2013-2016 National Age Group Motivational Times

9/18/2012

Short Course Yards

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min		AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min
		10 & Under Girls							**10 & Under Boys**			
39.49*	35.69*	31.89*	30.59*	29.29*	28.09*	50 Y Free	27.79*	28.99*	30.19*	31.39*	34.99*	38.49*
1:30.69*	1:21.09*	1:11.39*	1:08.19*	1:04.99*	1:01.79*	100 Y Free	1:01.09*	1:04.09*	1:07.19*	1:10.19*	1:19.39*	1:28.49*
3:20.19	2:58.29	2:36.39	2:29.09	2:21.79	2:14.39	200 Y Free	2:12.39*	2:18.69*	2:24.99*	2:31.29*	2:50.19*	3:09.09*
8:30.49	7:39.49	6:48.39	6:31.39	6:14.39	5:57.39	500 Y Free	5:51.99*	6:08.79*	6:25.49*	6:42.29*	7:32.59*	8:22.79*
48.59*	43.29*	37.99*	36.19*	34.39*	32.69*	50 Y Back	32.39*	34.19*	35.99*	37.79*	43.19*	48.59*
1:45.09*	1:33.49*	1:21.79*	1:17.89*	1:13.99*	1:10.09*	100 Y Back	1:09.49*	1:13.09*	1:16.59*	1:20.09*	1:30.79*	1:41.39*
53.59	47.79	41.99	40.09	38.19	36.29	50 Y Breast	36.19*	38.09*	39.99*	41.89*	47.49*	53.19*
1:58.79*	1:45.59*	1:32.39*	1:27.99*	1:23.69*	1:19.29*	100 Y Breast	1:18.49*	1:22.39*	1:26.29*	1:30.19*	1:41.99*	1:53.69*
47.99*	42.39*	36.69*	34.79*	32.89*	30.99*	50 Y Fly	30.89*	32.69*	34.39*	36.19*	41.39*	46.69*
1:55.49*	1:40.39*	1:25.29*	1:20.19*	1:15.19*	1:10.19*	100 Y Fly	1:10.09*	1:14.99*	1:19.89*	1:24.79*	1:39.39*	1:54.09*
1:43.39*	1:32.39*	1:21.39*	1:17.69*	1:13.99*	1:10.39*	100 Y IM	1:10.29*	1:13.69*	1:16.99*	1:20.39*	1:30.39*	1:40.39*
3:40.39*	3:17.29*	2:54.19*	2:46.49*	2:38.79*	2:31.09*	200 Y IM	2:31.09*	2:38.69*	2:46.19*	2:53.69*	3:16.29*	3:38.89*
		11-12 Girls							**11-12 Boys**			
34.09*	31.69*	29.39*	28.19*	26.99*	25.79*	50 Y Free	24.79*	25.99*	27.19*	28.39*	30.69*	33.09*
1:13.59	1:08.29	1:03.09	1:00.49	57.79	55.19	100 Y Free	54.19*	56.69*	59.29*	1:01.89*	1:06.99*	1:12.19*
2:41.19*	2:29.69*	2:18.19*	2:12.39*	2:06.69*	2:00.89*	200 Y Free	1:57.89*	2:03.49*	2:09.19*	2:14.79*	2:25.99*	2:37.19*
7:09.29*	6:38.59*	6:07.99*	5:52.59*	5:37.29*	5:21.99*	500 Y Free	5:17.29*	5:32.39*	5:47.49*	6:02.59*	6:32.79*	7:02.99*
14:48.09*	13:44.69*	12:41.19*	12:09.49*	11:37.79*	11:06.09*	1000 Y Free	10:55.49*	11:26.69*	11:57.89*	12:29.09*	13:31.49*	14:33.89*
