



## Cuda Code of Conduct

I acknowledge that as a swimmer on the Front Range Barracudas Swim Club, I agree to and understand the following Code of Conduct. The following Code will be enforced as long as I am a member of the club and will cover all activities pertaining to my involvement, including the use of any facility contracted by the team for practice or any other purpose, as well as my behavior during competition or training times either at home or travel meets arranged by FRBSC, Colorado Swimming, or USA Swimming. The Cuda Code of Conduct is in accordance with recommendations made by USA Swimming. Ultimately, the goal of such a code is to ensure a positive learning environment for the development of my swimming and that of my teammates.

- I will behave in a mature manner at practice and meets in order to represent the Cudas favorably.
- I will be respectful and listen intently to every Cuda coach and treat him/her with dignity.
- I will be respectful of all swimmers, whether from my team or an opposing team.
- I will be respectful of every facility we use and leave it the way I found it or better.
- I will refrain from using foul language or negative comments while at team functions.
- I will keep a copy of this Code of Conduct so that I may review it.
- I will be aware of and sign the locker room code of conduct.
- I will be aware of and sign the electronic communication code of conduct.

All participants of the Front Range Barracudas Swim Club agree to the rules and guidelines as set forth in the Code of Conduct. Furthermore, FRBSC coaches are the final authority on discipline issues and reserve the right to impose the following steps if adherence is not met:

**First Violation:** The swimmer will receive a written warning from the coaches requiring signatures from the swimmer and his/her parent.

**Second Violation:** The swimmer will undergo one week’s suspension from the club. The swimmer will not be allowed to go on deck during practice or attend any meets during this time with no refund of dues or fees.

**Third Violation:** The swimmer’s case will be presented to the FRBSC board with the recommendation of immediate dismissal from the Club and no refund of dues or fees.

X \_\_\_\_\_

(Swimmer)

X \_\_\_\_\_

(Parent or Guardian)

X \_\_\_\_\_

(Coach)