

2020 CAT Valentine's Day Last Chance Hosted by the Clearwater Aquatic Team (CAT)

February 22, 2020

SANCTIONED BY: Florida Swimming Sanction # 5012-1

"In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

CONDITION OF SANCTION: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

CAMERA ZONE: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still Photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2. Smoking/related paraphernalia: Smoking of any kind, electronic or ignited is not allowed on the sun deck, stair wells, or immediate parking spaces adjacent to the athlete entries. No smoking of any kind in athlete accessed locations. Operation of a drone, or any other flying apparatus is prohibited over the venue any time athletes, coaches officials and or spectators are present.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy "MAAPP", and that they understand that compliance with the MAAT policy is a condition of participation in the conduct of this competition.

TYPE OF MEET: Mixed gender seeded 25 yard, Timed Final meet held on Saturday February 22nd Two courses may be used if Meet Management deems necessary due to number of entries and 4 hour time limit constraints.

DATES & TIMES: Saturday February 22, 2020 Warm-ups Meet Start Warmup: 8:00aM Meet: 9:00AM

LOCATION: The Doyle Aquatic Center at the Long Center, 1501 N Belcher Rd, Clearwater, FL 33765

POOL & FACILITY SPECS: The Doyle Aquatic Center is a 10 lane 50 meter X 20 lane 25 yd pool that varies in depth from twelve feet at the start end to four feet at the turn end. A separate 3 lane 25 yard pool will be available for continuous warm-up and warm-down throughout the meet. There is permanent bleacher seating available for 294 people along with an additional standing room only section directly behind the bleachers for viewing the competition. Pool filtration system: State of the art UV system that requires little to no chlorine. Pool grounded lightning system: The Doyle Aquatic Center is the only pool around that is grounded with technology that enables the pool to be utilized during inclement weather, to better insure the kids get to swim. Timing System: A Daktronics timing system, touch pads, manual watches and electronic starting system will be used. Times will be displayed our two 10 lane scoreboards.

ELIGIBILITY: Must be a 2020 USA Swimming registered athlete. No on deck registration will be allowed.

SEEDING: Yard times used for seeding, or NT can be used. LCM to SCY Conversions using the formula in the current Florida Swimming Handbook may be used. **RULES:** Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.) The meet management may combine any heat if deemed necessary if the meet is too long, meet management may call breaks in the swimming at any time deemed necessary if the meet is too fast so the athletes have the best chance to achieve their goals.

DECK CHANGING: The practice of deck changing is prohibited. Swimmers must use the locker rooms to change in and out of their swim suits. Swimmers participating in the practice of deck changing can be subject to removal from further competition. Clearwater Aquatic Team policy prohibits “deck changing” at all CAT hosted meets.

AWARDS: No Awards

WARM-UP: Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session. The host club (Clearwater Aquatic Team) can specify individual team’s warmup lanes and schedule depending on the amount of entries. Clearwater Aquatic Team reserves the right to use two guaranteed lanes for CAT swimmers.

SCRATCHES: Prelims/timed finals: No penalty for scratching on the block. Any swimmer properly entered in a deck seeded event, who fails to check in for that event, will be allowed to swim in an open lane for that event only. No new heats will be created – first come first served.

ENTRY LIMIT: Swimmers will be limited to five (5) events per day. If a swimmer is over-entered in a session, any events entered over the five individual (5) event limit will be dropped at the point of over-entry. Entries will be accepted on a first come, first served basis until the sessions are a maximum of four (4) hours in length.

DECK ENTRIES: Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$10.00 per individual deck entry, plus \$7.50 facility charge if not previously entered in meet, fees must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than 45 minutes prior to the start of the meet. A swimmer may not drop an event to deck enter another event. The entry limit applies.

ENTRY FEES: Individual: \$4.15 per each event Facility charge: \$7.50 per swimmer Deck Entries: \$10.00 per event.

ENTRY DEADLINE: All entries must be received by 5:00 p.m. Tuesday, February 15th, 2020. Enclose payment to the Clearwater Aquatic Team (CAT) with team entry. Mail hardcopies along with disk and payment to: Clearwater Aquatic Team (CAT) c/o Lori Valantiejus

ENTRY FORMS: Entries may be submitted on the enclosed entry forms (please print legibly). Hy-tek electronic email entry is preferred. Please note that there is an additional \$50 fee for entries submitted on the entry forms.

