

RACERS HOLIDAY CLASSIC

FRIDAY, DECEMBER 3 – SUNDAY, DECEMBER 5, 2021

SANCTION: HELD UNDER USA SWIMMING THROUGH ARKANSAS SWIMMING, INC.
SANCTION NUMBER 21AR1204

HOST: ARKANSAS RACERS

DATES: DECEMBER 3-5, 2021

LOCATION: THE RIVER CENTER
1800 CITIZENS DRIVE
BENTON, AR 72015

STARTING TIME: FRIDAY AFTERNOON –	WARM-UPS WILL BEGIN AT 4:00 PM. MEET WILL BEGIN AT 5:00 PM.
SATURDAY PRELIMS –	WARM-UPS WILL BEGIN AT 7:30 AM MEET WILL START AT 8:30 AM
SATURDAY FINALS –	WARM-UPS WILL BEGIN AT 3:30 PM MEET WILL BEGIN AT 4:30 PM
SUNDAY PRELIMS -	WARM-UPS WILL BEGIN AT 7:30 AM MEET WILL BEGIN AT 8:30 AM
SUNDAY FINALS -	WARM-UPS WILL BEGIN AT 2:00 PM MEET WILL BEGIN AT 3:00 PM

FACILITY: EIGHT LANE, 25 YARD INDOOR COURSE WITH NON-TURBULENT LANE LINES, SPECTRUM ACCELERATOR STARTING BLOCKS. EIGHT LANES WILL BE USED FOR COMPETITION. COLORADO ELECTRONIC TIMING SYSTEM WITH TOUCH PADS AND HORN START. 8 COLORADO BACKSTROKE START DEVICES AND RELAY JUDGING PLATFORMS. FULL COLOR LED SCREEN COLORADO SCOREBOARD. SEPARATE WARM UP/WARM-DOWN AREA WILL BE AVAILABLE IN THE LEISURE POOL. THE MEET WILL BE RUN WITH A CLOSED DECK. ONLY SWIMMERS, CERTIFIED COACHES AND MEET PERSONNEL WILL BE ALLOWED ON DECK. NO FOOD WILL BE ALLOWED ON DECK. SPECTATOR SEATING WILL BE AVAILABLE IN THE NATATORIUM BLEACHERS AREA. SWIMMERS LEAVING THE POOL AREA MUST WEAR A SHIRT, PANTS AND SHOES. THE MINIMUM WATER DEPTH, MEASURED IN ACCORDANCE WITH ARTICLE 202.2.4.10C IS 12'6" AT THE START END AND 4'0" AT THE TURN END. THE COMPETITION COURSE HAS NOT BEEN CERTIFIED IN ACCORDANCE WITH ARTICLE 104.2.2.C(5).

MEET TYPE: PRELIM/FINAL MEET. PRELIMS WILL BE SWUM AS CONSOLIDATED EVENTS. FINALS WILL BE SWUM AS A MIX CONSOLIDATED AND AGE GROUP EVENTS.

RULES: 2021 USA SWIMMING AND ARKANSAS SWIMMING, INC. RULES AND REGULATIONS WILL GOVERN THE MEET. ASI SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT.

OFFICIALS: MEET REFEREE: ALYCE OULETTE - JOULETTE@SBCGLOBAL.NET
MEET DIRECTOR: MONICA NELSEN – MONICA@CASCRACERS.COM
ADMINISTRATIVE OFFICIAL: LEAH FORD – LEAH.FORD2023@GMAIL.COM

ATTENDING COACHES: ONLY COACHES REGISTERED WITH USA SWIMMING WILL BE ALLOWED TO PARTICIPATE IN ANY COACHING CAPACITY. UNDER ASI RULES, EACH TEAM MUST PROVIDE A COPY OF EACH ATTENDING COACH'S USA SWIMMING MEMBERSHIP CARD. ATTENDING COACHES SHOULD BE PREPARED TO SHOW PROOF OF USA SWIMMING REGISTRATION AND VALID CERTIFICATION IN CPR, FIRST AID, AND SAFETY TRAINING FOR SWIM COACHES.

ELIGIBILITY: ALL SWIMMERS MUST BE REGISTERED AS 2021/2022 ATHLETE MEMBERS OF USA SWIMMING. NO ENTRIES WILL BE ACCEPTED WITHOUT CURRENT USA SWIMMING REGISTRATION NUMBER. SWIMMERS WHO ENTER AS PENDING OR APPLIED FOR MUST SEND THEIR ATHLETE REGISTRATION AND PAYMENT WITH THE TEAM ENTRIES. ON DECK REGISTRATION WILL NOT BE PERMITTED. IF YOU HAVE ALREADY SENT THE REGISTRATION AND FEE TO ARSI, PLEASE SEND A COPY OF THE REGISTRATION FORM. THE AGE OF EACH SWIMMER AS OF DECEMBER 3, 2021 DETERMINES AGE GROUP CLASSIFICATION FOR THE ENTIRE MEET.

SEEDING: ALL EVENTS WILL BE PRE-SEEDED, EXCEPT FOR THE 500 FREESTYLE. THE 500 FREESTYLE WILL BE DECK-SEEDED AND WILL REQUIRE POSITIVE CHECK-IN. POSITIVE CHECK-IN DEADLINE WILL BE THIRTY (30) MINUTES PRIOR TO THE ANNOUNCED START OF THE SESSION. THE 500 FREESTYLE WILL BE LIMITED TO THE FASTEST 48 SWIMMERS. HEATS WILL BE SWUM FASTEST TO SLOWEST, AGE GROUPS AND GENDER MAY SWIM TOGETHER.

ENTRY LIMITS: SWIMMERS MAY ENTER MAXIMUM THREE (3) INDIVIDUAL EVENTS PLUS ONE (1) RELAY EVENT PER DAY. MEET WILL BE LIMITED TO FIRST 400 SWIMMERS ENTERED. IF THE TEAM'S ENTRIES EXCEED THE 400 SWIMMERS LIMIT, ALL THE TEAM'S ENTRIES WILL BE ACCEPTED.

FRIDAY: FRIDAY AFTERNOON EVENTS WILL BE TIMED FINALS. AGE GROUPS AND GENDERS MAY SWIM TOGETHER BUT WILL SPLIT FOR SCORING AND AWARDS PURPOSES IN TIMED FINALS EVENTS.

FORMAT: SATURDAY AND SUNDAY WILL RUN IN A PRELIMS/FINALS FORMAT. ALL AGES WILL SWIM TOGETHER FOR PRELIMS. FINALS WILL HAVE 4 HEATS ORGANIZED BY THE FOLLOWING CRITERIA:

- A SUPER FINAL – TOP 8 FASTEST SWIMS FROM PRELIMS ANY AGE
- B FINAL – NEXT FASTEST 8 SWIMMERS AGES 13 AND OVER
- C FINAL – NEXT FASTEST 8 SWIMMERS AGES 11-12
- D FINAL – NEXT FASTEST 8 SWIMMERS AGES 10 AND UNDER

RELAYS: SATURDAY'S RELAYS WILL HAPPEN AT THE END OF FINALS. SUNDAY'S RELAYS WILL HAPPEN AT THE END OF PRELIMS. RELAYS ARE MIXED GENDER AND WILL NEED TO CONSIST OF TWO GIRLS AND TWO BOYS.

ENTRY FEES: \$20.00 FACILITY FEE PER SWIMMER
\$3.00 ASI SURCHARGE PER SWIMMER
\$5.00 PER INDIVIDUAL EVENT
\$10.00 PER RELAY EVENT

MAKE CHECKS PAYABLE TO **CASC RACERS**.
CASC RACERS
C/O ADAM NELSEN
3416 RIDGE PASS COURT
LITTLE ROCK, AR 72227

ENTRY DEADLINE: ENTRIES MUST BE RECEIVED BY WEDNESDAY, NOVEMBER 24, 2021. THE PREFERRED METHOD OF ENTRY IS BY HY-TEK DIGITAL FILES ACCOMPANIED BY EMAILED OR HARD COPY ENTRY SUMMARY SHEET.

DECK ENTRIES: DECK ENTRIES WILL BE ACCEPTED BY THE CLERK OF COURSE UP TO 30 MINUTES BEFORE THE PUBLISHED STARTING TIME. COST IS \$5.00 PER INDIVIDUAL EVENT. A SWIMMER WHO IS NOT PREVIOUSLY ENTERED IN THE MEET MUST ALSO PAY THE \$23.00 SURCHARGE. DECK ENTRIES FOR EACH EVENT WILL BE PLACED IN OPEN LANES IN EXISTING HEATS IN THE ORDER IN WHICH THEY ARE RECEIVED BY THE CLERK OF COURSE. NEW HEATS WILL NOT BE CREATED. THERE IS NO GUARANTEE THAT A DECK ENTRY WILL GET TO SWIM THE EVENT AND THERE WILL BE NO REFUND OF ENTRY FEES. NO EVENT WILL BE RESEED TO ACCOMMODATE A DECK ENTRY. A SWIMMER WHO SCRATCHES ONE EVENT AND ENTERS ANOTHER EVENT TO REPLACE IT WILL BE CHARGED DECK ENTRY FEES. DECK PASS MAY BE USED TO VERIFY CURRENT ATHLETE MEMBERSHIP.

