

National							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	5:45-7:30AM @ Watermania		5:50-7:30AM @ Watermania		5:45-7:30AM @ WAFC	5:45-8:45AM @ WAFC	
PM	3:15-5:30PM @ WAFC	3:15-5:30PM @ WAFC		3:15-5:30PM @ WAFC	3:15-5:30PM @ WAFC		
DRY		6:00-7:00pm Cody		6:00-7:00pm Cody			
Provincial							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM		5:45-7:30AM @ WAFC		5:45-7:30AM @ WAFC*		5:45-8:45AM @ WAFC	
PM	5:00-7:00PM @ WAFC		3:15-5:30PM @ WAFC	5:00-7:00PM @ WAFC	5:00-7:00PM @ WAFC		
		3:30-4:30PM @ MMA		*alt. w/ gym 6:15-7:15AM			
Age Group Gold							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM			5:45-7:30AM @ WAFC*			5:45-8:45AM @ WAFC	
PM	5:00-7:00PM @ WAFC	5:00-7:00PM @ WAFC		5:00-7:00PM @ WAFC	5:00-7:00PM @ WAFC		
				6:15-7:15AM @ GYM			
Age Group Blue #1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	6:15-7:30AM @ WAFC					7:45-9:00AM @ WAFC	
PM		5:15-7:00PM @ WAFC	5:00-7:00PM @ WAFC		5:15-7:00PM @ WAFC		
Age Group Blue #2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM						7:45-9:00AM @ WAFC	
PM	5:15-7:00PM @ WAFC	4:15-5:30PM @ WAFC	5:00-7:00PM @ WAFC		4:15-5:30PM @ WAFC		
Conditioning & Technique							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM		6:15-7:30AM @ WAFC				7:45-9:00AM @ WAFC	
PM				4:15-5:30PM @ WAFC			

Junior Dolphins Gold #1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							
PM	3:15-4:30PM @ WAFC		3:15-4:30PM @ WAFC		3:15-4:30PM @ WAFC		
Junior Dolphins Gold #2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM						8:45-10:00AM @ WAFC	
PM		3:15-4:30PM @ WAFC		3:15-4:30PM @ WAFC			
Junior Dolphins Blue #1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM	4:30-5:30PM @ WAFC		4:30-5:30PM @ WAFC				
Junior Dolphins Blue #2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM		3:30-4:30PM @ WAFC		3:30-4:30PM @ WAFC			
Junior Dolphins Blue #3							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM		4:30-5:30PM @ WAFC		4:30-5:30PM @ WAFC			
Junior Dolphins Blue #4							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM	3:30-4:30PM @ LLC		3:30-4:30PM @ LLC				
Mini Dolphins #1							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM					3:30-4:30PM @ LLC		
Mini Dolphins #2							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM					4:30-5:30PM @ LLC		

Mini Dolphins #3							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PM					5:30-6:30PM @ LLC		