

Valley-Shore Y Marlins Swimmer and Parent Code of Conduct

All Valley-Shore Y Marlins swimmers and parents are expected to uphold the YMCA core virtues of Honesty, Caring, Respect, and Responsibility in all of their actions. To ensure swimmers and parents understand what this means in practical terms, we have devised the VSY Marlins Code of Conduct. Both swimmers and parents are required to sign the Code of Conduct each year, and are expected to:

- Participate in and complete all assigned practices
- Follow the directions of the coaches during practice, meets, and other team activities
- Put forth an honest effort in all practices (no skipping laps or hiding in the bathroom)
- Swim at 100% effort in all competitions (no “saving it up” for a later race or meet)
- Assist younger team members at practices and competition (getting to the right lane, putting on caps and goggles, etc.)
- Be supportive of all teammates, win or lose
- Demonstrate good sportsmanship towards members of other teams, win or lose (e.g., stay in the water until all swimmers in your heat have finished)
- Use appropriate language at all activities
- Be positive role models for other swimmers, especially the younger ones
- Never swear or use offensive/threatening behavior or spitting
- Treat other swimmers, coaches, and parents with respect; no rude behavior
- Understand that coaching decisions are for the best interest of the team and athlete and should therefore be supported
- Understand that individual swim team competitive philosophies differ therefore, focus time and energy on the VSY Marlins program and not be concerned with a competing program

Failure of either swimmer or parent to comply with the Code of Conduct may result in, but not necessarily be limited to:

- Warning
- Removal / benching from practice
- Being temporarily or permanently dismissed from the team (without refund of fees)

All instances of disciplinary action will be documented and communicated to the President of the VSYM Parent Organization for review. The coach in charge, Head Coach, VSY Marlins Parent Organization President, and YMCA Aquatics Director will make the final decision in matters of discipline or dismissal based on the degree of violation of the above code.

By signing this agreement, athlete and parent agree to abide by the VSY Marlins Code of Conduct.

Swimmer's Name (Print) _____ Parent's Name (Print) _____

Swimmer's Signature _____ Parent's Signature _____

Date _____