

2021 Long Course Season

Y Tri

June 13, 2021

Greater Waterbury YMCA

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning.

COVID-19 Assumption of Risk Disclaimer

We, the Waterbury Barracudas, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the Y Tri or on site at the Greater Waterbury YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at the Y Tri and being on site at the Greater Waterbury YMCA, you voluntarily assume all risks related to exposure to COVID-19.

WAIVER: All participants and volunteers must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Swimmers must bring the attached waiver with them or email a signed copy to pflaherty@waterburyymca.org

MEET HOST: Greater Waterbury YMCA Barracudas

POOL EMERGENCY NUMBER: 203-754-9622 ext 108

MEET TYPE: By Invitation only - RAYS, FFLY and GWYB

MEET FORMAT: The meet will be swum as a Short course Timed-Final Events will be swum slow to fast.

SCRATCH PROCEDURES: Scratches must be provided prior to first day of meet. The meet will be pre-seeded.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers must arrive in their suits and wear masks. Entrance for everyone will be the main front door.

FACILITY RULES:

All swimmers, coaches, officials and meet managers must maintain social distance whenever possible and wear a mask at all times, no exceptions. Only one heat of swimmers allowed behind the blocks at a time. There will be a designated space for all timers to stand prior to and during the meet.

FACILITY: The Greater Waterbury YMCA pool is a 6 lane, 25- yard pool. Water depth at start end is: 12 feet. Water depth at turn end is: 3 ½ feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system 6 will be used for this meet . NO Spectators allowed.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. No more than 10 swimmers in the locker room at one time.

SAFE SPORT POLICIES: NO Spectators. Meet will be livestreamed on zoom.

<https://zoom.us/j/97481245409?pwd=WjJPa1UrVEFwYkxCU2RMUTJBRXF3QT09>

Meeting ID: 974 8124 5409

Passcode: YMCA

One tap mobile

+13126266799,,97481245409#,,,,*432711# US (Chicago)

+19292056099,,97481245409#,,,,*432711# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 974 8124 5409

Passcode: 432711

Find your local number: <https://zoom.us/j/97481245409?pwd=WjJPa1UrVEFwYkxCU2RMUTJBRXF3QT09>

DISABLED ACCESS: There is handicapped parking at the entrance of the YMCA

COURSE: SCY

SESSION TIMES:

Sunday 12:30PM arrival 12:45PM warmups 1:30PM Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 lanes will be used for warm ups. Each team will have access to the pool for a team warm up. Warm ups will be created after the entry deadline. Each team will keep record of the lane assignments for swimmers within their warm up block. Swimmers must be instructed to observe social distance guidelines.

EVENT INFORMATION: NO Concession, NO Spectators, NO Heat sheets available for sale (Meet info will be available online)

ENTRY LIMITATIONS: 3 events for each swimmer.

ENTRY TIMES: Submit entry times in: SCY

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at tdriscoll@waterburyymca.org. Please check that your team name, address, and contact information are listed correctly in this file.

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work Assignments will be preassigned by the meet director. All volunteers are required to sign the COVID Waiver before being allowed on deck.

Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: No.

PARKING: Please park in the lot Behind the YMCA

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Greater Waterbury YMCA or any GWYB related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- 1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Greater Waterbury Barracudas and / or Greater Waterbury YMCA and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this ____ day of June, 2021.

SIGNATURE: _____

NAME: _____ ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

