

AGE GROUP (Spring Championships)

STATE: March 17-19, 2023

DIVISIONALS: March 3-5, 2023



2022 - 2023 Spring Championship Standards

Girls						Events	Boys					
LCM		SCM		SCY		9 & Under	SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
36.99	44.09	35.99	42.99	32.69	38.89	50 Free	32.19	38.09	35.39	41.99	36.89	43.59
1:23.79	1:41.89	1:20.89	1:38.99	1:13.59	1:29.59	100 Free	1:12.69	1:27.79	1:19.99	1:36.99	1:23.09	1:40.19
3:03.89	3:44.79	2:59.19	3:40.09	2:42.89	3:19.19	200 Free	2:35.69	3:06.69	2:51.29	3:26.29	2:56.89	3:32.39
44.89	54.89	42.19	51.99	38.39	46.99	50 Back	38.69	47.59	42.59	52.69	44.99	55.29
1:37.09	1:59.19	1:31.39	1:52.69	1:23.09	1:41.99	100 Back	1:22.39	1:39.79	1:30.59	1:50.29	1:34.89	1:54.99
49.69	1:00.49	47.89	58.89	43.59	53.19	50 Breast	42.89	52.09	47.19	57.59	49.99	59.69
1:49.89	2:14.79	1:44.79	2:10.49	1:35.29	1:58.09	100 Breast	1:35.59	1:52.19	1:45.09	2:03.89	1:48.89	2:09.39
42.89	53.39	41.79	52.39	37.99	47.39	50 Fly	37.09	45.69	40.79	50.49	42.19	51.79
1:41.09	2:09.19	1:37.89	2:05.99	1:28.99	1:53.99	100 Fly	1:27.39	1:51.39	1:36.09	1:48.99	1:41.19	2:06.89
3:25.79	4:09.39	3:17.99	4:01.09	2:59.99	3:38.19	200 IM	2:58.39	3:35.49	3:16.19	3:58.09	3:20.99	4:04.89
2:36.29		2:27.99		2:15.19		200 Free Relay	2:20.29		2:33.69		2:46.59	
3:02.39		2:48.29		2:33.69		200 Medley Relay	2:43.39		2:58.59		3:16.29	
LCM		SCM		SCY		10	SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
35.59	44.09	35.99	42.99	31.39	38.89	50 Free	31.19	38.09	34.29	41.99	35.69	43.59
1:20.19	1:41.89	1:20.89	1:38.99	1:10.49	1:29.59	100 Free	1:09.69	1:27.79	1:16.69	1:36.99	1:20.29	1:40.19
2:55.59	3:44.79	2:59.19	3:40.09	2:35.59	3:19.19	200 Free	2:32.09	3:06.69	2:47.29	3:26.29	2:52.79	3:32.39
42.89	54.89	42.19	51.99	36.69	46.99	50 Back	36.99	47.59	40.69	52.69	42.49	55.29
1:32.69	1:59.19	1:31.39	1:52.69	1:19.29	1:41.99	100 Back	1:19.89	1:39.79	1:27.89	1:50.29	1:33.29	1:54.99
48.19	1:00.49	47.89	58.89	41.69	53.19	50 Breast	42.39	52.09	46.59	57.59	49.99	59.69
1:44.99	2:14.79	1:44.79	2:10.49	1:31.89	1:58.09	100 Breast	1:33.09	1:52.19	1:42.39	2:03.89	1:48.89	2:09.39
40.79	53.39	41.79	52.39	36.19	47.39	50 Fly	35.89	45.69	39.49	50.49	41.59	51.79
1:37.79	2:09.19	1:37.89	2:05.99	1:24.09	1:53.99	100 Fly	1:24.19	1:51.39	1:32.59	1:48.99	1:41.19	2:06.89
3:17.09	4:09.39	3:17.99	4:01.09	2:52.39	3:38.19	200 IM	2:51.99	3:35.49	3:09.19	3:58.09	3:20.99	4:04.89
2:36.29		2:27.99		2:15.19		200 Free Relay	2:20.29		2:33.69		2:46.59	
3:02.39		2:48.29		2:33.69		200 Medley Relay	2:43.39		2:58.59		3:16.29	

