

**RECORDS CAC SCY Records**

**Yards-Girls**

8 & U	25 Free	15.68	<b>1-Oct-16</b>	UN- CT	Ruby G. Thoms at 2016 NE KING Fall Fiesta #1	
	50 Free	35.97	<b>28-Feb-14</b>	CAC- CT	Delaney Reck at CT Regional Championships SCY 2014	
	100 Free	1:22.03	<b>6-Jan-12</b>	CAC- CT	Abby Vetrovec at Races on the Thames	
	200 Free	2:57.42	* <b>14-Dec-13</b>	CAC	Delaney Reck at CAC Invitational	
	200 Free	2:57.42	* <b>14-Dec-13</b>	CAC- CT	Delaney Reck at CAC Invitational	
	25 Back	19.17	<b>7-Dec-13</b>	CAC	Delaney Reck at HHAC 8/Under Quadrathlon	
	50 Back	41.72	<b>23-Oct-11</b>	CAC- CT	Emma McCall at SoNoCo Swim Club Pentathlon	
	100 Back	1:33.72	<b>7-Feb-14</b>	CAC- CT	Delaney Reck at WHAT Invitational	
	25 Breast	22.96	<b>7-Dec-13</b>	CAC- CT	Delaney Reck at HHAC 8/Under Quadrathlon	
	50 Breast	48.34	<b>6-Jan-12</b>	CAC- CT	Abby Vetrovec at Races on the Thames	
	100 Breast	1:44.14	<b>9-Dec-11</b>	CAC- CT	Abby Vetrovec	
	25 Fly	16.72	<b>23-Feb-14</b>	CAC- CT	Delaney Reck at CT HMST 8 & UNDER FINALE	
	50 Fly	38.41	<b>23-Feb-14</b>	CAC- CT	Delaney Reck at CT HMST 8 & UNDER FINALE	
	100 Fly	1:35.77	<b>24-Feb-12</b>	CAC- CT	Grace Vlaun	
	100 IM	1:29.45	<b>24-Feb-12</b>	CAC- CT	Grace Vlaun at CT 2012 LEHY SC Regional Championships	
	200 IM	3:15.71	<b>28-Feb-14</b>	CAC- CT	Delaney Reck at CT Regional Championships SCY 2014	
	9-10	50 Free	30.11	<b>10-Mar-11</b>	CAC- CT	Lea Koppermann at CT Age Group Championship SCY 2011
		100 Free	1:03.10	<b>13-Mar-14</b>	CAC- CT	Grace Vlaun at CT Age Group Championship SCY 2014
		200 Free	2:23.95	<b>10-Mar-11</b>	CAC- CT	Lea Koppermann at CT Age Group Championship SCY 2011
		500 Free	6:36.40	* <b>14-Dec-13</b>	CAC	Grace Vlaun at CAC Invitational
500 Free		6:36.40	* <b>14-Dec-13</b>	CAC- CT	Grace Vlaun at CAC Invitational	
50 Back		34.24	<b>15-Nov-13</b>	CAC- CT	Emma McCall at New Haven Qualifier	
100 Back		1:14.25	<b>15-Nov-13</b>	CAC- CT	Emma McCall at New Haven Qualifier	
200 Back		2:41.77	<b>14-Dec-13</b>	CAC- CT	Grace Vlaun	
50 Breast		39.05	<b>14-Dec-13</b>	CAC- CT	Abby Vetrovec at CAC Invitational	
100 Breast		1:24.76	<b>7-Feb-14</b>	CAC- CT	Abby Vetrovec at WHAT Invitational	
200 Breast		3:07.19	<b>7-Feb-14</b>	CAC- CT	Hannah Benavides	
50 Fly		33.96	<b>15-Nov-13</b>	CAC- CT	Emma McCall at New Haven Qualifier	
100 Fly		1:15.71	* <b>13-Mar-14</b>	CAC	Grace Vlaun at CT Age Group Championship SCY 2014	
100 Fly		1:15.71	* <b>13-Mar-14</b>	CAC- CT	Grace Vlaun at CT Age Group Championship SCY 2014	
100 IM		1:15.64	<b>13-Mar-14</b>	CAC- CT	Grace Vlaun at CT Age Group Championship SCY 2014	
200 IM		2:43.80	* <b>7-Feb-14</b>	CAC	Grace Vlaun at WHAT Invitational	
200 IM		2:43.80	* <b>7-Feb-14</b>	CAC- CT	Grace Vlaun at WHAT Invitational	
11-12		50 Free	26.70	<b>7-Mar-13</b>	CAC- CT	Lea Koppermann at CT Age Group Championship SCY
	100 Free	57.50	<b>10-Mar-16</b>	CAC- CT	Grace Vlaun at CT Age Group Championship	
	200 Free	2:04.79	<b>18-Dec-15</b>	CAC- CT	Grace Vlaun at 2015 CAC Christmas Classic Trials & Finals	
	500 Free	5:34.64	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship	
	1650 Free	20:03.26	<b>4-Dec-15</b>	CAC- CT	Hannah Benavides	
	50 Back	29.48	<b>12-Mar-15</b>	CAC- CT	Emma McCall at CSI Age Group Championship SCY	
	100 Back	1:03.43	<b>13-Mar-14</b>	CAC- CT	Nell Chidley at CT Age Group Championship SCY 2014	
	200 Back	2:17.15	<b>13-Mar-14</b>	CAC- CT	Nell Chidley at CT Age Group Championship SCY 2014	
	50 Breast	33.10	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship	
	100 Breast	1:11.72	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship	
	200 Breast	2:35.71	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship	
	50 Fly	27.49	<b>27-Mar-14</b>	CAC- CT	Nell Chidley at 2014 Eastern Zone SC Swimming Championships	
	100 Fly	1:00.97	<b>27-Mar-14</b>	CAC- CT	Nell Chidley at 2014 Eastern Zone SC Swimming Championships	
	200 Fly	2:21.42	<b>13-Mar-14</b>	CAC- CT	Nell Chidley at CT Age Group Championship SCY 2014	
	100 IM	1:04.94	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship	

