**Oregon Community Swim Club**

**Winter Hexathlon**

Sanction # WI2019-049S

 In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DATE: **Friday, January 18, 2019- Saturday, January 19, 2019**

LOCATION:  **Oregon Community Pool**

 **249 Brook Street, Oregon, WI 53575**

 **608-835-8617**

FACILITY: Oregon Community Pool is a 6-lane, 25-meter pool with non-turbulent lane markers and backstroke flags. Parking and Limited Spectator Seating is available. The pool has a minimum water depth, measured in accordance with Article 103.2.3, of 4 feet, 6 inches at the starting end and 3 feet at the turn end. The Competition Course has not been certified in accordance with USA Swimming’s Rule 104.2.2C(4).

SCHEDULE: Friday night session warm ups will be at 5pm with meet starting promptly at 6:10 pm. Morning session warm-ups will be 7:15am-8:15am. The meet will start promptly at 8:30 am. Afternoon session warm-ups will begin at the conclusion of the morning session, but not before 11:00am and last for one hour. Fly Over starts will be used during the meet, please inform your swimmers.

WARM-UPS: OCSC reserves the right to assign warm up times and lanes if needed. First 30 minutes will be general warm-up/circle swim. Last 30 minutes: Lanes 1, 2, & 3 will be circle swim. Lanes 4, 5, & 6 will be one-way sprints. **Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.**

ENTRIES: **Swimmers may only compete in two (2) individual events on Friday, and four(4) on Saturday**, **Six(6)for the entire meet** No relays will be offered. Swimmers must be USA Swimming registered in order to enter. This meet will be run using Hy-Tek meet manager. All teams are encouraged to submit entries in the Hy-Tek commlink format. Max of 1300 Entries will be accepted.

 Any swimmer entered in the meet, unaccompanied by as USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

ENTRY DEADLINE: The entry chair must receive a completed entry form, signed waiver and fees no later than **Wednesday**, **January 9th**. No entries will be taken over the phone. Email entries are encouraged and can be sent to Catherine Stang at catherinestang@sbcglobal.net. Unless you have received a confirmatory email from the above address, it has not been received! Meet entry fees and waiver must be sent via standard mail and postmarked by the entry deadline.

SEEDING: **The Friday 800 Freestyle will be a positive check-in event** and will be swum fastest to slowest, alternating girls and boys heats. The Wisconsin scratch rule will apply. Swimmers who check in for the 800 freestyle and do not compete will be barred from their next scheduled individual event, unless they declare a False Start with the Head referee before their event starts.  **Deadline for the 800 Freestyle is the end of Friday night warm ups**. Saturday morning and afternoon are PRE-SEEDED. IT IS THE SWIMMERS RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT. Staging will be provided for 8 & under swimmers.

DECK SEEDING: Deck seeding will be allowed only to the limit of partially filled heats. An $8 per event charge will be assessed for deck seeding. Deck seeding will close at 4:30pm for the Friday evening session, 8:00am for the Saturday morning session, and one-half hour before the beginning of the Saturday afternoon session.

ENTRY FEES: $3.00 LSC splash fee per swimmer, $5.00 per individual event

FINAL RESULTS: A copy of the final results will be emailed to all participating clubs.

TIMING SYSTEM: All events (with the exception of 25-meter races) will be timed using a Colorado Timing System with horn start, touch pads, one button, and two watches as backup. 25-Meter races will be timed with two (2) stopwatches.

SPECIAL NEEDS SWIMMERS: Please indicate on the entries form any special needs for those athletes requiring assistance. Also, please inform the head official of those needs prior to the start of the meet.

AWARDS: **High point trophies for 1st Place, High Point Medals for 2nd & 3rd place** for boy and girl from each age group (7&U, 8, 9, 10, 11, 12 & 13 and over) who have the highest combined total from their individual events. **Swimmers are allowed up to two(2) events on Friday, and up to four(4)events on Saturday for a total of six(6) total events for meet**. **Ribbons will be awarded for individual events for 1st through 16th place**. Group distribution of awards to coaches at the end of the meet. Awards will not be mailed. Swimmers who deck seed any events will be ineligible for High Point awards. Relays will not earn individual points.