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Girls						Events	Boys					
LCM		SCM		SCY			SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
						11						
32.79	39.69	31.79	38.59	28.89	34.89	50 Free	28.59	34.79	31.39	38.39	32.79	39.89
1:11.59	1:27.09	1:08.99	1:24.39	1:02.69	1:16.39	100 Free	1:02.49	1:15.99	1:08.69	1:23.99	1:11.49	1:26.99
2:36.29	3:10.19	2:29.79	3:03.19	2:16.19	2:45.79	200 Free	2:15.49	2:44.99	2:28.99	3:02.29	2:34.99	3:08.69
5:28.79	6:40.19	5:22.09	6:32.09	6:08.09	7:28.09	400M/500Y Free	5:59.09	7:17.09	5:17.49	6:26.49	5:26.19	6:37.09
37.79	45.99	35.79	43.79	32.59	39.69	50 Back	33.09	40.89	36.39	45.19	38.19	47.19
1:23.09	1:43.39	1:17.59	1:37.19	1:10.59	1:27.89	100 Back	1:10.79	1:28.09	1:17.89	1:37.39	1:22.89	1:43.19
42.19	51.39	40.59	49.59	36.89	44.89	50 Breast	37.09	46.19	40.79	51.09	42.59	53.09
1:33.29	1:54.49	1:28.29	1:49.49	1:20.29	1:38.49	100 Breast	1:19.79	1:38.59	1:27.79	1:49.29	1:33.29	1:55.29
35.39	43.09	34.39	42.09	31.29	38.09	50 Fly	31.79	39.69	34.99	43.89	35.79	44.79
1:20.89	1:41.09	1:18.09	1:38.09	1:10.99	1:28.79	100 Fly	1:10.89	1:29.29	1:17.99	1:38.79	1:20.99	1:41.89
2:56.69	3:35.09	2:48.59	3:26.19	2:33.29	3:06.59	200 IM	2:33.79	3:09.39	2:49.19	3:30.69	2:57.29	3:38.29
2:10.09		2:04.49		1:53.09		200 Free Relay	1:56.89		2:07.99		2:15.69	
2:26.89		2:19.19		2:07.09		200 Medley Relay	2:10.29		2:22.59		2:34.89	
						12						
LCM		SCM		SCY		SCY		SCM		LCM		
State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	State	Divisional	
31.69	38.39	30.59	37.29	27.79	33.69	50 Free	27.39	32.59	30.09	35.99	31.99	37.29
1:09.09	1:24.09	1:06.49	1:21.29	1:00.49	1:13.59	100 Free	59.79	1:10.99	1:05.79	1:18.49	1:09.69	1:21.29
2:29.99	3:02.59	2:24.99	2:57.69	2:11.79	2:40.39	200 Free	2:10.99	2:34.59	2:24.09	2:51.09	2:32.19	2:57.49
5:17.09	6:23.89	5:07.59	6:14.39	5:51.39	7:07.79	400M/500Y Free	5:47.79	6:57.29	4:59.99	6:05.19	5:21.89	6:15.49
36.79	43.99	34.49	42.49	31.39	38.19	50 Back	31.89	37.99	35.09	42.29	36.99	43.69
1:19.79	1:38.69	1:14.89	1:34.19	1:08.09	1:24.79	100 Back	1:08.79	1:22.19	1:15.69	1:31.59	1:20.99	1:35.49
41.19	48.99	39.39	47.59	35.79	42.99	50 Breast	36.09	42.89	39.69	47.39	42.09	48.99
1:30.49	1:48.69	1:25.59	1:44.59	1:17.79	1:34.19	100 Breast	1:17.49	1:31.39	1:25.19	1:41.19	1:33.29	1:46.39
33.89	41.29	32.99	40.69	29.99	36.49	50 Fly	29.69	37.09	32.69	40.99	35.19	41.89
1:17.79	1:36.19	1:14.49	1:33.99	1:07.69	1:24.39	100 Fly	1:09.29	1:22.89	1:16.19	1:32.09	1:20.59	1:33.99
2:49.89	3:26.29	2:42.89	3:19.59	2:28.09	3:00.29	200 IM	2:28.29	2:57.29	2:43.09	3:16.19	2:53.19	3:23.89
2:10.09		2:04.49		1:53.09		200 Free Relay	1:56.89		2:07.99		2:15.69	
2:26.89		2:19.19		2:07.09		200 Medley Relay	2:10.29		2:22.59		2:34.89	

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Girls						Events	Boys					
LCM		SCM		SCY			SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional	13	State	Divisional	State	Divisional	State	Divisional
31.09	37.89	28.79	36.89	26.19	33.29	50 Free	24.59	31.19	26.99	34.49	29.39	35.79
1:07.49	1:22.19	1:02.39	1:19.89	56.69	1:12.09	100 Free	53.49	1:07.99	58.79	1:15.29	1:04.09	1:17.99
2:26.09	2:57.89	2:15.09	2:52.59	2:02.79	2:36.19	200 Free	1:56.29	2:27.99	2:07.89	2:43.49	2:19.99	2:50.39
5:07.39	6:14.19	05:00.39	6:05.69	5:26.59	6:55.59	400M/500Y Free	5:13.09	6:38.49	4:46.49	5:48.79	4:56.39	6:00.89
10:34.59	12:52.59	10:19.29		11:47.59		800M/1000Y Free	11:19.79		9:54.89		10:17.19	12:31.29
20:20.49	24:45.79	20:29.79	23:54.69	19:45.39	24:03.09	1500M/1650Y Free	18:57.49	23:04.69	18:50.79	22:56.69	19:38.99	23:47.19
1:16.19	1:32.69	1:11.49	1:28.29	1:04.99	1:19.19	100 Back	1:01.59	1:14.99	1:07.69	1:23.29	1:11.89	1:27.59
2:43.59	3:19.09	2:35.29	3:09.99	2:21.19	2:51.89	200 Back	2:14.09	2:43.19	2:27.49	3:00.59	2:35.89	3:09.79
1:25.69	1:44.29	1:22.49	1:40.09	1:14.99	1:30.09	100 Breast	1:09.29	1:24.39	1:16.19	1:33.59	1:20.59	1:37.99
3:04.89	3:45.09	2:56.09	3:37.59	2:40.09	3:14.89	200 Breast	2:36.69	3:02.79	2:52.39	3:22.69	2:57.19	3:30.99
1:13.29	1:29.10	1:10.59	1:27.09	1:04.19	1:18.49	100 Fly	1:00.69	1:13.89	1:06.79	1:22.09	1:09.19	1:24.19
2:44.69	3:17.89	2:36.99	3:13.69	2:22.69	2:53.69	200 Fly	2:21.29	2:44.79	2:35.39	3:02.29	2:41.39	3:09.69
2:44.99	3:20.89	2:38.29	3:14.09	2:23.89	2:55.09	200 IM	2:16.49	2:46.19	2:30.09	3:03.69	2:36.39	3:10.39
5:50.79	7:07.09	5:36.29	6:52.69	5:05.69	6:12.09	400 IM	4:50.59	5:53.69	5:19.59	6:30.89	5:35.59	6:48.59
2:01.09		1:55.79		1:45.39		200 Free Relay	1:41.39		1:52.29		1:58.79	
2:16.39		2:10.29		1:58.09		200 Medley Relay	1:54.79		2:05.69		2:17.19	
4:28.09		4:14.99		3:52.19		400 Free Relay	3:43.29		4:07.19		4:22.69	
4:59.39		4:42.59		4:16.19		400 Medley Relay	4:11.89		4:35.89		5:00.29	
LCM		SCM		SCY		14	SCY		SCM		LCM	
State	Divisional	State	Divisional	State	Divisional		State	Divisional	State	Divisional	State	Divisional
30.59	37.29	28.39	36.09	25.79	32.59	50 Free	24.09	29.99	26.49	33.19	28.39	34.49
1:06.29	1:20.69	1:01.39	1:18.49	55.79	1:10.79	100 Free	52.89	1:05.59	58.19	1:12.49	1:01.99	1:15.39
2:23.39	2:54.49	2:13.39	2:49.29	2:01.29	2:32.49	200 Free	1:56.09	2:22.69	2:07.69	2:37.69	2:15.09	2:44.39
5:02.19	6:07.79	4:54.49	5:58.49	5:22.69	6:49.69	400M/500Y Free	5:09.49	6:25.89	4:37.39	5:37.69	4:46.39	5:48.09
10:22.19	12:35.99	10:10.19		11:29.69		800M/1000Y Free	11:05.99		9:35.59		9:59.79	12:05.89
19:48.09	24:06.39	19:07.89	23:17.39	19:12.89	23:25.59	1500M/1650Y Free	18:31.19	22:20.19	18:14.49	22:12.39	19:38.99	23:05.59
1:14.09	1:30.09	1:08.99	1:25.79	1:02.69	1:16.89	100 Back	1:00.49	1:11.89	1:06.49	1:19.69	1:11.59	1:24.09
2:38.99	3:13.49	2:29.09	3:05.39	2:15.59	2:47.19	200 Back	2:11.09	2:36.49	2:24.19	2:53.59	2:33.69	3:02.39
1:24.09	1:42.39	1:18.99	1:38.59	1:11.79	1:28.19	100 Breast	1:08.39	1:21.29	1:15.29	1:30.09	1:20.59	1:34.89
3:01.89	3:40.99	2:53.29	3:32.39	2:37.59	3:11.19	200 Breast	2:31.69	2:56.59	2:46.89	3:16.19	2:57.19	3:25.99
1:11.69	1:26.89	1:08.79	1:25.19	1:02.59	1:16.39	100 Fly	59.19	1:11.29	1:05.09	1:18.99	1:08.39	1:21.29
2:44.69	3:14.09	2:36.79	3:08.39	2:22.59	2:49.29	200 Fly	2:16.69	2:38.59	2:30.39	2:55.29	2:41.39	3:01.09
2:40.89	3:15.89	2:32.59	3:09.69	2:18.69	2:49.99	200 IM	2:12.09	2:39.99	2:25.29	2:56.79	2:33.19	3:04.79
5:43.29	6:57.69	5:21.99	6:43.79	4:52.69	6:03.69	400 IM	4:43.39	5:41.69	5:11.69	6:17.69	5:30.79	6:32.79
2:01.09		1:55.79		1:45.39		200 Free Relay	1:41.39		1:52.29		1:58.79	
2:16.39		2:10.29		1:58.09		200 Medley Relay	1:54.79		2:05.69		2:17.19	
4:28.09		4:14.99		3:52.19		400 Free Relay	3:43.29		4:07.19		4:22.69	
4:59.39		4:42.59		4:16.19		400 Medley Relay	4:11.89		4:35.89		5:00.29	