**RECORDS CAC SCY Records**

11-12	200 IM	2:21.39	<b>10-Mar-16</b>	CAC- CT	Hannah Benavides at CT Age Group Championship
	400 IM	5:00.93	<b>20-Feb-16</b>	CAC- CT	Hannah Benavides at CAC Age Group Grand Prix Series Final
13-14	50 Free	25.08	<b>10-Mar-11</b>	CAC- CT	Asia Langley at CT Age Group Championship SCY 2011
	100 Free	53.82	<b>15-Mar-12</b>	CAC	Asia Langley at CT Age Group Championship SCY 2012
	200 Free	1:56.86	<b>15-Mar-12</b>	CAC	Asia Langley at CT Age Group Championship SCY 2012
	500 Free	5:04.54	<b>28-Mar-18</b>	CAC- CT	Ella S. Dyjak at 2018 ISCA/NASA TYR Elite Showcase Classic
	1000 Free	10:23.45	<b>15-Mar-18</b>	CAC- CT	Ella S. Dyjak at 2018 CT Age Group Championship SCY
	1650 Free	17:14.04	<b>15-Mar-18</b>	CAC- CT	Ella S. Dyjak at 2018 CT Age Group Championship SCY
	100 Back	1:01.01	<b>10-Mar-11</b>	CAC- CT	Asia Langley at CT Age Group Championship SCY 2011
	200 Back	2:11.55	<b>15-Mar-16</b>	CAC- CT	Nell Chidley at 2015 Dolfin Junior National Championship Cup
	100 Breast	1:07.39	<b>15-Mar-18</b>	CAC- CT	Hannah Benavides at 2018 CT Age Group Championship SCY
	200 Breast	2:23.27	<b>15-Mar-18</b>	CAC- CT	Hannah Benavides at 2018 CT Age Group Championship SCY
	100 Fly	58.65	<b>19-Mar-15</b>	CAC- CT	Nell Chidley at 2015 Speedo Sectionals at Ithaca, NY
	200 Fly	2:07.68	<b>10-Mar-16</b>	CAC- CT	Nell Chidley at CT Age Group Championship
	200 IM	2:13.56	<b>15-Mar-18</b>	CAC- CT	Hannah Benavides at 2018 CT Age Group Championship SCY
	400 IM	4:41.97	<b>15-Mar-18</b>	CAC- CT	Hannah Benavides at 2018 CT Age Group Championship SCY
	15 & O	50 Free	24.05	<b>19-Mar-15</b>	CAC- CT
100 Free		51.45	<b>19-Mar-15</b>	CAC- CT	Asia Langley at 2015 Speedo Sectionals at Ithaca, NY
200 Free		1:53.87	<b>7-Mar-13</b>	CAC	Jessica A. Hespeler at CT Age Group Championship SCY
500 Free		4:58.22	<b>3-Mar-11</b>	CAC- CT	Jessica A. Hespeler at Senior Open Championship Short Course
1000 Free		10:10.15	<b>21-Feb-19</b>	CAC- CT	Ella S. Dyjak at CT 2019 Senior Open Championship Short Course
1650 Free		17:04.51	<b>21-Feb-19</b>	CAC- CT	Ella S. Dyjak at CT 2019 Senior Open Championship Short Course
100 Back		58.34	<b>9-Mar-17</b>	CAC- CT	Nell Chidley at 2017 Senior Championship Short Course
200 Back		2:06.81	<b>21-Feb-19</b>	CAC- CT	Nell Chidley at CT 2019 Senior Open Championship Short Course
100 Breast		1:05.90	<b>21-Feb-19</b>	CAC- CT	Hannah Benavides at CT 2019 Senior Open Championship Short Course
200 Breast		2:26.51	<b>9-Feb-19</b>	CAC- CT	Hannah Benavides at Bulldog Swimming February Invite
100 Fly		55.47	<b>8-Mar-18</b>	CAC- CT	Nell Chidley at CT 2018 Senior Championship Short Course
200 Fly		2:00.85	<b>14-Dec-18</b>	CAC- CT	Nell Chidley at December Trials - Finals Meet
200 IM		2:08.75	<b>14-Dec-18</b>	CAC- CT	Nell Chidley at December Trials - Finals Meet
400 IM		4:36.06	<b>14-Dec-18</b>	CAC- CT	Nell Chidley at December Trials - Finals Meet

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**RECORDS CAC SCY Records**
**Yards-Boys**