OFFICIALS:

Head Referee: Scott Ward

Admin Referee: Lori Valantiejus

Starter: Patricia Ellingham

Chief Stroke & Turn: Ray Pereira

Meet Manager: Kevin Reese

Meet Marshall: Bobbie Newton

COACHES/OFFICIALS: Coaches/officials must visibly display a valid USA membership card at all times while on deck or prove current membership through Deck Pass. A 2020 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting before the first session of the meet on Friday. No Parents on deck unless designated by their coach as a shepherd. You must go to the meet referee, sign in each session and obtain a badge.

TEAM REPRESENTATIVE: Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet. **INFORMATION:** Bobbie Newton 727-791-9542, email catmanager@clearwateraquatics.com **NOTE:** *Events/heats may be combined at the discretion of the meet referee.

WARM-UP SCHEDULE: First ½ hour will be warm-up as follows: Last hour of warm-ups will be as follows: Lane 1 pace 50 & 100 circle swimming Lane 1 pace 50 & 100 circle swimming Lane 2 push off 25s one way only Lane 2 racing starts 25s one length Lane 3 swim & pulling, push off Lane 3 swim & pulling, push off Lane 4 swim & pulling, push off Lane 4 swim & pulling, push off Lane 5 swim & pulling, push off Lane 5 swim & pulling, push off Lane 6 swim & pulling, push off Lane 6 swim & pulling, push off Lane 7 swim & pulling, push off Lane 7 swim & pulling, push off Lane 8 swim & pulling, push off Lane 8 racing starts 25s one length Lane 9 push off 25s, one way only Lane 9 racing starts 25s one length Lane 10 pace 50 & 100 circle swimming Lane 10 pace 50 & 100 circle swimming **NO EQUIPMENT TO BE USED DURING WARM-UP NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET** Swimmers must enter the water feet first with at least one hand on the pool deck.

ORDER OF EVENTS

**** ALL EVENTS WILL BE SWUM AS OPEN/MIXED and scored by gender. PLEASE SEE APPENDIX "A" FOR QUALIFYING TIMES ON ALL DISTANCES 100 YARDS OR GREATER**

1 - 25 FLY

2 - 50 BREAST

3 - 25 BACK

4 - 50 FREE

5 - 100 IM

6 - 25 BREAST

7 - 50 FLY

8 - 25 FREE

9 - 50 BACK

10 - 200 IM

11 - 100 FREE

12 - 200 FLY

13 - 100 BREAST

14 - 200 FREE

15 - 400 IM

16 - 100 BACK

17 - 200 BREAST

18 - 100 FLY

19 - 200 BACK

20 - 500 FREE

21 - 1650 FREE

APPENDIX "A"

Time qualifications for distances over 100 yards

	10 UNDER	11-12 YEAR	13-14 YEAR	SENIOR
25 FLY	NT	x	x	x
50 FLY	NT	NT	NT	NT
100 FLY	1.29.00	1.15.00	1.13.00	1.05.00
200 FLY	x	x	2.27.00	2.22.00
25 BR	NT	x	x	x
50 BR	NT	NT	NT	NT
100 BR	1.38.00	1.26.00	1.18.00	1.17.00
200 BR	x	x	2.44.00	2.43.00
25 BK	NT	x	x	x
50 BK	NT	NT	NT	NT
100 BK	1.25.00	1.15.00	1.08.00	1.07.00
200 BK	x	x	2.21.00	2.20.00
25 FR	NT	x	x	x
50 FR	NT	NT	NT	NT
100 FR	1.14.00	1.05.00	1.00.00	59.00
200 FR	2.35.00	2.18.00	2.06.00	2.04.00
500 FR	6.40.00	6.01.00	5.32.00	5.26.00
1650 FR	x	x	19.04.00	18.49.00
100 IM	1.26.00	1.15.00	x	x
200 IM	2.59.00	2.38.00	2.24.00	2.22.00
400 IM	x	x	5.01.00	4.58.00

Swimmer Surcharge @\$7.50 _____ Individual Entries @\$4.15 _____ TOTAL
DUE: _____ NOTE: USE OF THIS FORM WITHOUT A HY-TEK ENTRY DISK/FILE WILL
INCUR AN ADDITIONAL FEE OF \$50.00