25:01.49*	23:14.19*	21:26.99*	20:33.39*	19:39.69*	18:46.09*	1650 Y Free	18:32.79*	19:25.79*	20:18.79*	21:11.79*	22:57.79*	24:43.79*
38.79*	36.09*	33.29*	31.89*	30.49*	29.09*	50 Y Back	28.59*	30.09*	31.59*	33.09*	36.09*	38.99*
1:26.29*	1:19.49*	1:12.69*	1:09.29*	1:05.89*	1:02.49*	100 Y Back	1:00.89*	1:04.19*	1:07.49*	1:10.79*	1:17.49*	1:24.09*
2:59.49*	2:46.69*	2:33.79*	2:27.39*	2:20.99*	2:14.59*	200 Y Back	2:11.49*	2:17.79*	2:23.99*	2:30.29*	2:42.79*	2:55.29*
43.69*	40.59*	37.49*	35.89*	34.29*	32.79*	50 Y Breast	31.69*	33.39*	35.19*	36.89*	40.29*	43.79*
1:35.79*	1:28.69*	1:21.69*	1:18.09*	1:14.59*	1:10.99*	100 Y Breast	1:08.59*	1:12.19*	1:15.79*	1:19.29*	1:26.49*	1:33.59*
3:25.79*	3:11.09*	2:56.39*	2:49.09*	2:41.69*	2:34.39*	200 Y Breast	2:28.29*	2:35.29*	2:42.39*	2:49.39*	3:03.49*	3:17.69*
37.29*	34.59*	31.89*	30.59*	29.29*	27.99*	50 Y Fly	27.19*	28.69*	30.19*	31.69*	34.69*	37.69*
1:26.29*	1:19.39*	1:12.49*	1:08.99*	1:05.59*	1:02.09*	100 Y Fly	1:00.19*	1:03.69*	1:07.09*	1:10.59*	1:17.59*	1:24.49*
3:02.39*	2:49.39*	2:36.39*	2:29.79*	2:23.29*	2:16.79*	200 Y Fly	2:13.59*	2:19.89*	2:26.29*	2:32.69*	2:45.39*	2:58.09*
1:25.29*	1:19.19*	1:13.09*	1:10.09*	1:06.99*	1:03.99*	100 Y IM	1:01.99*	1:05.09*	1:08.09*	1:11.09*	1:17.19*	1:23.19*
3:02.49*	2:49.49*	2:36.39*	2:29.89*	2:23.39*	2:16.89*	200 Y IM	2:13.39*	2:20.19*	2:26.99*	2:33.79*	2:47.39*	3:00.99*
6:28.59*	6:00.89*	5:33.09*	5:19.19*	5:05.29*	4:51.49*	400 Y IM	4:45.09*	4:58.69*	5:12.19*	5:25.79*	5:52.99*	6:20.09*
		13-14 Girls							**13-14 Boys**			
32.89*	30.49*	28.19*	26.99*	25.79*	24.69*	50 Y Free	22.79*	23.89*	24.89*	25.99*	28.19*	30.39*
1:11.39*	1:06.29*	1:01.19*	58.69*	56.09*	53.59*	100 Y Free	49.79*	52.09*	54.49*	56.89*	1:01.59*	1:06.29*
2:33.89*	2:22.89*	2:11.99*	2:06.49*	2:00.99*	1:55.49*	200 Y Free	1:48.39*	1:53.59*	1:58.69*	2:03.89*	2:14.19*	2:24.49*
6:51.79	6:22.39	5:52.99	5:38.29	5:23.49	5:08.79	500 Y Free	4:52.09*	5:05.99*	5:19.99*	5:33.89*	6:01.69*	6:29.49*
14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	1000 Y Free	10:03.89*	10:32.69*	11:01.39*	11:30.19*	12:27.69*	13:25.19*
