



RETURN TO PRACTICE PROTOCOLS:

>Assumptions:

--These protocols are designed for use at Concord Aquatic Center. There will be adjustments when using other facilities (Merrifield, Elkhart Aquatic Center). Those adjustments may be determined by facility management, or by Concord staff.

--Waivers will be required from all participants.

Need to determine if this applies. What are liability concerns? USA Swimming insurance? Review by our attorney? Enforceability?

--Concord Swim Club will follow all federal, state and local regulations and guidelines in conducting practices, as well as best practice recommendations set forth by USA Swimming and Indiana Swimming.

--Athletes who participate in practice must not be sick, or exhibiting any symptoms. Athletes should also not participate in practice if anyone else in their household is sick or exhibiting symptoms.

>Staffing:

--Coaches will be stationed on opposite sides of the pool and will wear masks. Coaches will stay between the backstroke flags in order to maintain distance from the athletes. If the deep end lanes are being used, the coach will be stationed on the diving end of the pool.

--One lifeguard will be stationed in one of the chairs on the spectator gallery side of the pool. Lifeguards will wear masks. An Aquatic Supervisor will be on the pool deck to monitor and maintain compliance with protocols and social distancing. The Supervisor will wear a mask.

>Arrival & Departure:

--Athletes will enter the facility at Door 24. Parents will drop off swimmers at that location. Athletes who drive will park in assigned spots in the Aquatic Center/Fitness Center lot and walk to Door 24. Athletes will maintain social distance as they enter the facility.

--Athletes will arrive and depart in their swimsuit. *What about dryland?
Are athletes expected/required to wear masks when they arrive?*

--Athletes will depart the facility through Door 21. Parents will pick up swimmers at that location.

--Parents will not be permitted in the facility. If they choose to wait during practice, they will need to park in the Aquatic Center lot and wait in the car. No use of the spectator gallery at all.

--The Aquatic Supervisor on duty will monitor arrivals through Door 24. One of the coaches on duty will monitor departures through Door 21.

Note, this will need to be coordinated with Fitness/Performance Center - can they use Doors 22 and 23? Otherwise we may use Door 27 for departures.

>Conduct of Practice:

--There will be a one way traffic pattern around the deck. Shallow to deep along record board side, lane 10 to lane 1 across diving board end, deep to shallow along spectator gallery side, lane 1 to lane 10 across shallow end. Athletes and staff should maintain social distance while on the pool deck.

--Athletes will be assigned to lanes. Assuming 20 athletes in a group, this would be 2/lane at opposite ends of the pool. If we move to 30 athletes in a group, then the third athlete would be assigned to be under the backstroke flags at the shallow end of the pool.

--Deep end lanes may be used during practices as well. This could be for private/semi-private lessons. It could also be for overflow from the 20 athletes in a group. We may also use the camera for video analysis in this area during practice.

--Changing rooms and showers will not be used by the athletes. Restrooms may be used as needed. Athletes will be expected to wipe down surfaces after use of the restroom. *Shower before entering per USA Swimming Pool Operations Suggestions?*

--Athletes will be permitted to bring one small bag to practice. Those bags will be stowed on the assigned spots on the benches around the pool. The benches will be wiped down with disinfectant after each group.

--Athletes may bring their own water bottle that they stow on the pool deck at the end of their lane. Water bottles should be brought to the pool full - no use of the drinking fountain. Water bottles must be taken home after each practice.

--Use of training equipment - can athletes bring their own? Can Aquatic Center equipment be disinfected after use? Conduct practices with no equipment?

>Scheduling:

--Practices will be scheduled with a minimum of 15 minutes between groups. Athletes will be expected to depart promptly at the end of their practice. Athletes should not arrive more than 5 minutes prior to the start of their practice.

--Surfaces (benches, bulkhead, shallow end ledge, door knobs, handles) will be disinfected between groups. Entire pool deck will be scrubbed each day with disinfectant.

>Other Considerations:

--Order disinfectant wipes, cleaners, etc. Are these provided by the custodial department, or does the Aquatic Center need to supply extra materials?

--How is the club practice schedule going to be coordinated with the lap swimming schedule? Can both occur at the same time?

--Locker room renovation in June or July may impact use and availability of restrooms. What will be entrance and exit doors for those contractors. This could also affect the drive along the west side of the building and athlete entrance at Door 24.