OFFICIALS: Steve Suprenant- Head Official, slsurp@charter.net, 608-575-2595. Jason Schaeffer-Administrative Official, jason@veronasafety.com. Swimming LSC rules apply to this meet. All out of state swimmers must bring their USA-S card to the meet. Swimmers not reporting to the blocks at the start of their event will be scratched.

MEET CONDUCT: Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other’s property will be required to leave the competition. No parents/guardians allowed on Pool Deck. Only Coaches, Swimmers, and Meet Workers are allowed on the pool deck. In accordance with the Federal Video Voyeurism Prevention Act of 2004- the use of camera phones or video recording devices in the locker rooms is prohibited. Coaches’ packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times. Except where venues facilities required to otherwise, changing into or out of swimsuits other than in locker rooms or designated areas is not appropriate and is prohibited.   Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.  Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

ADMISSIONS: Admission is $6.00 for those guests 18 years and older. Heat Sheets when ready, will be available to view/print from the meet landing page.

CONCESSIONS: Delicious hot and cold foods will be available for purchase throughout the meet. No Food is allowed in the pool area.

AGE GROUPS: 7&U, 8, 9, 10, 11, 12 and 13 and Over

MEET DIRECTOR: Catherine Stang

127 Amanda Ct

Oregon, WI 53575

608-835-2772

catherinestang@sbcglobal.net

**Friday Night, January 18,2019**

5pm warm-ups, 6:10 pm start

 **Girls: Boys:**

1 Open 200 IM 2

 3 Open 100 Fly 4

5 Open 200 Back 6

7 Open 100 Breast 8

 9 Open 800 Free 10

**Saturday, January 19, 2019**

**AM Session**

7:15am warm-ups, 8:30am start

 **Girls: Boys:**

11 11-12 200 Breast 12

 13 8& Under 50 Breast 14

15 11-12 50 Freestyle 16

17 8 & Under 25 Freestyle 18

 19 11-12 100 IM 20

21 8 & U 100 IM 22

23 11-12 50 Backstroke 24

25 8& Under 25M Backstroke 26

27 11-12 50 Butterfly 28

29 8 & Under 25 Butterfly 30

31 11-12 50 Breastroke 32

33 8& Under 25 Breaststroke 34

35 11-12 100 Free 36 37 8 & Under 50 Free 38 39 11-12 100 Back 40

41 8& Under 50 Back 42

**PM Session**

1 hour warm-ups at conclusion of AM session

 **Girls: Boys:**

43 9-10 200 Free 44

45 13-Over 200 Free 46

47 9-10 50 Butterfly 48

49 13-Over 50 Butterfly 50

51 9-10 50 Freestyle 52

53 13-Over 50 Freestyle 54

55 13-Over 200 Butterfly 56 57 9-10 100 IM 58

59 13-Over 100 Back 60

61 9-10 50 Backstroke 62

63 13-Over 50 Backstroke 64

65 9-10 100 Freestyle 66

67 13-Over 100 Freestyle 68

69 9-10 50 Breaststroke 70

71 13-Over 50 Breaststroke 72

73 13-Over 200 Breast 74

 Optional 10 Minute Break

 75 Open 400 Freestyle 76

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**Meet Waiver**

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Oregon School District, Oregon Community Swim Club (OCSC) and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian:

Position Phone #

Team Name & Abbreviation

Team Coach Phone #

Name (if other than coach) & address for sending final results:

Name:

Street:

City: State Zip

Send results via email? (Y/N) Address:

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Total # of Individual Events: X $5.00 = $

Less number of Swims Reserved: X $5.00 = $ \_\_\_\_\_\_

Balance Due for additional Swims (or enter zero): $

***EXCESS RESERVATION MAY NOT BE APPLIED TOWARD SPLASH FEES***

Total # of swimmers: LSC FEE X $3.00 = $ \_\_\_\_\_\_\_\_\_\_\_\_

Total Entry Fee Due: $

**Make all checks payable to Oregon Community Swim Club**