SCRATCHES: NO MONEY WILL BE REFUNDED FOR SCRATCHES. A SWIMMER WHO DOES NOT REPORT BY THE FINAL CALL WILL BE SCRATCHED FROM THAT EVENT. ARKANSAS SWIMMING SCRATCH RULES WILL BE ENFORCED FOR FINALS.

WARM-UP: ALL ASI WARM-UP RULES WILL BE FOLLOWED. ANY SWIMMER WHO DOES NOT ENTER THE POOL FEET FIRST DURING ANY PORTION OF A WARM-UP/WARM-DOWN PERIOD WHICH REQUIRES FEET FIRST ENTRY SHALL RECEIVE A WARNING FOR THE FIRST OFFENSE RATHER THAN A DISQUALIFICATION. DISQUALIFICATIONS ARE AUTOMATIC FOR SUBSEQUENT VIOLATIONS. IN THE SESSION IN WHICH THE PENALTY IS ENFORCED, THE SWIMMER CANNOT DECK ENTER AN EVENT TO REPLACE THE EVENT FROM WHICH THEY WERE REMOVED.

THESE WARM-UP RULES ALSO APPLY TO THE WARM-UP/WARM-DOWN AREA THAT WILL BE AVAILABLE DURING EACH SESSION. SWIMMERS MAY DIVE INTO THE POOL DURING A DESIGNATED SPRINT WARM-UP. SWIMMERS WITHOUT A COACH AT THE MEET MUST CHECK IN WITH THE MEET REFEREE AND WILL BE ASSIGNED TO A COACH DURING THE WARM UP PORTION OF THE MEET.

FINAL RESULTS: FINAL RESULTS WILL BE POSTED ON THE CASC RACERS WEBSITE & ARKANSAS SWIMMING WEBSITE.

AWARDS: IN INDIVIDUAL EVENTS, MEDALS WILL BE AWARDED FOR 1ST THROUGH 3RD PLACES AND RIBBONS WILL BE AWARDED FOR 4TH THROUGH 8TH PLACES. MEDALS, RIBBONS, HIGH POINT AND RUNNER UP HIGH POINT AWARDS WILL BE GIVEN FOR BOYS AND GIRLS IN THE FOLLOWING AGE GROUPS: 10 & U, 11-12, 13 AND UP. NO AWARDS FOR RELAYS.

SCORING: TIMED FINAL EVENTS: 9-7-6-5-4-3-2-1. RELAYS: 20-17-16-15-14-13-12-11
RACERS SUPER FINALS – 20 -17-16-15-14-13-12-11
B,C, D FINAL – 9-7-6-5-4-3-2-1

RULES/SAFE SPORT: USA SWIMMING RULES AND REGULATIONS WILL GOVERN THE CONDUCT OF THIS MEET. IT SHALL BE THE SWIMMERS' AND COACHES' RESPONSIBILITY TO ACQUAINT THEMSELVES WITH ALL INFORMATION CONTAINED HERE WITHIN.

ALL COACHES AND OFFICIALS EXPECTING TO RECEIVE ACCESS TO THE POOL DECK MUST BE PREPARED TO SHOW A CURRENT USA SWIMMING MEMBERSHIP CARD (DECK PASS IS ACCEPTABLE PROOF OF USA SWIMMING MEMBERSHIP). INFORMATION REGARDING THE APT COURSE AND THE BACKGROUND CHECK IS AVAILABLE ONLINE AT USASWIMMING.ORG/PROTECT. COACHES MUST PROVIDE PROOF OF CPR, FIRST AID AND SAFETY TRAINING FOR SWIMMING COACHES OR USA SWIMMING APPROVED EQUIVALENTS AND MUST HAVE SUCCESSFULLY PASSED THE REQUIRED BACKGROUND CHECK AND APT COURSE. COACHES MUST DISPLAY THEIR COACH MEMBERSHIP CARD WHILE ON DECK.

NO SWIMMER WILL BE PERMITTED TO COMPETE UNLESS HE/SHE IS A MEMBER AS PROVIDED IN ARTICLE 302. ANY SWIMMER ENTERED IN THE MEET MUST BE CERTIFIED BY A USA SWIMMING MEMBER-COACH AS BEING PROFICIENT IN PERFORMING A RACING START. FURTHER, THOSE PARTICIPANTS NOT PROFICIENT WITH A BACKSTROKE LEDGE MUST START EACH RACE FROM WITHIN THE WATER, AND WITHOUT USE OF THE BACKSTROKE LEDGE. IT IS THE RESPONSIBILITY OF THE SWIMMER OR THE SWIMMER'S LEGAL GUARDIAN TO ENSURE COMPLIANCE WITH THESE REQUIREMENTS.

