



2020 Indiana Swimming Coach Mentorship Program Overview

Introduction:

In 2020 the Indiana Swimming Coach mentoring program will be a multi-tiered program for our Indiana Coaches. It is our vision to create environments that mirror objectives of programs that offer education and interactive learning along with interaction with experienced LSC Leaders & Elite Coach Mentors in “Live” Coaching environments and Coach Educational Webinars.

These coach mentoring opportunities are offered in both a clinic learning environment and a live on deck competitive & training environment in local, regional & national locations.

- Coach Career Development Program (2 coaches will be selected with the objective of immersing themselves in learning classroom concepts & real coaching implementation)
- High Performance Clinics (Travel support will be available to coaches to attend some of the country’s most prestigious clinics to interact with a mentor coach and share the concepts learned from program presentation materials from Age Group to Elite)
- **NEW:** Indiana Swimming Partnership & Coach Mentoring Program with the Indy Parks & Rec. Along with USA Swimming’s support, Indiana Swimming will offer a Coach Mentoring program that will be available to coaches from the Indianapolis Parks & Rec programs. This partnership will include USA Swimming’s staff contributions to this program. Indiana Swimming will offer free clinic registrations and availability of LSC Clinic speakers, educators, designated LSC and Club Head Mentor Coach (s) to interact with their site staffs and in a comprehensive educational program to support coach & athlete development.
- **NEW:** Monthly Coach Educational Webinars led by Indiana Swimming Performance Committee and featuring James Leath founder of “Unleash the Athlete” educational programs.

Please feel free to contact me with any questions.

A handwritten signature in black ink that reads "Tony Young".

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2020 Indiana Swimming Coach Mentorship

Purpose

The purpose of the 2020 Coach mentorship program is to fully leverage the experience of our most veteran and successful coaches to aid in the development of newer coaches in service of athletes and clubs in the LSC by supporting their interaction during selected LSC sponsored events.

Goal

In 2020 the goal of the Indiana Swimming Coach mentoring program will be a multi-tiered program for our Indiana Coaches. It is our vision to create environments that mirror objectives of programs that offer education and interactive learning along with interaction with experienced LSC Leaders & Elite Coach Mentors in “Live” Coaching environments.

Applicant Eligibility

- All applicants must be a current USA Swimming non-athlete member registered within the LSC.
- Interested Coaches may apply by completing the online Team Indiana Coaches Common Application and selecting the Coach Mentoring Program from the list and completing the related questions.
- All applications must be submitted by the dates that correspond with the program interest listed below.
- Coaches will be selected from the pool of applicants by the Indiana Swimming Performance Committee.
- To be eligible for reimbursement program coaches must submit all required Travel Support forms with 30 days of their Mentee event.

Mentors Coaches Will:

- Be selected and recruited by the Indiana Swimming Performance Committee
- Ten or more years’ experience as Head Coach or Head Age Group Coach in the LSC or Collegiate Programs
- Current or former National Team or National Junior Team Coaches
- Club has Bronze, Silver or Gold Medal Club Excellence Recognition
- Mentors are eligible for a \$100 honorarium payable after the site visits all necessary surveys and reflections are completed.

Program Highlights & Potential Topics to be shared with selected applicants

- Athlete progression through State, Regional and National Meets
- Utilizing LSC resources for Athlete Development
- Creating Staff Culture, Recruitment, Evaluation
- Seasonal Planning
- Retention and Recruitment Strategies
- Swimmer Education
- Parent Education and Involvement
- Recommended Educational Resources
 - ✓ Clinics
 - ✓ Associations
 - ✓ Continuing Education

Program Elements:

The 2020 Indiana Swimming Coach Mentor Program will have the following three (3) opportunities to support continuing coach education and development. The LSC Coaches Representative & the Performance Committee will oversee, direct, evaluate and formulate all communication to the participants.

Coach Career Development Program (2 selected coaches will be accepted into this program)

This is an interactive learning program where coaches will interact in “live” practical coaching environments with Elite Collegiate & Club Coaches.

- Mid-West Coaches Clinic. (Comprehensive Educational Component offered by LSC Staff & Coaches along with Clinic Presentation Materials) 4/17 & 18/2020 - Fishers, IN or 4/19 in Valparaiso, IN
- 2020 Indiana Swimming 14-16 Elite Camp at the USA Naval Academy (On Deck Shadow Training Coaching Experience with select ISI Coaching Staff) 6/8-12/2020- Location: Annapolis, MD
- 2020 ASCA World Clinic: Sept. 8-12, Orlando, FL or ISI HOD Coach Education Programs Sept/Oct in Indianapolis, IN
- Coaches must attend all events listed above.
- ****If a schedule conflict arises an alternate event may be created with the approval of the ISI Performance Committee***
- Coaches must have 3-4 years of coaching experience and are seeking a career path to full time coach.
- Travel Support will be paid in agreement of the coach mentoring opportunities attending.
- **Applications due March 31, 2020**

High Performance Clinics: See Clinic Options Below (Up to two stipends available)

This is an interactive learning program where coaches will interact with a Coach Mentor or Head coach in both formal presentations and informal settings to share the day’s experience and develop networking connections with other USA-Swimming Coaches & Sport Professionals

- 2020 Central States Swim Clinic: May 16-17 Oakbrook, IL (**Application due May 1, 2020**)
- 2020 ASCA World Clinic: Sept.8-12, Orlando, FLA (**Application due August 1, 2020**)
- Up to \$400 will be reimbursed; the reimbursement can be applied to the cost of a travel, hotel room and/or meals.

Indiana Swimming Partnership & Coach Mentoring Program with the Indy Parks & Rec

Indiana Swimming Partnership & Coach Mentoring Program with the Indy Parks & Rec. Along with USA Swimming’s support, Indiana Swimming will offer a Coach Mentoring program that will be available to coaches from the Indianapolis Parks & Rec programs. This partnership will include USA Swimming’s staff contributions to this program. Indiana Swimming will offer free clinic registrations and availability of LSC Clinic speakers, educators, designated LSC and Club Head Mentor Coach (s) to interact with their site staffs and in a comprehensive educational program to support coach & athlete development

- Mid-West Coaches Clinic. (Comprehensive Educational Component offered by LSC Staff & Coaches along with Clinic Presentation Materials) 4/17 & 18/2020 - Fishers, IN or 4/19 in Valparaiso, IN. Up to \$200 will per selected site team may be reimbursed; the reimbursement can be applied to the cost of a hotel room as well as travel expenses.
- The Spring Clinic education will be highlighted by presentations on Athlete Leadership & Mental Skills Development by guest educator: James Leath

Indiana Swimming Coach Educational Webinars

- Monthly Coach Educational Webinars led by Indiana Swimming Performance Committee and featuring James Leath founder of “Unleash the Athlete” educational programs. (FREE)

Program Process & Review

- Dispersal of all funds for reimbursement by Indiana Swimming will be made upon the completion of a reflection summary and submission of receipts for actual expenses incurred as part of the ISI Coach Mentor Program
- Completed forms will be sent to ISI Coaches Representative Alec Haley
- Program Applications must be received by the prescribed due dates listed
- Program Participants & Mentor Coaches will complete summary and reflection following onsite visits.
- Program Participants will complete summary and reflection of program Prior to November 15, 2020

I. Perspective Timeline

- February 1, 2020 – Program Information shared with LSC Coaches via blast email, LSC Coaches page and social media.
- February 1, 2020 – Coach Career Program Common Application available
- March 31, 2020 – Coach Career Program Applications Due
- April 3, 2020 – Selection Process Complete for Coach Career Program & Announcements of Program Participants
- April 10, 2020 – High Performance Clinic Applications Due for May Clinics
- May 1, 2020 – High Performance Clinic Selection Process Complete & Announcements of Spring Program Participants
- August 1, 2020-High Performance Clinic Applications Due for September Clinics
- August 15, 2020 – High Performance Clinic Selection Process Complete & Announcements of Fall Program Participants
- November 15, 2020 – All Reflection Documents and Financial Summaries submitted to LSC office.
- November 30, 2020- LSC Final Report (submitted prior to December 4, 2020)
- December 11, 2020 - Final Reimbursement request due to USA Swimming accounting department

***Indiana Swimming is committed to conducting the program at this level. USA Swimming funding will support enlarging the scope and effectiveness of the program.**