

Mako Swim Club Practice Schedule

Fall/Winter 2022-2023 Short Course Season

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mini Makos (PRE TEAM)		5:15-6:00pm Gap Pool					
Mighty Makos (Special Needs)				6:00-6:45pm South Pool			
Short Fins		6:00-6:45pm North Pool		6:15-7:00pm North Pool			
Long Fins	6:00-7:00pm North Pool		6:00-7:00pm North Pool				9:45-10:45am South Pool
Junior (14/U)	4:45-6:00pm North Pool	4:45-6:00pm North Pool	4:45-6:00pm North Pool	5:00-6:15pm North Pool			8:30-9:45am South Pool
CTAG (11-14)	5:00-6:30pm South Pool	5:00-6:30pm South Pool	5:30-7:00pm South Pool	4:30-6:00pm South Pool	5:00-6:30pm North Pool	8:30-10:00am South Pool	
Regional (13&O)	5:30-6:15pm DL Main Bld Gym 6:30-8:00pm South Pool	6:30-8:00pm South Pool	7:00-8:30pm South Pool	5:30-6:15pm DL Main BLD Gym 6:45-8:15pm South Pool	3:30-5:00pm North Pool	7:00-8:30am South Pool	
National (13&O)	3:15-6:15pm South Pool (includes DL)	5:00-6:30am South Pool 3:00-5:00pm South Pool	5:00-6:30am South Pool 3:30-5:30pm South Pool	3:15-6:15pm South Pool (includes DL)	5:00-6:30am South Pool	6:30-9:00am North Pool	

Practice times on Tuesday's may be adjusted due to HS meets for CTAG and Regional.