23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Y Free	16:51.29	17:39.39	18:27.59	19:15.69	20:51.99	22:28.29
1:18.29*	1:12.69*	1:07.09*	1:04.29*	1:01.49*	58.69*	100 Y Back	55.19*	57.79*	1:00.39*	1:03.09*	1:08.29*	1:13.59*
2:48.39*	2:36.29*	2:24.29*	2:18.29*	2:12.29*	2:06.29*	200 Y Back	1:58.79*	2:04.49*	2:10.09*	2:15.79*	2:27.09*	2:38.39*
1:29.39*	1:22.99*	1:16.59*	1:13.49*	1:10.29*	1:07.09*	100 Y Breast	1:01.99*	1:04.89*	1:07.89*	1:10.79*	1:16.69*	1:22.59*
3:13.99*	3:00.19*	2:46.29*	2:39.39*	2:32.39*	2:25.49*	200 Y Breast	2:15.39*	2:21.79*	2:28.29*	2:34.69*	2:47.59*	3:00.49*
1:17.69*	1:12.19*	1:06.59*	1:03.89*	1:01.09*	58.29*	100 Y Fly	54.19*	56.79*	59.29*	1:01.89*	1:07.09*	1:12.19*
2:52.39*	2:40.09*	2:27.79*	2:21.69*	2:15.49*	2:09.29*	200 Y Fly	2:00.29*	2:05.99*	2:11.69*	2:17.49*	2:28.89*	2:40.39*
2:53.19*	2:40.79*	2:28.49*	2:22.29*	2:16.09*	2:09.89*	200 Y IM	2:01.39*	2:07.19*	2:12.99*	2:18.79*	2:30.29*	2:41.89*
6:08.49*	5:42.19*	5:15.89*	5:02.69*	4:49.59*	4:36.39*	400 Y IM	4:18.69*	4:31.09*	4:43.39*	4:55.69*	5:20.29*	5:44.99*
		15-16 Girls							**15-16 Boys**			
32.29*	29.99*	27.69*	26.59*	25.39*	24.29*	50 Y Free	21.69*	22.79*	23.79*	24.79*	26.89*	28.99*
1:09.99*	1:04.99*	59.99*	57.49*	54.99*	52.49*	100 Y Free	47.49*	49.69*	51.99*	54.19*	58.69*	1:03.29*
2:30.79*	2:19.99*	2:09.29*	2:03.89*	1:58.49*	1:53.09*	200 Y Free	1:43.69*	1:48.69*	1:53.59*	1:58.59*	2:08.39*	2:18.29*
6:41.29*	6:12.69*	5:43.99*	5:29.69*	5:15.39*	5:00.99*	500 Y Free	4:40.99*	4:54.39*	5:07.79*	5:21.19*	5:47.89*	6:14.69*
13:51.09*	12:51.69*	11:52.39*	11:22.69*	10:52.99*	10:23.29*	1000 Y Free	9:42.79*	10:10.49*	10:38.29*	11:05.99*	12:01.49*	12:56.99*
23:06.29*	21:27.19*	19:48.19*	18:58.69*	18:09.19*	17:19.69*	1650 Y Free	16:19.99*	17:06.69*	17:53.29*	18:39.99*	20:13.29*	21:46.69*
1:16.29*	1:10.79*	1:05.39*	1:02.69*	59.89*	57.19*	100 Y Back	52.29*	54.79*	57.29*	59.79*	1:04.69*	1:09.69*
2:44.79*	2:32.99*	2:21.19*	2:15.29*	2:09.49*	2:03.59*	200 Y Back	1:53.69*	1:59.09*	2:04.49*	2:09.89*	2:20.69*	2:31.59*
1:28.29	1:21.99	1:15.69	1:12.49	1:09.39	1:06.19	100 Y Breast	59.39*	1:02.19*	1:05.09*	1:07.89*	1:13.59*	1:19.19*
3:09.99	2:56.39	2:42.79	2:35.99	2:29.29	2:22.49	200 Y Breast	2:09.59*	2:15.79*	2:21.99*	2:28.09*	2:40.49*	2:52.79*
