

2020 Northeast Showcase

March 12-14, 2020

Wesleyan University Freeman Athletic Center
161 Cross Street, Middletown, CT

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-103. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Rob Riccobon	whatcoaches@gmail.com	860-985-2818
Meet Referee:	Matt Brown	Mattbrown15@gmail.com	860-205-7658
Lead Admin Official:	Jennifer Lemus	whatcoaches@gmail.com	860-985-2818
Entry Chair:	JoAnn McCaffrey	keepintimeentries@gmail.com	
Safety Chair:	Kristine Perrault	whatcoaches@gmail.com	860-985-2818
Officials Contact:	Matt Brown	Mattbrown15@gmail.com	860-205-7658

MEET HOST: WHAT SWIMMING

WEBSITE: www.whatswim.org

POOL EMERGENCY NUMBER: 860-685-2915

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming;

MEET FORMAT: The meet will be swum as both a Timed Final and Prelim-Final format.

The Finals Session for Friday- Sunday will be seeded 10 and Under (Top 10); 11 year olds (Top 10); 12 year old (Top 10); 13-14 (Top 20); 15 and Over (Top 20).

The following events will be seeded as combined/mixed Time Finals events:

- 500 freestyle (12 and Under on Thursday Night)
- 500 Free 13 and Over on Friday Morning; **Top 2 seeded heats swim at finals**
- 1650 freestyle (13 and over on Thursday Night);
- 400 IM (13 and Over on Thursday night);
- 200 IM (13 over will be seeded female/male Friday Morning); **top 2 seeded heats swim at finals**
- The 12 & under 200 IM Friday afternoon; **Top 2 seeded heats swim at finals**

SCRATCH PROCEDURES Coaches will receive scratch sheets for each day's events upon team check in. All scratch sheets are to be submitted to the Clerk of **Course by the appropriate scratch deadlines.** Swimmers are automatically seeded in the meet if a scratch is NOT turned in.

This meet will follow the National Championship Scratch Rules as specified in rule 207.11.6. Scratches from finals can only be done directly with the Administrative Referee.

After the preliminaries and/or timed finals have been seeded, any swimmer who fails to compete in an individual event, preliminary or timed final heat, in which he/she has been entered and has not been scratched will be barred from further individual and relay events on that day. In order to swim any events on remaining days the coach and/or swimmer must positively check-in with the Administrative Referee prior to the scratch deadline of that day's events.

Scratch deadlines are as follows:

Scratches for Thursday Evening Events: Thursday, 4:00pm

Scratches for Friday Preliminary Events and Relays: Friday during Warm up

Scratches for Saturday Preliminary Events and Relays: Friday, 6:30pm

Scratches in for Sunday Preliminary, Timed Final Events and Relays: Saturday 6:30pm

DISTANCE EVENTS: Swimmers participating in the 1650yd freestyles **MUST** positively check-in and declare their intent to swim by the scratch deadline for that day's events to be seeded at their entry time.

- Thursday Events (W/M1650 & 12 and Under 500 freestyle, 400 IM), will be swum as a combined/mixed timed finals by heat fastest to slowest. All swimmers need only supply their own counter.
- Saturday Distance Freestyle Events (1000 freestyle), will be swum as timed finals with the Top 2 fastest seeded heats to be conducted at the beginning of the Sunday evening finals session. The remaining heats will swim on Saturday following the 400 freestyle relay. The heats will be swum from fastest to slowest. The heat order and schedule will be published after the Scratch/ Positive Check-in deadline on Saturday night. Swimmers must supply their own timer and counter for all heats except those swum during Sunday's finals. Swimmers need only supply their own counter if competing in the finals session.

