

**2015-2016 Newington Swim Club
Team Policies and Procedures Agreement**

Practice Discipline Procedure:

- o 1st Warning - Swimmers name will be written on the dry erase board.
- o 2nd Warning - A check will be placed next to the swimmer's name and a consequence will take place after practice. Parents will be contacted.
- o 3rd Warning - Swimmer will be dismissed from practice, asked to get changed and come back down to the pool. Parents will be contacted.

USA Meets:

If you cannot attend a scheduled meet please give a note or send an email to the Head Coach no later than the beginning of practice on the **Thursday** before the scheduled meet. When swimmers are no-shows strategies are lost, relays are scratched, and the swimmers who do show up could lose the opportunity to swim.

No-show / Leaving early without notice Policy

- o 1st Offense - warning from head coach / no relay entries in the next meet.
- o 2nd Offense - swimmer will not swim in the next meet but has to attend the meet.
- o 3rd Offense - swimmer will be dismissed from the team.

Drop Off / Locker rooms:

Parents are responsible for walking their swimmer(s) into the high school to make sure that practice is on and coaches are present. Parents are also responsible for their swimmer's behavior in the locker rooms. Locker room use is a privilege and if NSC swimmers demonstrate bad behavior in the locker rooms the high school could take away that privilege.

Leaving Practices Early:

If a swimmer has to leave practice early they must *give a note to their team level coach written by a parent or guardian*. Coaches will strictly enforce this rule. Swimmers will not be allowed to leave practice early without a note.

Anti-Bullying Agreement:

Everyone has the right to feel physically and emotionally safe at the pool. Swimmers, Parents, and Coaches will do everything they can personally, as a member of the Newington Swim Club, to create and preserve a physically and emotionally safe environment. Swimmers will commit that they will not bully their peers. When bullying is witnessed they will report it to an adult. Parents will commit to encouraging their swimmer(s) to always respect others and instruct their swimmer(s) not to bully. Coaches will commit not to bully their peers, the swimmers or parents and when bullying is witnessed they will report it to the proper authorities.

Please detach at line. Keep top portion for your records. Bottom portion goes to Newington Swim Club

I have read the policies and procedures stated above and understand that these policies and procedures will be strictly enforced by the Newington Swim Club coaching staff and Board of Directors.

Parent(s) _____

Swimmer(s)