



SENIOR SPRING DIVISIONALS

March 6-8, 2020

WOMEN						EVENT	MEN					
LCM		SCM		SCY			SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	
0:28.09	0:33.19	0:27.59	0:32.59	0:25.09	0:29.69	50 Free	0:22.59	0:26.69	0:24.79	0:29.29	0:25.39	0:29.99
1:00.89	1:11.89	0:59.69	1:10.49	0:54.39	1:04.19	100 Free	0:49.09	0:57.99	0:53.89	1:03.59	0:55.29	1:05.29
2:14.49	2:38.79	2:11.29	2:34.99	1:59.89	2:21.49	200 Free	1:48.79	2:08.39	1:59.19	2:20.69	2:04.09	2:26.49
4:45.39	5:36.79	4:46.79	5:38.49	5:22.59	6:20.69	400M / 500Y Free	4:56.19	5:49.59	4:19.19	5:05.89	4:27.69	5:15.89
10:02.09		10:00.79		11:25.79		800M / 1000Y Free	10:37.99		9:18.29		9:26.59	
19:35.59	23:07.29	19:08.29	22:34.99	19:12.89	22:40.49	1500M / 1650Y	17:45.09	20:56.89	17:38.79	20:49.39	18:16.29	21:33.69
1:09.19	1:21.69	1:07.29	1:19.49	1:01.09	1:12.09	100 Back	0:56.09	1:06.19	1:01.89	1:13.09	1:04.49	1:16.19
2:30.79	2:57.99	2:25.19	2:51.39	2:12.69	2:36.59	200 Back	2:02.89	2:25.09	2:15.79	2:40.29	2:22.39	2:48.09
1:19.99	1:34.39	1:17.19	1:31.09	1:10.19	1:22.89	100 Breast	1:02.99	1:14.39	1:09.19	1:21.69	1:12.09	1:25.09
2:54.49	3:25.99	2:47.59	3:17.79	2:33.39	3:01.09	200 Breast	2:19.29	2:44.39	2:33.59	3:01.29	2:40.39	3:09.29
1:07.39	1:19.59	1:06.29	1:18.29	1:00.59	1:11.59	100 Fly	0:54.09	1:03.89	1:00.29	1:11.19	1:00.49	1:11.39
2:35.29	3:03.29	2:31.99	2:59.39	2:17.49	2:42.29	200 Fly	2:03.79	2:26.09	2:16.69	2:41.29	2:21.39	2:46.89
2:32.79	3:00.29	2:28.09	2:54.79	2:15.19	2:39.59	200 IM	2:02.49	2:24.59	2:14.09	2:38.29	2:18.39	2:43.39
5:28.99	6:28.29	5:20.09	6:17.79	4:52.59	5:45.29	400 IM	4:25.49	5:13.29	4:52.09	5:44.69	5:06.29	6:01.49
1:58.69		1:54.49		1:44.49		200 Free Relay	1:34.09		1:43.09		1:46.69	
4:21.19		4:12.99		3:50.39		400 Free Relay	3:26.09		3:48.19		3:59.99	
9:34.99		9:16.19		8:24.19		800 Free Relay	7:38.59		8:22.19		8:57.89	
2:12.69		2:06.79		1:55.79		200 Medley Relay	1:44.69		1:54.69		1:59.99	
4:51.99		4:41.19		4:14.89		400 Medley Relay	3:48.79		4:10.59		4:25.69	

Spring Distance (800/1000 and 1500/1650) will use Summer Senior State as upper limit for Divisionals to offset use of Summer Senior standards for state distance (800/1500).



SENIOR SUMMER DIVISIONALS

July 24-26, 2020

WOMEN		EVENT		MEN								
LCM		SCM		SCY		SCM		LCM				
State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	
0:28.09	0:33.19	0:27.59	0:32.59	0:25.09	0:29.69	50 Free	0:22.39	0:26.69	0:24.59	0:29.29	0:25.39	0:29.99
1:00.89	1:11.89	0:59.29	1:10.49	0:54.09	1:04.19	100 Free	0:48.79	0:57.99	0:53.49	1:03.59	0:55.29	1:05.29
2:14.49	2:38.79	2:10.69	2:34.99	1:59.29	2:21.49	200 Free	1:48.09	2:08.39	1:58.39	2:20.69	2:04.09	2:26.49
4:45.39	5:36.79	4:44.39	5:38.49	5:19.89	6:20.69	400M / 500Y Free	4:54.39	5:49.59	4:17.59	5:05.89	4:27.69	5:15.89
10:02.09		10:00.79		11:25.79		800M / 1000Y Free	10:25.49		9:07.39		9:26.59	
19:35.59	23:07.29	18:51.49	22:34.99	18:55.99	22:40.49	1500M / 1650Y	17:34.69	20:56.89	17:28.39	20:49.39	18:16.29	21:33.69
1:09.19	1:21.69	1:06.39	1:19.49	1:00.29	1:12.09	100 Back	0:55.59	1:06.19	1:01.39	1:13.09	1:04.49	1:16.19
2:30.79	2:57.99	2:23.49	2:51.39	2:11.09	2:36.59	200 Back	2:00.89	2:25.09	2:13.59	2:40.29	2:22.39	2:48.09
1:19.99	1:34.39	1:16.39	1:31.09	1:09.49	1:22.89	100 Breast	1:01.99	1:14.39	1:08.09	1:21.69	1:12.09	1:25.09
2:54.49	3:25.99	2:45.69	3:17.79	2:31.69	3:01.09	200 Breast	2:17.59	2:44.39	2:31.69	3:01.29	2:40.39	3:09.29
1:07.39	1:19.59	1:05.99	1:18.29	1:00.29	1:11.59	100 Fly	0:53.59	1:03.89	0:59.69	1:11.19	1:00.49	1:11.39
2:35.29	3:03.29	2:30.29	2:59.39	2:15.99	2:42.29	200 Fly	2:01.29	2:26.09	2:13.99	2:41.29	2:21.39	2:46.89
2:32.79	3:00.29	2:27.39	2:54.79	2:14.59	2:39.59	200 IM	2:01.19	2:24.59	2:12.59	2:38.29	2:18.39	2:43.39
5:28.99	6:28.29	5:15.89	6:17.79	4:48.69	5:45.29	400 IM	4:20.89	5:13.29	4:46.99	5:44.69	5:06.29	6:01.49
1:58.69		1:54.49		1:44.49		200 Free Relay	1:34.09		1:43.09		1:46.69	
4:21.19		4:12.99		3:50.39		400 Free Relay	3:26.09		3:48.19		3:59.99	
9:34.99		9:16.19		8:24.19		800 Free Relay	7:38.59		8:22.19		8:57.89	
2:12.69		2:06.79		1:55.79		200 Medley Relay	1:44.69		1:54.69		1:59.99	
4:51.99		4:41.19		4:14.89		400 Medley Relay	3:48.79		4:10.59		4:25.69	