-14 400 I.M.	40
43	11-12 50 Back	44
45	13-14 100 Back	46
49	11-12 50 Breast	50
51	13-14 100 Breast	52
55	11-12 100 Free	56
57	13-14 200 Free	58
59 TFP	12-U 200 Fly	60 TFP

Saturday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
31 TF	10-U 200 Med Relay	32 TF
33	11-12 200 Free	34
35	13-14 50 Free	36
37	11-12 100 I.M.	38
39	13-14 400 I.M.	40
41 TF	10-U 50 Back	42 TF
43	11-12 50 Back	44
45	13-14 100 Back	46
47 TF	10-U 100 Breast	48 TF
49	11-12 50 Breast	50
51	13-14 100 Breast	52
53 TF	10-U 200 Free	54 TF
55	11-12 100 Free	56
57	13-14 200 Free	58

SUNDAY PRELIM EVENTS WILL BE SWUM OUT OF NUMERICAL ORDER

Sunday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
61 TFP	12-U 200 Free Relay	62 TFP
63 TFP	14-U 400 Free Relay	64 TFP
69 TFP	12-U 400 I.M.	70 TFP
75	13-14 200 Back	76
73	11-12 100 Back	74
81	13-14 100 Free	82
79	11-12 50 Free	80
	5 min break	
87	13-14 200 Fly	88
85	11-12 100 Fly	86
	5 min break	
89 TFP	12-U 200 Breast	90 TFP
91*TFP	*14-U 1650 Free	92*TFP

Sunday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
65 TF	10-U 200 Free Relay	66 TF
91* TFP	*14-U 1650 Free	
67 TF	10-U 100 I.M.	68 TF
	14-U 1650 Free	92 TFP
71 TF	10-U 100 Back	72 TF
73	11-12 100 Back	74
75	13-14 200 Back	76
77 TF	10-U 50 Free	78 TF
79	11-12 50 Free	80
81	13-14 100 Free	82
83 TF	10-U 100 Fly	84 TF
85	11-12 100 Fly	86
87	13-14 200 Fly	88

* TFP = FASTEST HEAT OF MENS AND FASTEST HEAT OF WOMENS SWIM IN FINALS.

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS