

## 2011 Long Course **April Vacation** PRACTICE SCHEDULE

Senior Levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Select</b>	5:15-6:45am === 3:15-5:15pm	3:15-5:15pm	5:15-6:45am === 3:15-5:15pm	3:15-5:15pm	7:00 - 9:30am	6:00-9:00am
<b>National</b>	5:15-6:45am === 3:15-5:15pm	3:15-5:15pm	5:15-6:45am === 3:15-5:15pm	3:15-5:15pm	7:00 - 9:30am	6:00-9:00am
<b>Senior</b>	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	5:45-7:00pm	7:00 - 9:30am	6:00-8:00am
<b>Age Group Levels</b>						
<b>Stripes</b> <i>11-12 yr. olds</i>	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm		
<b>Stars</b> <i>9-10 yr. olds</i>	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm		
<b>Prep</b> <i>11-14 yr. olds</i>	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm	4:30-5:45pm		
<b>Developmental Levels</b>						
<b>Blue</b> <i>9-11 yr. olds</i>	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm			
<b>White</b> <i>8/Under</i>	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm			