

**RAC NEWS VOLUME 35 - SEASON  
2018-2019**

**Current & Upcoming Events**

[WAC Invite @ Wesleyan June 7th-9th](#)

[ZEUS 10&Under Mayors Cup June 7th](#)

[LINK](#)

**Practice schedule has been updated**

[LINK](#)

**What's New**

MAAPP Parents Meeting Important Documents

Olympic Way Ends - Practice Updates

CT Zone Team Pre-Registration

ZEUS 10&Under Mayors Cup Final Entry

Olympic Way Mini Meet Entry

"Real Bars" Pop-Up Sale



**CT at the Eastern Zone Select Camp! GO USA!**

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## What's New

### MAAPP Parents Meeting Important Documents

Here are some helpful links to follow along with this past Wednesday's Parents Meeting presentation.

[Presentation Slides](#)

[MAAPP Full Policy](#)

[MAAPP Landing Page](#)

Please Read the MAAPP News!

There are still a couple of weeks left before the **June 23rd deadline** to implement MAAPP. Your feedback has been heard and much appreciated, and we want to continue to provide resources to assist you in your implementation.

Please take the time to visit [www.usaswimming.org/maapp](http://www.usaswimming.org/maapp). We continue to add additional resources and update existing resources to assist you in understanding and implementing the policy. The new resource additions this week include short webinars that break down each section of the policy, a protected MAAPP word document that allows you to customize certain parts to reflect your team name and the choice to determine whether to include the recommended. We also added language on the landing page to assist in understanding where MAAPP came from and its purpose. Should you have specific questions please reach out to [safesport@usaswimming.org](mailto:safesport@usaswimming.org).

Next week, please look for a MAAPP specific email containing updated information and links to resources.

Mini-webinars and forms/templates

USA Swimming SafeSport has posted 7 mini-webinars to assist you in understanding MAAPP. Also, you can use the templates and forms to assist you on implementation.

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### MAAPP Sample forms

[Language for meets](#)

[Acknowledgment of Policy](#)

[Permission for a Licensed Massage Therapist or Other Certified Professional or Health Care Provider to Treat a Minor Athlete](#)

[Permission for a Mental Health Care Professional or Health Care Provider to have](#)

[One on One Interaction](#)

[Permission for an Unrelated Adult Athlete to Share the Same Lodging with a Minor Athlete](#)

[Permission for an Unrelated Applicable Adult to Provide Local Transportation to Minor Athlete](#)

[Permission for an Unrelated Applicable Adult to Travel to Competition with Minor Athlete](#)

[For sample forms and webinars click here:](#)

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### **Olympic Way Ends - Practice Updates**

Due to Olympic Way ending this Thursday, starting next week on Tuesdays/Thursday, we will be following this scheduled

Senior/National 3:00-5:00pm

Age Group 5:00pm-6:30pm

Junior Gym 14&O 5:00pm-6:00pm

Junior 13 Under Dryland 5:45pm-6:30pm

Junior pool 6:30pm-8:00pm

Fitness 630pm-7:15pm

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### **CT Zone Team Pre-Registration**

[Pre-registration](#) has opened for the CT Swimming LC Zone Team. Athletes must pre-register no later than 5 PM Sunday, July 21, 2019

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### **“Real Bars” Pop-Up Sale**

Base Performance would like to share a little private pop-up sale of 50% off all their “Real Bars” to increase awareness of this newer product. This code only lasts through tomorrow (5/15) at midnight: ffbars50

RAC feels good about promoting their products because we love their ingredients and their mission. (we don't get paid at all from them to say that!) The bars are a good option for when you are traveling, after a workout, in the car, or just need an extra healthy snack to fuel your day.

If you are interested go to their site: <https://www.baseperformance.com/>, use the friends and family code we gave you above, and enjoy!

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## What's New from USA Swimming



[For swimmers](#)

[For parents](#)

[For volunteers/ Team Leaders](#)

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[LINK to past newsletters](#)

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Sincerely,

RAC STAFF