RELAYS: Teams participating in the relay events **MUST** positively check-in and declare their intent to swim those relays by the scratch deadline for that day's events. **Relays that do not check-in by the appropriate deadline will not be seeded.** Relay participants must be declared to the Clerk of Course one hour before the relay swims, but may be changed up to the time of the swim. **ALL RELAYS WILL BE SWUM IN THE PRELIMINARY SESSIONS.** All of the relays will be swum from fastest to slowest. All 200 medley relays and 200 freestyle relays will be swum as combined/mixed events. **Each of the combined/mixed relays must have 2 female and 2 male swimmers.**

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: Wesleyan has strict policies regarding the use of the Freeman Athletic Center including limits on both deck and spectator area occupancy as well as limitations on the use and placement of chairs in the lobby. It is imperative that all individuals attending the meet be aware of and adhere to the rules and procedures outlined below. **PLEASE READ THOROUGHLY AND CAREFULLY.**

Spectator Seating and Waiting areas· Personal folding chairs are not allowed in the building. · No spectators or swimmers will be permitted to congregate in the center of the front lobby of the Athletic Center. · No folding chairs are permitted in the pool area, hockey rink, or field house. Spectator area (stands) · Seating in the spectator seats will be limited to 340. · Only individuals with disabilities that cannot access to the stands will be permitted in the spectator viewing area (open space in front of the large window overlooking pool). Pool and Pool Deck · Deck Occupancy is 350. · Only swimmers and meet workers with proper credentials (administrative, coaches, officials, timers, and marshals) will be allowed on the pool deck.

- The facility will be set-up as an 8 or 10 lane competition course depending on the size of the meet and timeline.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. .
- Spectator Seating and Waiting areas· Personal folding chairs are not allowed in the building.
- No spectators or swimmers will be permitted to congregate in the center of the front lobby of the Athletic Center.
- No folding chairs are permitted in the pool area, hockey rink, or field house.
- Spectator area (stands) Seating in the spectator seats will be limited to 340. Only individuals with disabilities that cannot access to the stands will be permitted in the spectator viewing area (open space in front of the large window overlooking the pool).

DISABLED ACCESS: The Wesleyan University's Freeman Athletic Center Pool is handicapped accessible with a handicapped locker room. Please contact the meet director for more information or special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change

<i>SCHEDULE:</i>	Warm-up	Start
Thursday Evening	12:00 p.m.	1:00 p.m.
Trials -Fri-Sat-Sun	6:30 a.m.	8:00 a.m.
Trials-Fri-Sat-Sun	12:30 p.m.	1:30 p.m.
Finals -Fri-Sat-Sun	5:00 p.m.	6:00 p.m.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. A warm-up schedule will be sent out prior to the start of the meet.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being

proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY LIMITATIONS: Swimmers will be limited to (3) - three individual events per day and a total of (8) - eight for the entire meet. If a swimmer is over-entered in a session, any events entered over the three event limit will be dropped at the point of over-entry.

ENTRY TIMES: Submit entry times in: SCY. No NT's will be accepted

DEADLINES: deadline is February 14, 2020. Mail payment to Rob Riccobon, 113 Ballard Drive, West Hartford, CT 06119. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Receipt of emailed entry will determine the date of the entry

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at keepintimeentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Receipt of an e-mailed entry will determine the date of entry.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$12.00 events 200 yards & under; \$15.00 400 yards & over; \$20.00 per relay. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to WHAT Swimming and mail to: Rob Riccobon 113 Ballard Drive, West Hartford, CT 06119. Payment must be received by 02/28/20.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. All relays, if planned, will be eliminated.

2. The distance events (500 yards or yards or greater) may be heat limited to the first 12 heats of entries per gender in the order they were received.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are 10:00am for morning sessions and 2:30PM for afternoon sessions. The fee for Time Trial entries are \$15.00 for individual events and \$25.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet. Please review the Distance Event Section located above for time and counter requirements for distance events.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: Individual event scoring will be to 20 places as follows:

Timed final events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Prelim/Finals events: A final: 24-21-20-19-18-17-16-15-14-13

B final: 11-9-8-7-6-5-4-3-2-1

Relay event scoring will be to 20 places as follows:

Relays events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

TEAM SCORING: Team scores will be kept for the Men's, Women's and Combined Teams through 20th place as per USA Swimming rule 102.25 for all Short Course Finals events.

AWARDS: Yes-

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: A parking map will be sent to attending teams prior to the meet.