8 & U	25	Free	14.78	<b>21-Feb-10</b>	CAC- CT	Wesley Rea at CT HMST 8 & Under Championshi	
	50	Free	33.62	<b>26-Feb-16</b>	CAC- CT	Jacob Lin at CT NMEG Regional Championships SCY 2016	
	100	Free	1:14.06	<b>21-Feb-16</b>	CAC- CT	Jacob Lin at 2016 8 & Under Championship	
	25	Back	16.84	<b>21-Feb-16</b>	CAC- CT	Jacob Lin at 2016 8 & Under Championship	
	50	Back	37.34	<b>21-Feb-16</b>	CAC- CT	Jacob Lin at 2016 8 & Under Championship	
	100	Back	1:18.42	<b>10-Mar-16</b>	CAC- CT	Jacob Lin at CT Age Group Championship	
	25	Breast	19.69	<b>21-Nov-15</b>	CAC- CT	Jacob Lin at 2015 SAC Thanksgiving	
	50	Breast	44.98	<b>26-Feb-16</b>	CAC- CT	Jacob Lin at CT NMEG Regional Championships SCY 2016	
	100	Breast	1:50.60	<b>14-Dec-13</b>	CAC- CT	Ben Chidley at CAC Invitational	
	25	Fly	15.72	<b>29-Jan-16</b>	CAC- CT	Jacob Lin at 2016 NE ABF Snow Angel Classic at RWU	
	50	Fly	35.14	<b>10-Mar-16</b>	CAC- CT	Jacob Lin at CT Age Group Championship	
	100	Fly	1:23.98	<b>12-Feb-16</b>	CAC	Jacob Lin	
	100	IM	1:23.85	<b>26-Feb-16</b>	CAC- CT	Jacob Lin at CT NMEG Regional Championships SCY 2016	
	200	IM	2:54.99	<b>26-Feb-16</b>	CAC- CT	Jacob Lin	
	9-10	50	Free	28.52	<b>12-Dec-14</b>	CAC- CT	Alex Doerwaldt at 2014 CAC Holiday Invitational
		100	Free	1:02.56	<b>6-Feb-15</b>	CAC- CT	Alex Doerwaldt at WHAT Invitational
		200	Free	2:19.17	<b>6-Feb-15</b>	CAC- CT	Alex Doerwaldt at WHAT Invitational
		50	Back	30.58	<b>15-Mar-18</b>	CAC- CT	Jacob Lin at 2018 CT Age Group Championship SCY
		100	Back	1:05.51	<b>15-Mar-18</b>	CAC- CT	Jacob Lin at 2018 CT Age Group Championship SCY
50		Breast	35.58	<b>15-Mar-18</b>	CAC- CT	Jacob Lin at 2018 CT Age Group Championship SCY	
100		Breast	1:23.15	<b>12-Dec-14</b>	CAC- CT	Alex Doerwaldt at 2014 CAC Holiday Invitational	
50		Fly	29.52	<b>28-Mar-18</b>	CAC- CT	Jacob Lin at 2018 ISCA/NASA TYR Elite Showcase Classic	
100		IM	1:10.19	<b>15-Mar-18</b>	CAC- CT	Jacob Lin at 2018 CT Age Group Championship SCY	
11-12		50	Free	24.46	<b>27-Mar-14</b>	CAC- CT	Wesley Rea at 2014 Eastern Zone SC Swimming Championships
	100	Free	53.81	<b>13-Mar-14</b>	CAC- CT	Wesley Rea at CT Age Group Championship SCY 2014	
	200	Free	2:02.76	* <b>7-Feb-14</b>	CAC	Wesley Rea at WHAT Invitational	
	200	Free	2:02.76	* <b>7-Feb-14</b>	CAC- CT	Wesley Rea at WHAT Invitational	
	500	Free	5:25.84	<b>7-Feb-14</b>	CAC- CT	Wesley Rea at WHAT Invitational	
	50	Back	27.86	<b>1-Oct-16</b>	CAC- CT	Drew W. Jalbert at 2016 NE KING Fall Fiesta #1	
	100	Back	1:02.55	<b>10-Mar-16</b>	CAC- CT	Drew W. Jalbert at CT Age Group Championship	
	200	Back	2:16.77	<b>10-Mar-16</b>	CAC- CT	Drew W. Jalbert at CT Age Group Championship	
	50	Breast	31.79	<b>15-Dec-12</b>	CAC- CT	Jack Benavides at CAC	
	100	Breast	1:08.81	<b>7-Mar-13</b>	CAC- CT	Jack Benavides at CT Age Group Championship SCY	
	200	Breast	2:30.57	<b>7-Mar-13</b>	CAC- CT	Jack Benavides at CT Age Group Championship SCY	
	50	Fly	26.09	<b>27-Mar-14</b>	CAC- CT	Wesley Rea at 2014 Eastern Zone SC Swimming Championships	
	100	Fly	59.57	<b>13-Mar-14</b>	CAC- CT	Wesley Rea at CT Age Group Championship SCY 2014	
	200	Fly	2:31.66	<b>20-Feb-16</b>	CAC- CT	Drew W. Jalbert at CAC Age Group Grand Prix Series Final	
	100	IM	1:02.17	<b>1-Oct-16</b>	CAC- CT	Drew W. Jalbert at 2016 NE KING Fall Fiesta #1	
	200	IM	2:15.84	<b>7-Mar-13</b>	CAC- CT	Jack Benavides at CT Age Group Championship SCY	
	400	IM	5:13.42	<b>1-Mar-19</b>	CAC- CT	Jacob Lin at 2019 CT Regional Championships SC	
	13-14	50	Free	22.66	<b>15-Mar-18</b>	CAC- CT	Drew W. Jalbert at 2018 CT Age Group Championship SCY
		100	Free	49.46	<b>10-Mar-11</b>	CAC- CT	Logan Hellwig at CT Age Group Championship SCY 2011
200		Free	1:49.93	<b>10-Mar-11</b>	CAC- CT	Logan Hellwig at CT Age Group Championship SCY 2011	
500		Free	5:02.13	<b>10-Mar-16</b>	CAC- CT	Wesley Rea at CT Age Group Championship	
1000		Free	10:27.75	<b>18-Jan-19</b>	CAC- CT	Alex Doerwaldt at 2019 Wilton Wahoos Winter Qualifier	
1650		Free	18:33.72	<b>19-Dec-14</b>	UN- CT	Jack Benavides at Nutmeg Year End Splash Distance S14-45	
100		Back	54.90	<b>10-Mar-11</b>	CAC- CT	Logan Hellwig at CT Age Group Championship SCY 2011	

**RECORDS CAC SCY Records**

13-14	200 Back	2:00.97	<b>12-Dec-14</b>	CAC- CT	Matt Stanley at 2014 CAC Holiday Invitational
	100 Breast	59.55	<b>6-Feb-15</b>	CAC- CT	Matt Stanley at WHAT Invitational
	200 Breast	2:13.50	<b>12-Mar-15</b>	CAC- CT	Jack Benavides at CSI Age Group Championship SCY
	100 Fly	52.74	<b>15-Mar-18</b>	CAC- CT	Drew W. Jalbert at 2018 CT Age Group Championship SCY
	200 Fly	2:13.88	<b>16-Mar-17</b>	CAC- CT	Simon Chidley at 2017 CT Age Group Championship SCY
	200 IM	1:58.71	<b>12-Mar-15</b>	CAC- CT	Jack Benavides at CSI Age Group Championship SCY
	400 IM	4:29.33	<b>12-Dec-14</b>	CAC- CT	Jack Benavides at 2014 CAC Holiday Invitational
15 & O	50 Free	21.30	<b>16-Feb-14</b>	CAC- CT	Logan Hellwig at RI HS State Champs
	100 Free	47.27	<b>13-Mar-14</b>	CAC- CT	Logan Hellwig at CT Age Group Championship SCY 2014
	200 Free	1:44.28	<b>4-Mar-16</b>	CAC- CT	Jordan Legg at Spring Splash 2016
	500 Free	4:47.14	<b>4-Mar-16</b>	CAC- CT	Jordan Legg at Spring Splash 2016
	1000 Free	10:10.30	<b>5-Mar-15</b>	CAC- CT	Noah Vetrovec at 2015 Senior Open Championship Short Course
	1650 Free	17:11.63	<b>13-Mar-14</b>	CAC- CT	Noah Vetrovec at CT Age Group Championship SCY 2014
	100 Back	51.30	<b>16-Feb-14</b>	CAC- CT	Logan Hellwig at RI HS State Champs
	200 Back	1:55.72	<b>13-Mar-14</b>	CAC- CT	Logan Hellwig at CT Age Group Championship SCY 2014
	100 Breast	56.83	<b>21-Feb-19</b>	CAC- CT	Matt Stanley at CT 2019 Senior Open Championship Short Course
	200 Breast	2:07.75	<b>21-Feb-19</b>	CAC- CT	Matt Stanley at CT 2019 Senior Open Championship Short Course
	100 Fly	50.94	<b>8-Mar-18</b>	CAC- CT	Wesley Rea at CT 2018 Senior Championship Short Course
	200 Fly	1:56.02	<b>21-Feb-19</b>	CAC- CT	Drew W. Jalbert at CT 2019 Senior Open Championship Short Course
	200 IM	1:55.36	<b>15-Mar-16</b>	CAC- CT	Matt Stanley at 2015 Dolfen Junior National Championship Cup
	400 IM	4:13.59	<b>4-Mar-16</b>	CAC- CT	Matt Stanley at Spring Splash 2016