1:16.19*	1:10.69*	1:05.29*	1:02.59*	59.89*	57.09*	100 Y Fly	51.59*	53.99*	56.49*	58.99*	1:03.89*	1:08.79*
2:46.79*	2:34.89*	2:22.99*	2:16.99*	2:10.99*	2:05.09*	200 Y Fly	1:54.99*	2:00.39*	2:05.89*	2:11.39*	2:22.29*	2:33.29*
2:48.89*	2:36.79*	2:24.79*	2:18.69*	2:12.69*	2:06.69*	200 Y IM	1:55.69*	2:01.29*	2:06.79*	2:12.29*	2:23.29*	2:34.29*
5:58.49*	5:32.89*	5:07.29*	4:54.49*	4:41.69*	4:28.89*	400 Y IM	4:08.49*	4:20.39*	4:32.19*	4:43.99*	5:07.69*	5:31.39*
		17-18 Girls							**17-18 Boys**			
31.99*	29.69*	27.49*	26.29*	25.19*	23.99*	50 Y Free	21.29*	22.29*	23.29*	24.29*	26.29*	28.29*
1:09.39*	1:04.49*	59.49*	56.99*	54.49*	52.09*	100 Y Free	46.59*	48.79*	50.99*	53.19*	57.69*	1:02.09*
2:29.19*	2:18.49*	2:07.89*	2:02.49*	1:57.19*	1:51.89*	200 Y Free	1:41.99*	1:46.89*	1:51.69*	1:56.59*	2:06.29*	2:15.99*
6:39.39*	6:10.89*	5:42.29*	5:28.09*	5:13.79*	4:59.59*	500 Y Free	4:36.19*	4:49.39*	5:02.49*	5:15.69*	5:41.99*	6:08.29*
13:46.19*	12:47.19*	11:48.19*	11:18.69*	10:49.19*	10:19.69*	1000 Y Free	9:38.39*	10:05.89*	10:33.39*	11:00.99*	11:56.09*	12:51.09*
23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Y Free	16:05.89*	16:51.89*	17:37.89*	18:23.89*	19:55.79*	21:27.79*
1:15.29*	1:09.99*	1:04.59*	1:01.89*	59.19*	56.49*	100 Y Back	50.79*	53.19*	55.69*	58.09*	1:02.89*	1:07.69*
2:42.59*	2:30.99*	2:19.39*	2:13.59*	2:07.79*	2:01.99*	200 Y Back	1:50.59*	1:55.79*	2:01.09*	2:06.29*	2:16.89*	2:27.39*
1:25.89*	1:19.79*	1:13.59*	1:10.59*	1:07.49*	1:04.39*	100 Y Breast	57.99*	1:00.79*	1:03.59*	1:06.29*	1:11.79*	1:17.39*
3:06.89*	2:53.49*	2:40.19*	2:33.49*	2:26.79*	2:20.19*	200 Y Breast	2:05.39*	2:11.29*	2:17.29*	2:23.29*	2:35.19*	2:47.09*
1:14.99*	1:09.59*	1:04.29*	1:01.59*	58.89*	56.19*	100 Y Fly	50.49*	52.89*	55.29*	57.69*	1:02.49*	1:07.29*
2:44.59*	2:32.79*	2:21.09*	2:15.19*	2:09.29*	2:03.49*	200 Y Fly	1:52.69*	1:57.99*	2:03.39*	2:08.69*	2:19.49*	2:30.19*
2:47.29*	2:35.29*	2:23.39*	2:17.39*	2:11.49*	2:05.49*	200 Y IM	1:52.89*	1:58.29*	2:03.69*	2:09.09*	2:19.79*	2:30.59*
5:55.79*	5:30.39*	5:04.99*	4:52.29*	4:39.59*	4:26.89*	400 Y IM	4:02.59*	4:14.19*	4:25.69*	4:37.29*	5:00.39*	5:23.49*