NO SWIMMER WILL BE ALLOWED ON DECK WITHOUT A COACH MEMBER PRESENT. IF THE HOME CLUB COACH IS NOT PLANNING TO ATTEND EVENT, SWIMMER MUST BE ASSIGNED A SUPERVISING COACH. IF A SWIMMER ARRIVES WITHOUT A COACH, HE/SHE MUST FIND A WILLING COACH AT THE FACILITY TO SIGN SUPERVISION FORM BEFORE A CREDENTIAL CAN BE ISSUED.

THE SAFE SPORT PROGRAM IS USA SWIMMING'S COMPREHENSIVE ABUSE PREVENTION PROGRAM DEDICATED TO REDUCING THE RISK OF SEXUAL, EMOTIONAL, AND PHYSICAL ABUSE TO ATHLETES. COMPONENTS OF THE PROGRAM INCLUDE, BUT ARE NOT LIMITED TO, PROVIDING EDUCATION AND TRAINING, ENFORCING POLICIES, RULES, AND BEST PRACTICE GUIDELINES, PROMOTING HEALTHY BOUNDARIES AND MANDATED REPORTING OF VIOLATIONS.

THE MINOR ATHLETE ABUSE PREVENTION POLICY ("MAAPP") PROHIBITS APPLICABLE ADULTS FROM HAVING ONE-ON-ONE INTERACTION WITH MINOR ATHLETES THAT IS NOT WITHIN AN OBSERVABLE AND INTERRUPTIBLE DISTANCE FROM ANOTHER ADULT. ALL APPLICABLE ADULTS PARTICIPATING IN OR ASSOCIATED WITH THIS MEET, ACKNOWLEDGE THAT THEY ARE SUBJECT TO THE PROVISIONS OF THE USA SWIMMING MAAPP, AND THAT THEY UNDERSTAND THAT COMPLIANCE WITH THE MAAPP POLICY IS A CONDITION OF PARTICIPATION IN THE CONDUCT OF THIS COMPETITION.

PURSUANT TO USA SWIMMING RULES AND REGULATIONS AND FEDERAL LAW, IT IS EVERY MEMBER'S RESPONSIBILITY TO IMMEDIATELY (I.E., WITHIN 24 HOURS) REPORT ANY INCIDENT OF CHILD ABUSE, INCLUDING PHYSICAL OR SEXUAL ABUSE, TO LAW ENFORCEMENT AND THE U.S. CENTER FOR SAFESPORT. REPORTING MUST OCCUR WHEN AN INDIVIDUAL HAS FIRSTHAND KNOWLEDGE OF MISCONDUCT OR WHERE SPECIFIC AND CREDIBLE INFORMATION HAS BEEN RECEIVED FROM A VICTIM OR KNOWLEDGEABLE THIRD PARTY. A REPORT TO THE U.S. CENTER FOR SAFESPORT MAY BE MADE VIA TELEPHONE AT 720-531-0340 OR ONLINE AT WWW.USCENTERFORSAFESPORT.ORG/REPORT-A-CONCERN. VARIOUS STATE LAWS MAY ALSO REQUIRE REPORTING TO LAW ENFORCEMENT OR TO A DESIGNATED CHILD PROTECTION AGENCY.

THE REQUIREMENT TO COMPLETE ATHLETE PROTECTION TRAINING IS AN ANNUAL REQUIREMENT. USA SWIMMING MEMBERSHIP WILL BE AFFECTED IF A NON-ATHLETE MEMBER OR ADULT ATHLETE MEMBER DOES NOT RENEW ATHLETE PROTECTION TRAINING ANNUALLY.

EACH CLUB IS RESPONSIBLE FOR THE CONDUCT OF ITS SWIMMERS. ANY PERSON WHO, IN THE OPINION OF THE MEET DIRECTOR OR MEET MARSHALL, IS HARMFUL TO OTHERS OR TO OTHER'S PROPERTY MAY BE REQUIRED TO LEAVE THE COMPETITION.

USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING A CELL PHONE, IS NOT PERMITTED IN CHANGING AREAS, REST ROOMS OR LOCKER ROOMS.

OPERATION OF A DRONE, OR ANY OTHER FLYING APPARATUS, IS PROHIBITED OVER THE VENUE (POOLS, ATHLETE/COACH AREAS, SPECTATOR AREAS AND OPEN CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

COVID-19:

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXISTS IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMELY CONTAGIOUS DISEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITIZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. DUE TO THIS, ALL COACHES, SWIMMERS, SPECTATORS, AND VOLUNTEERS WILL BE REQUIRED TO WEAR MASKS WHILE ON THE POOL DECK.

