



# INDIANA SWIMMING 4-HOUR RULE DISREGARD COMPLAINT FORM

DATE OF COMPLAINT \_\_\_\_\_ DATE OF MEET \_\_\_\_\_

HOST CLUB \_\_\_\_\_

**USA Swimming rule 205.3.1 F:** *“With the exception of championship meets the program in all other age group competition shall be planned to allow the events for swimmers 12 years and younger to be completed in four (4) hours or less for a timed finals session or in a total of eight (8) hours or less per day for a preliminaries and finals meet.”*

**The Indiana Swimming procedure for potential punishment of above rule was legislated in September 2003.**

If a coach, swimmer or parent feels that a swim meet (Senior Level and Championship Meets are exempt) was knowingly over entered and that a swimming meet ran beyond the scheduled time, they may submit this signed form and attached written complaint to Indiana Swimming.

Within 6 months of receipt of a complaint form, the Indiana Swimming Technical Committee shall review the complaint form and any information submitted by the host club to determine if the meet was appropriately planned.

If the Indiana Swimming Technical Committee finds that a host club knowingly planned or actively accepted entries to run beyond the allowed time line, they shall be subject to the following sanctions;

First Offense: Probation for two years from the date of the offending meet

Second Offense: (Must occur within two years of the first offense) Denial of all meet scheduling requests for meets to occur within one year after the date of the second offending meet. The offending club may not be awarded a championship meet within the penalty time period.

Club Head coach or club Board of Directors official must sign the complaint form before submission can be accepted.

PRINTED NAME OF COMPLAINANT \_\_\_\_\_ CLUB \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

**Save this word document and then send attached form and written account of complaint to: Tony Young – [office@inswimming.org](mailto:office@inswimming.org) or 317-237-5783 FAX**

I have previously submitted an email regarding my complaint or have attached a copy to this completed form. Written account must be specific (day and session of meet).

I have read and understand the above process and will expect a written response from the Technical Committee on their findings within 6 months from my complaint date above.

\_\_\_\_\_  
Signature of Complainant

\_\_\_\_\_  
Printed name of club Head Coach or Board of Directors Official

\_\_\_\_\_  
Club Position/Title

\_\_\_\_\_  
Signature of Club Head Coach or Club Board of Directors member

**RESERVED FOR TECHNICAL COMMITTEE COMMENTS/NOTES/DATE NOTATIONS**

