



## 2022-23 Short Course Age Group Time Standards

Girls 10/U			Boys 10/U	
SCY	LCM	Event	LCM	SCY
32.89	35.99	<b>50 Free</b>	36.59	33.19
1:13.39	1:21.19	<b>100 Free</b>	1:21.99	1:13.99
2:44.79	2:57.39	<b>200 Free</b>	2:58.39	2:44.79
7:12.99	6:20.49	<b>400/500 Free</b>	6:30.19	7:12.99
38.69	43.09	<b>50 Back</b>	44.49	38.89
1:24.29	1:34.69	<b>100 Back</b>	1:36.49	1:25.49
43.99	49.49	<b>50 Breast</b>	51.89	45.49
1:36.29	1:49.39	<b>100 Breast</b>	1:53.79	1:40.69
37.99	41.99	<b>50 Fly</b>	42.49	38.79
1:30.59	1:43.09	<b>100 Fly</b>	1:45.89	1:31.49
1:23.99	N/A	<b>100 IM</b>	N/A	1:25.49
3:05.99	3:24.79	<b>200 IM</b>	3:28.69	3:06.09

Girls 11-12			Boys 11-12	
SCY	LCM	Event	SCY	LCM
28.99	32.99	<b>50 Free</b>	32.99	28.99
1:03.09	1:12.09	<b>100 Free</b>	1:12.09	1:02.99
2:17.49	2:36.19	<b>200 Free</b>	2:36.19	2:17.49
6:07.59	5:29.09	<b>400/500 Free</b>	5:31.49	6:07.59
32.69	37.69	<b>50 Back</b>	38.19	33.49
1:11.39	1:23.19	<b>100 Back</b>	1:22.49	1:12.59
2:31.39	2:59.99	<b>200 Back</b>	3:03.99	2:33.99
36.89	42.79	<b>50 Breast</b>	43.69	37.99
1:20.19	1:32.79	<b>100 Breast</b>	1:35.39	1:21.99
2:52.19	3:21.99	<b>200 Breast</b>	3:28.69	2:53.99
31.29	35.39	<b>50 Fly</b>	35.99	32.99
1:10.89	1:20.49	<b>100 Fly</b>	1:25.89	1:12.99
2:34.29	3:16.09	<b>200 Fly</b>	3:22.09	2:36.99
1:12.09	N/A	<b>100 IM</b>	N/A	1:13.09
2:34.49	2:56.59	<b>200 IM</b>	2:59.99	2:36.99

Girls 13-14			Boys 13-14	
SCY	LCM	Event	SCY	LCM
27.89	31.79	<b>50 Free</b>	29.49	25.69
1:00.19	1:08.99	<b>100 Free</b>	1:04.49	56.29
2:10.39	2:29.39	<b>200 Free</b>	2:20.59	2:02.59
5:49.59	5:14.39	<b>400/500 Free</b>	4:59.19	5:31.39
12:01.69	10:47.99	<b>800/1000 Free</b>	10:22.19	11:26.69
20:02.99	20:39.79	<b>1500/1650 Free</b>	19:48.39	19:07.59
1:05.69	1:17.09	<b>100 Back</b>	1:14.19	1:01.29
2:22.99	2:44.89	<b>200 Back</b>	2:43.99	2:13.99
1:15.49	1:27.49	<b>100 Breast</b>	1:24.19	1:09.69
2:43.69	3:08.29	<b>200 Breast</b>	3:03.69	2:31.39
1:05.49	1:14.29	<b>100 Fly</b>	1:11.79	1:00.99
2:24.89	2:52.99	<b>200 Fly</b>	2:47.99	2:15.59
2:25.49	2:47.79	<b>200 IM</b>	2:38.29	2:17.09
5:11.69	5:56.19	<b>400 IM</b>	5:50.99	4:52.69