USA SWIMMING, INC., CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPREADING COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ARKANSAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OR NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

ORDER OF EVENTS

Friday Night - Timed Finals		
1	Open Mixed 100 IM	
2	Open Mixed 200 Fly	
3	Open Mixed 200 Back	
4	Open Mixed 200 Breast	
	10 min Break	
5	Open Mixed 500 Free	

Saturday Prelims		
7	Open 50 Free	8
9	Open 100 Back	10
11	Open 200 IM	12
13	Open 50 Fly	14
15	Open 100 Breast	16

Saturday Finals		
7	50 Free	8
9	100 Back	10
11	200 IM	12
13	50 Fly	14
15	100 Breast	16
17	200 Mixed Free Relay	

Sunday Prelims		
19	Open 200 Free	20
21	Open 50 Breast	22
23	Open 100 Fly	24
25	Open 50 Back	26
27	Open 100 Free	28
29	200 Mixed Medley Relay	

Sunday Finals		
19	200 Free	20
21	50 Breast	22
23	100 Fly	24
25	50 Back	26
27	100 Free	28

MEET SUMMARY FORM

COMPLETE THIS MEET SUMMARY FORM AND SUBMIT IT ALONG WITH YOUR COMPLETE ENTRY FORM AND YOUR CHECK. MAKE CHECKS PAYABLE TO CENTRAL ARKANSAS SWIM CLUB (CASC).

MAIL ALL ENTRIES TO:

ADAM NELSEN
3416 RIDGE PASS CT
LITTLE ROCK, AR 72227
PHONE – (501) 744-3713
EMAIL – COACHADAM@CASCRACERS.COM

NAME OF CLUB: _____

CLUB CODE: _____

MAILING ADDRESS: _____

PERSON TO CONTACT REGARDING QUESTIONS: _____

PHONE NUMBER: (_____) _____ - _____

ATTENDING COACHES: _____

COACH'S PHONE NUMBER: _____

E-MAIL ADDRESS: _____

SWIMMERS x \$3.00 ASI SURCHARGE = _____

SWIMMERS x \$20.00 FACILITY FEE = _____

INDIVIDUAL ENTRIES x \$5.00 PER EVENT = _____

RELAY ENTRIES x \$10.00 PER RELAY = _____

TOTAL FEES = _____

AS SPECIFIED BY USA SWIMMING AND ASI, EACH COACH OR TEAM REPRESENTATIVE MUST CERTIFY THAT ALL SWIMMERS ENTERED ON THE ENTRY FORMS ARE MEMBERS OF USA SWIMMING AS OF THE ENTRY DEADLINE, OR THE APPLICATIONS FOR MEMBERSHIP (INCLUDING FEES) ARE ENCLOSED WITH THE ENTRY FORMS. IN ADDITION, THE SIGNATURE BELOW CERTIFIES THAT EACH ATTENDING COACH IS A MEMBER OF USA SWIMMING AND HAS VALID CERTIFICATION IN CPR, FIRST AID AND SAFETY TRAINING FOR THE DURATION OF THE MEET. IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, WE HEREBY WAIVE AND RELIEVE ANY AND ALL CLAIMS AGAINST USA SWIMMING, ASI, RIVER CENTER, THE CENTRAL ARKANSAS SPORTS CLUB, AND OFFICIALS.

SIGNATURE OF COACH/TEAM REPRESENTATIVE: _____

Arkansas Swimming Scratch Rules

III. Scratching from Consolation Finals and Finals

1. To promote full heats in finals and to teach swimmers to scratch themselves after preliminary heats, swimmers are to scratch themselves from finals if they have no intention of swimming in finals even if they have not initially qualified to swim in finals or become qualified for finals resulting from the scratching of other swimmers.
2. Any swimmer qualifying for a consolation final or final in an individual event who fails to compete in said consolation final or final shall be barred from further competition for the remainder of the meet, except as noted below.
3. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). The heats shall not be reseeded. First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
4. Prior to the beginning of the Finals Session when a final has not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the consolation final and the championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
5. If a consolation final already has been contested, the final shall be swum without reseeding for the empty lane(s).

IV. Exceptions for Failure to Compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a consolation final or final notifies the Referee, or the Referee's designee, within thirty (30) minutes after announcement of the qualifiers for that final that he may not intend to compete and further declares his final intentions to the Referee within thirty (30) minutes following his last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.