DIRECTIONS: From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left. From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt.66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

LODGING:

Crowne Plaza Cromwell
100 Berlin Road, Cromwell
800-308-4589

Comfort Inn
Route 372, Cromwell
860-635-4100

Super 8 Motel
1 Industrial Dr, Cromwell
800-843-1991

Marriott Courtyard
4 Sebethe Dr, Cromwell
860-635-1001

Ramada Plaza Hotel
275 Research Pkwy, Meriden
203-238-2380

Hawthorne Inn
2387 Wilbur Cross Pkwy, Berlin
860-828-4181

Inn at Middletown
70 Main Street Middletown
860-854-6300

Hampton Inn
20 Waterchase Dr, Rocky Hill
860-563-7877

Sheraton Hartford South
100 Capital Blvd, Rocky Hill
860-257-6000

2020 Northeast Showcase - 3/12/2020 to 3/15/2020**Session Report**

Session: 1 Thursday

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 13 & Over 400 IM	0	0	01:00 PM	_____
Finals	2 Mixed 12 & Under 500 Freestyle	0	0	01:00 PM	_____
Finals	3 Mixed 13 & Over 1650 Freestyle	0	0	01:00 PM	_____
	Finish Time			01:00 PM	_____

Session: 2 Friday 13 & over

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	4 Girls 13 & Over 200 IM	0	0	08:00 AM	_____
Prelims	5 Boys 13 & Over 200 IM	0	0	08:00 AM	_____
Prelims	6 Girls 13 & Over 200 Backstroke	0	0	08:00 AM	_____
Prelims	7 Boys 13 & Over 200 Backstroke	0	0	08:00 AM	_____
Prelims	8 Girls 13 & Over 100 Breaststroke	0	0	08:00 AM	_____
Prelims	9 Boys 13 & Over 100 Breaststroke	0	0	08:00 AM	_____
Prelims	10 Girls 13 & Over 200 Freestyle	0	0	08:00 AM	_____
Prelims	11 Boys 13 & Over 200 Freestyle	0	0	08:00 AM	_____
	Break: 5 Minutes:				
Finals	12 Girls 13 & Over 400 Medley Relay	0	0	08:05 AM	_____
Finals	13 Boys 13 & Over 400 Medley Relay	0	0	08:05 AM	_____
	Break: 10 Minutes:				
Finals-S	14 Mixed 13 & Over 500 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

Session: 3 Friday 12 & under

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	15 Mixed 12 & Under 200 IM	0	0	01:30 PM	_____
Prelims	16 Girls 12 & Under 50 Butterfly	0	0	01:30 PM	_____
Prelims	17 Boys 12 & Under 50 Butterfly	0	0	01:30 PM	_____
Prelims	18 Girls 12 & Under 100 Freestyle	0	0	01:30 PM	_____
Prelims	19 Boys 12 & Under 100 Freestyle	0	0	01:30 PM	_____
Prelims	20 Girls 12 & Under 50 Breaststroke	0	0	01:30 PM	_____
Prelims	21 Boys 12 & Under 50 Breaststroke	0	0	01:30 PM	_____
Prelims	22 Girls 12 & Under 200 Backstroke	0	0	01:30 PM	_____
Prelims	23 Boys 12 & Under 200 Backstroke	0	0	01:30 PM	_____
	Break: 5 Minutes:				
Finals	24 Girls 12 & Under 400 Medley Relay	0	0	01:35 PM	_____
Finals	25 Boys 12 & Under 400 Medley Relay	0	0	01:35 PM	_____
	Finish Time			01:35 PM	_____

2020 Northeast Showcase - 3/12/2020 to 3/15/2020**Session Report**

Session: 4 Friday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	14 Mixed 13 & Over 500 Freestyle	0	0	06:00 PM	_____
Finals-2	15 Mixed 12 & Under 200 IM	0	0	06:00 PM	_____
Finals	4 Girls 13 & Over 200 IM	0	4 u	06:00 PM	_____
Finals	5 Boys 13 & Over 200 IM	0	4 u	06:14 PM	_____
Finals	16 Girls 12 & Under 50 Butterfly	0	3 u	06:28 PM	_____
Finals	17 Boys 12 & Under 50 Butterfly	0	3 u	06:32 PM	_____
Finals	6 Girls 13 & Over 200 Backstroke	0	4 u	06:36 PM	_____
Finals	7 Boys 13 & Over 200 Backstroke	0	4 u	06:51 PM	_____
Finals	22 Girls 12 & Under 200 Backstroke	0	3 u	07:06 PM	_____
Finals	23 Boys 12 & Under 200 Backstroke	0	3 u	07:18 PM	_____
Finals	8 Girls 13 & Over 100 Breaststroke	0	4 u	07:30 PM	_____
Finals	9 Boys 13 & Over 100 Breaststroke	0	4 u	07:38 PM	_____
Finals	20 Girls 12 & Under 50 Breaststroke	0	3 u	07:46 PM	_____
Finals	21 Boys 12 & Under 50 Breaststroke	0	3 u	07:50 PM	_____
Finals	10 Girls 13 & Over 200 Freestyle	0	4 u	07:54 PM	_____
Finals	11 Boys 13 & Over 200 Freestyle	0	4 u	08:07 PM	_____
Finals	18 Girls 12 & Under 100 Freestyle	0	3 u	08:20 PM	_____
Finals	19 Boys 12 & Under 100 Freestyle	0	3 u	08:26 PM	_____
	Entry / Heat Totals:	0	56		
	Finish Time			08:32 PM	_____

Session: 5 Saturday 13 & over

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Mixed 13 & Over 200 Freestyle Relay	0	0	08:00 AM	_____
	Break: 5 Minutes:				
Prelims	27 Girls 13 & Over 200 Butterfly	0	0	08:05 AM	_____
Prelims	28 Boys 13 & Over 200 Butterfly	0	0	08:05 AM	_____
Prelims	29 Girls 13 & Over 100 Backstroke	0	0	08:05 AM	_____
Prelims	30 Boys 13 & Over 100 Backstroke	0	0	08:05 AM	_____
Prelims	31 Girls 13 & Over 50 Freestyle	0	0	08:05 AM	_____
Prelims	32 Boys 13 & Over 50 Freestyle	0	0	08:05 AM	_____
Finals	33 Mixed 13 & Over 200 Medley Relay	0	0	08:05 AM	_____
	Break: 10 Minutes:				
Finals-S	34 Mixed 13 & Over 1000 Freestyle	0	0	08:15 AM	_____
	Finish Time			08:15 AM	_____

2020 Northeast Showcase - 3/12/2020 to 3/15/2020**Session Report**

Session: 6 Saturday 12 & under

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Mixed 12 & Under 200 Freestyle Relay Break: 5 Minutes:	0	0	01:30 PM	_____
Prelims	36 Girls 12 & Under 100 Backstroke	0	0	01:35 PM	_____
Prelims	38 Boys 12 & Under 100 Backstroke	0	0	01:35 PM	_____
Prelims	39 Girls 12 & Under 50 Freestyle	0	0	01:35 PM	_____
Prelims	40 Boys 12 & Under 50 Freestyle	0	0	01:35 PM	_____
Prelims	41 Girls 12 & Under 100 Breaststroke	0	0	01:35 PM	_____
Prelims	42 Boys 12 & Under 100 Breaststroke	0	0	01:35 PM	_____
Prelims	43 Girls 12 & Under 200 Butterfly	0	0	01:35 PM	_____
Prelims	44 Boys 12 & Under 200 Butterfly Break: 5 Minutes:	0	0	01:35 PM	_____
Finals	45 Mixed 12 & Under 200 Medley Relay Finish Time	0	0	01:40 PM 01:40 PM	_____ _____

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	34 Mixed 13 & Over 1000 Freestyle	0	0	06:00 PM	_____
Finals	41 Girls 12 & Under 100 Breaststroke	0	3 u	06:00 PM	_____
Finals	42 Boys 12 & Under 100 Breaststroke	0	3 u	06:07 PM	_____
Finals	27 Girls 13 & Over 200 Butterfly	0	4 u	06:13 PM	_____
Finals	28 Boys 13 & Over 200 Butterfly	0	4 u	06:27 PM	_____
Finals	43 Girls 12 & Under 200 Butterfly	0	3 u	06:41 PM	_____
Finals	44 Boys 12 & Under 200 Butterfly	0	3 u	06:53 PM	_____
Finals	29 Girls 13 & Over 100 Backstroke	0	4 u	07:04 PM	_____
Finals	30 Boys 13 & Over 100 Backstroke	0	4 u	07:13 PM	_____
Finals	36 Girls 12 & Under 100 Backstroke	0	3 u	07:22 PM	_____
Finals	38 Boys 12 & Under 100 Backstroke	0	3 u	07:28 PM	_____
Finals	31 Girls 13 & Over 50 Freestyle	0	4 u	07:35 PM	_____
Finals	32 Boys 13 & Over 50 Freestyle	0	4 u	07:40 PM	_____
Finals	39 Girls 12 & Under 50 Freestyle	0	3 u	07:45 PM	_____
Finals	40 Boys 12 & Under 50 Freestyle Entry / Heat Totals:	0	48		_____
	Finish Time			07:52 PM	_____

