



FRONT RANGE BARRACUDAS

CHARACTER • RESPECT • INTEGRITY

Cuda Parent Code of Conduct

I acknowledge that as a parent of a swimmer on the Front Range Barracudas Swim Club (FRBSC), I agree to and understand the following Parent Code of Conduct for the entire duration of membership to this team. The Cuda Parent Code of Conduct is in accordance with recommendations made by USA Swimming and the American Swim Coaches Association. Ultimately, the goal of such a code is to ensure a positive learning environment for the development of all swimmers and to ensure a productive and encouraging club atmosphere.

- I will avoid offering advice on technique or race strategy, as this is the coach's job. Avoid paying or otherwise rewarding your child for performance. This will only serve to confuse your child concerning the reasons to strive for excellence and will weaken the swimmer-coach bond. Be a supportive observer and offer words of encouragement regardless of the outcome of a race.
- I will avoid discussing issues concerning your swimmer with any member of the coaching staff during scheduled practice time or during a meet (excluding emergency situations). Communicate via email or make arrangements to meet in person at another time instead.
- I will not attend meets outside of the team-chosen meets and will respect the meet choices of our coaching staff.
- I will conduct myself appropriately at all times, including displaying good sportsmanship, being safety-conscious, and respecting the facilities we use and the property of others.
- I will treat all coaches, officials, board members, and other swimmers and parents with courtesy and respect. Avoid foul or offensive language, including negative or derogatory comments.
- I will avoid criticizing the coach or an official in the presence of your child.
- I will avoid imposing your own ambitions on your swimmer.
- I will avoid removing your swimmer from practice or competition early due to dissatisfaction with his/her performance or a disagreement with a coach or official.
- I will void focusing solely on winning. Celebrate the process instead, and encourage your child to race against the clock and learn from mistakes.
- When registering a complaint, I will wait 24 hours from the incident before bringing it to the attention of the coach, official, or board member. This will provide a "cooling off period" for all parties involved. Communicate within the chain of command, starting directly with the person with whom you have an issue before moving on to the head coach or a board member.
- I understand that while attending a FRBSC practice, function, or meet, unlawful possession or abuse of alcohol, drugs, or other contraband may constitute immediate dismissal from the Club.

All parents of participants of the Club agree to the rules and guidelines as set forth in the Code of Conduct. Furthermore, coaches or board members reserve the right to impose the following steps if adherence is not met:

- First Violation: The parent will receive a written warning from the Board of Directors requiring a signature from the parent.
- Second Violation: The parent will undergo one month's suspension from the club. The parent will not be allowed to go on deck during practice or attend any meets during this time with no refund of dues or fees.
- Third Violation: The parent's case will be presented to the FRBSC board with the recommendation of immediate dismissal from the Club and no refund of dues or fees.

X _____

Parent or Guardian

Date