



INDIANA & ILLINOIS
MULTICULTURAL CAMP
MAY 8-10, 2020 INDIANAPOLIS, IN



May 8-10, 2020 Indianapolis, IN

Purpose

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Instill a vision of success and inspire athletes from ethnically under-represented populations to become leaders in the sport of swimming.

Eligibility

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The Illinois & Indiana Multi-Cultural camp is open to any swimmer who is of diverse background, underrepresented or economically disadvantaged



Goals

To empower athletes from ethnically under-represented populations and their coaches to:

- Demonstrate the viability of multicultural success in swimming.
- Achieve performance excellence at every level of the sport.
- Expound the benefits and value of participating in the sport of swimming.
- Assist in recruiting more swimmers and coaches from diverse ethnicities to the sport of swimming.
- Be positive leaders and role models that others from multicultural backgrounds can emulate.



Creating an LSC Diversity and Inclusion Camp



Under Represented Athletes

Why is important to bring under represented athletes together?

- *Importance of “TEAM”*
- *Competition*
- *Support*
- *Building the Sport*



Under Represented Athletes

Importance of a team

- *Does the athlete feel included?*
- *Is anyone excluded?*
- *What are the team dynamics?*
- *Being comfortable*



Under Represented Athletes

Competition

- *Opportunities*
- *Success*
- *Goals*



Under Represented Athletes

Support

- *Meet others, with similar background*
- *Share experiences*
- *Develop and maintain friendships*



Under Represented Athletes

Building the Sport

- *Opportunity for friends to join*
- *More local kids participating*
- *More family participation*
- *More media exposure*
- *More role models*



Why a Diversity and Inclusion Camp

Diversity Camp Progression

- *National Diversity Camp*
- *Zone Diversity Camp*
- *LSC Diversity Camp*



SITE:

Sheraton Indianapolis Keystone Hotel

8787 Keystone Crossing, Indianapolis, IN 46240

Dates:

May 8-10, 2020. Athletes will arrive on Friday evening and depart on Sunday morning.

AGE:

11 – 14 years of age. Age is as of the first day of camp May 8, 2020.

CAMP SCHEDULE:

The 2.5-day camp program will include a combination of pool training, motivational and education sessions, and team building activities.

****For more information on athlete selection criteria & registration process check with your local LSC.***



THE EXPERIENCE

This camp will consist of three (2.5) days of motivational/educational meetings & training as well as experiencing some of the fastest racing in the world by attending the Saturday finals of the TYR Pro Series meet at the famous IU Natatorium, visiting the NCAA Hall of Champions and training at one of the areas elite training facilities.



GUEST PRESENTER

Dr. Gary Sailes (Doc) See bio below

Doc Sailes' presentations will be "Diversity & Inclusion in Sport". In his presentations with the athletes will be two sessions, both will be working sessions. The first session will be to identify different areas of Diversity & Inclusion that can be incorporated into competitive swimming. The second session will be to construct a working plan to answer the question, "What can I/we do to make a difference?"



BIO

Gary Sailes, Ph.D., is a professor at Indiana University and sports performance consultant. His list of clients include athletes and teams from the US and internationally who compete in the NBA, MLB, NFL, NCAA, IHSA, professional tennis and golf. His clients have won numerous championships in multiple sports at various levels of competition around the globe.