2020 Northeast Showcase - 3/12/2020 to 3/15/2020**Session Report**

Session: 8 Sunday 13 & over

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	46 Girls 13 & Over 100 Freestyle	0	0	08:00 AM	_____
Prelims	47 Boys 13 & Over 100 Freestyle	0	0	08:00 AM	_____
Prelims	48 Girls 13 & Over 200 Breaststroke	0	0	08:00 AM	_____
Prelims	49 Boys 13 & Over 200 Breaststroke	0	0	08:00 AM	_____
Prelims	50 Girls 13 & Over 100 Butterfly	0	0	08:00 AM	_____
Prelims	51 Boys 13 & Over 100 Butterfly	0	0	08:00 AM	_____
Finals	52 Girls 13 & Over 400 Freestyle Relay	0	0	08:00 AM	_____
Finals	53 Boys 13 & Over 400 Freestyle Relay	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 9 Sunday 12 & under

Day of Meet: 4 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	54 Girls 12 & Under 200 Freestyle	0	0	01:30 PM	_____
Prelims	55 Boys 12 & Under 200 Freestyle	0	0	01:30 PM	_____
Prelims	56 Girls 12 & Under 100 IM	0	0	01:30 PM	_____
Prelims	57 Boys 12 & Under 100 IM	0	0	01:30 PM	_____
Prelims	58 Girls 12 & Under 50 Backstroke	0	0	01:30 PM	_____
Prelims	59 Boys 12 & Under 50 Backstroke	0	0	01:30 PM	_____
Prelims	60 Girls 12 & Under 100 Butterfly	0	0	01:30 PM	_____
Prelims	61 Boys 12 & Under 100 Butterfly	0	0	01:30 PM	_____
Prelims	62 Girls 12 & Under 200 Breaststroke	0	0	01:30 PM	_____
Prelims	63 Boys 12 & Under 200 Breaststroke	0	0	01:30 PM	_____
Finals	64 Girls 12 & Under 400 Freestyle Relay	0	0	01:30 PM	_____
Finals	65 Boys 12 & Under 400 Freestyle Relay	0	0	01:30 PM	_____
	Finish Time			01:30 PM	_____

2020 Northeast Showcase - 3/12/2020 to 3/15/2020**Session Report**

Session: 10 Sunday Finals

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	56 Girls 12 & Under 100 IM	0	3 u	06:00 PM	_____
Finals	57 Boys 12 & Under 100 IM	0	3 u	06:07 PM	_____
Finals	54 Girls 12 & Under 200 Freestyle	0	3 u	06:13 PM	_____
Finals	55 Boys 12 & Under 200 Freestyle	0	3 u	06:23 PM	_____
Finals	46 Girls 13 & Over 100 Freestyle	0	4 u	06:34 PM	_____
Finals	47 Boys 13 & Over 100 Freestyle	0	4 u	06:41 PM	_____
Finals	58 Girls 12 & Under 50 Backstroke	0	3 u	06:49 PM	_____
Finals	59 Boys 12 & Under 50 Backstroke	0	3 u	06:53 PM	_____
Finals	48 Girls 13 & Over 200 Breaststroke	0	4 u	06:58 PM	_____
Finals	49 Boys 13 & Over 200 Breaststroke	0	4 u	07:13 PM	_____
Finals	62 Girls 12 & Under 200 Breaststroke	0	3 u	07:29 PM	_____
Finals	63 Boys 12 & Under 200 Breaststroke	0	3 u	07:41 PM	_____
Finals	60 Girls 12 & Under 100 Butterfly	0	3 u	07:54 PM	_____
Finals	61 Boys 12 & Under 100 Butterfly	0	3 u	08:00 PM	_____
Finals	50 Girls 13 & Over 100 Butterfly	0	4 u	08:06 PM	_____
Finals	51 Boys 13 & Over 100 Butterfly	0	4 u	08:14 PM	_____
	Entry / Heat Totals:	0	54		
	Finish Time			08:21 PM	_____