

CHECK-IN PROCEDURE

(ALL 4 STATION MUST BE COMPLETED IN ORDER TO COMPETE and a Lanyard will be given to show completion of check-in. The Lanyard MUST be collected at racecourse enter in order to compete)



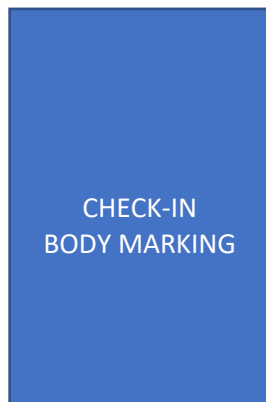
STATION 4 SWIM CAP



STATION 3 USA OFFICIALS NAIL CHECK



STATION 2 TIMING CHIP



CHECK-IN
BODY MARKING



COACHES/
VOLUNTEER
CHECK-IN

STATION 1 CHECK-IN/BODY MARKING

5K CHECK-IN begins at 6:00am and ENDS @ 7:00am
750-MINI CHECK-IN begins at 7:45am and ENDS @ 8:30am
2.5K CHECK-IN begins at 8:30am and ENDS @ 9:15am

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